



Just Energy
Radio

JIM MARRS

Donna Eden &

David Feinstein

Dr. Rita Louise

1
00:00:17,430 --> 00:00:14,870
welcome to just energy radio with your

2
00:00:19,109 --> 00:00:17,440
host naturopath and medical intuitive dr

3
00:00:20,710 --> 00:00:19,119
reed louise

4
00:00:22,790 --> 00:00:20,720
we have learned from einstein's theory

5
00:00:24,870 --> 00:00:22,800
that matter and energy are one

6
00:00:26,710 --> 00:00:24,880
physicists believe that all systems in

7
00:00:28,470 --> 00:00:26,720
nature have their own particular way of

8
00:00:30,630 --> 00:00:28,480
vibrating from the swinging of a

9
00:00:32,549 --> 00:00:30,640
pendulum to the waves of the ocean to

10
00:00:34,870 --> 00:00:32,559
the light that brightens the sky each

11
00:00:36,709 --> 00:00:34,880
day each of these oscillates at its own

12
00:00:38,950 --> 00:00:36,719
unique rate the same holds true for

13
00:00:41,430 --> 00:00:38,960

every thought feeling event or word we

14

00:00:43,510 --> 00:00:41,440

speak each has its own frequency or rate

15

00:00:45,510 --> 00:00:43,520

of vibration what many of us don't

16

00:00:48,069 --> 00:00:45,520

realize is when we take everything in

17

00:00:50,869 --> 00:00:48,079

our universe down to its simplest form

18

00:00:53,029 --> 00:00:50,879

it is all just energy

19

00:00:55,510 --> 00:00:53,039

join dr rita louise on a journey through

20

00:00:56,950 --> 00:00:55,520

time and space where past present and

21

00:00:59,670 --> 00:00:56,960

future collide

22

00:01:02,310 --> 00:00:59,680

today what you believe may be called

23

00:01:04,390 --> 00:01:02,320

into question what we want to know is

24

00:01:07,190 --> 00:01:04,400

who made up the rules

25

00:01:09,350 --> 00:01:07,200

be brave and step outside the box we are

26
00:01:11,429 --> 00:01:09,360
about to turn our world upside down and

27
00:01:14,149 --> 00:01:11,439
venture into the unknown

28
00:01:16,870 --> 00:01:14,159
hold on we are departing our own beliefs

29
00:01:23,749 --> 00:01:16,880
and entering alternative realms

30
00:01:27,590 --> 00:01:25,910
hello and welcome to just energy radio

31
00:01:30,069 --> 00:01:27,600
i'm your host dr rita louse and thank

32
00:01:31,910 --> 00:01:30,079
you all for tuning in to the show today

33
00:01:33,990 --> 00:01:31,920
uh just energy radio is brought to you

34
00:01:35,749 --> 00:01:34,000
by soulhealer.com where you can find out

35
00:01:37,510 --> 00:01:35,759
about all the products and services i

36
00:01:39,830 --> 00:01:37,520
offer including medical intuition

37
00:01:41,830 --> 00:01:39,840
evaluations energy healings and psychic

38
00:01:43,990 --> 00:01:41,840

readings so if there's things going on

39

00:01:45,510 --> 00:01:44,000

in your life problems at work issues in

40

00:01:46,710 --> 00:01:45,520

your relationship

41

00:01:48,389 --> 00:01:46,720

or

42

00:01:49,910 --> 00:01:48,399

issues with your health give me a call

43

00:01:51,830 --> 00:01:49,920

send me an email and we can set up a

44

00:01:53,590 --> 00:01:51,840

time for a private consultation it's

45

00:01:54,870 --> 00:01:53,600

also brought to you by the institute of

46

00:01:58,550 --> 00:01:54,880

applied energetics that's

47

00:02:02,630 --> 00:02:00,389

where you can jumpstart your intuition

48

00:02:03,990 --> 00:02:02,640

today by downloading their free 50-page

49

00:02:05,910 --> 00:02:04,000

guide

50

00:02:07,990 --> 00:02:05,920

if you missed an episode of just energy

51
00:02:09,669 --> 00:02:08,000
radio you can always go to the just

52
00:02:12,949 --> 00:02:09,679
energy radio webpage that's

53
00:02:18,470 --> 00:02:15,750
and check out our almost just a few more

54
00:02:20,470 --> 00:02:18,480
weeks almost eight years of show

55
00:02:23,030 --> 00:02:20,480
archives

56
00:02:25,750 --> 00:02:23,040
excuse me or you can tune in to us on

57
00:02:27,350 --> 00:02:25,760
youtube going to the just energy radio

58
00:02:28,869 --> 00:02:27,360
youtube channel but wherever you go

59
00:02:31,509 --> 00:02:28,879
please sign up for our newsletter or

60
00:02:34,390 --> 00:02:31,519
subscribe to our channel we would really

61
00:02:36,550 --> 00:02:34,400
really appreciate it

62
00:02:38,309 --> 00:02:36,560
a couple other quick announcements

63
00:02:39,589 --> 00:02:38,319

the holidays are just around the corner

64

00:02:42,470 --> 00:02:39,599

and if you're thinking about that

65

00:02:45,509 --> 00:02:42,480

stocking stuffer my new book et

66

00:02:47,750 --> 00:02:45,519

chronicles uh is available uh on

67

00:02:50,390 --> 00:02:47,760

amazon.com or if you're that digital

68

00:02:52,390 --> 00:02:50,400

download kind of person my video

69

00:02:54,710 --> 00:02:52,400

icon deconstructing the archetypes of

70

00:02:56,430 --> 00:02:54,720

the ancients is available for digital

71

00:02:58,550 --> 00:02:56,440

download on

72

00:03:03,430 --> 00:02:58,560

amazon.com but you can find out all

73

00:03:05,110 --> 00:03:03,440

about that on the soulhealer.com webpage

74

00:03:07,670 --> 00:03:05,120

oh

75

00:03:09,750 --> 00:03:07,680

we are going to be having an exciting

76

00:03:11,589 --> 00:03:09,760

show tonight in the first hour we're

77

00:03:13,589 --> 00:03:11,599

going to be speaking with donna eden and

78

00:03:16,710 --> 00:03:13,599

david feinstein in the second hour we

79

00:03:18,949 --> 00:03:16,720

have the incomparable jim mars coming on

80

00:03:21,350 --> 00:03:18,959

so let me tell you a little bit about

81

00:03:22,790 --> 00:03:21,360

donna eden and david feinstein and get

82

00:03:27,110 --> 00:03:22,800

them on the air because we're going to

83

00:03:29,430 --> 00:03:27,120

be talking about the energies of love

84

00:03:32,309 --> 00:03:29,440

donna eden is a pioneer in the field of

85

00:03:34,470 --> 00:03:32,319

energy medicine with within both

86

00:03:36,869 --> 00:03:34,480

traditional and alternative health care

87

00:03:39,270 --> 00:03:36,879

settings she is recognized for her

88

00:03:41,589 --> 00:03:39,280

inborn ability to accurately determine

89

00:03:44,229 --> 00:03:41,599

the cause of physical and psychological

90

00:03:47,190 --> 00:03:44,239

problems based on the state of a body's

91

00:03:48,949 --> 00:03:47,200

energy and to devise highly effective

92

00:03:51,270 --> 00:03:48,959

treatments

93

00:03:53,110 --> 00:03:51,280

david feinstein phd is a clinical

94

00:03:55,589 --> 00:03:53,120

psychologist who has served on the

95

00:03:58,630 --> 00:03:55,599

faculties of john hopkins university

96

00:04:00,869 --> 00:03:58,640

school of medicine and antioch college

97

00:04:03,110 --> 00:04:00,879

author of eight books and more than 80

98

00:04:05,270 --> 00:04:03,120

professional articles he has been a

99

00:04:09,110 --> 00:04:05,280

pioneer in the areas of energy

100

00:04:12,309 --> 00:04:09,120

psychology and energy medicine so please

101

00:04:14,789 --> 00:04:12,319

welcome to just energy radio donna

102

00:04:19,909 --> 00:04:14,799

uh eden and david feinstein the author

103

00:04:23,030 --> 00:04:19,919

of the energies of love hi donna hi

104

00:04:24,870 --> 00:04:23,040

david how are you guys hi rita hi rita

105

00:04:29,909 --> 00:04:24,880

we're good i'm sorry i can't say that

106

00:04:34,870 --> 00:04:32,230

well you you can certainly not have a

107

00:04:37,189 --> 00:04:34,880

straight face when you speak of love

108

00:04:41,670 --> 00:04:37,199

between david and i because it's been a

109

00:04:45,430 --> 00:04:43,749

well david thank you so much for coming

110

00:04:48,070 --> 00:04:45,440

back on the show

111

00:04:48,870 --> 00:04:48,080

i loved our conversation last time

112

00:04:51,909 --> 00:04:48,880

um

113

00:04:54,310 --> 00:04:51,919

and i usually let my guests do a little

114

00:04:57,030 --> 00:04:54,320

intro bio of themselves and david you

115

00:04:59,749 --> 00:04:57,040

did that when you were on last so donna

116

00:05:01,830 --> 00:04:59,759

it's your turn so perhaps you can share

117

00:05:03,909 --> 00:05:01,840

with the listeners a little bit about

118

00:05:07,270 --> 00:05:03,919

how you got into

119

00:05:08,550 --> 00:05:07,280

energy and energy medicine in the first

120

00:05:09,670 --> 00:05:08,560

place

121

00:05:10,550 --> 00:05:09,680

okay

122

00:05:11,590 --> 00:05:10,560

well

123

00:05:13,350 --> 00:05:11,600

um

124

00:05:16,870 --> 00:05:13,360

energy has always

125

00:05:19,110 --> 00:05:16,880

come very natural to me but i i grew up

126

00:05:21,510 --> 00:05:19,120

with a lot of different ailments and i

127

00:05:23,110 --> 00:05:21,520

by the time i was 16 i had multiple

128

00:05:26,710 --> 00:05:23,120

sclerosis

129

00:05:29,029 --> 00:05:26,720

and um at 27 i had a heart attack all my

130

00:05:32,230 --> 00:05:29,039

organs were beginning to break down and

131

00:05:33,909 --> 00:05:32,240

and between 29 and 31 i had

132

00:05:35,590 --> 00:05:33,919

five different specialists tell me i

133

00:05:38,390 --> 00:05:35,600

wasn't going to live

134

00:05:41,350 --> 00:05:38,400

and um and somehow

135

00:05:42,390 --> 00:05:41,360

with that last person saying that

136

00:05:45,510 --> 00:05:42,400

justin

137

00:05:48,230 --> 00:05:45,520

well an energy came over me and it was

138

00:05:50,070 --> 00:05:48,240

like whoa i have to heal myself

139

00:05:53,830 --> 00:05:50,080

so because i wasn't going to let anybody

140

00:05:55,110 --> 00:05:53,840

else raise my kids and um and so i went

141

00:05:56,230 --> 00:05:55,120

about

142

00:05:57,189 --> 00:05:56,240

um

143

00:05:59,350 --> 00:05:57,199

just

144

00:06:01,350 --> 00:05:59,360

by trial and error figuring out what's

145

00:06:03,029 --> 00:06:01,360

going on in my body and seeing if i

146

00:06:05,110 --> 00:06:03,039

could make the energy move and if i

147

00:06:07,670 --> 00:06:05,120

could make some of the numbness that was

148

00:06:08,790 --> 00:06:07,680

all over my body go away and if my legs

149

00:06:10,710 --> 00:06:08,800

could walk

150

00:06:12,550 --> 00:06:10,720

all of those things and

151
00:06:14,469 --> 00:06:12,560
and what i found out was something that

152
00:06:17,029 --> 00:06:14,479
i have to say my mother always said all

153
00:06:19,670 --> 00:06:17,039
my life was the body already knows how

154
00:06:21,670 --> 00:06:19,680
to heal you just have to get in sync

155
00:06:25,029 --> 00:06:21,680
with it know what it is saying and know

156
00:06:27,350 --> 00:06:25,039
what to do and so that's what i did i

157
00:06:28,309 --> 00:06:27,360
i figured out

158
00:06:30,070 --> 00:06:28,319
well no

159
00:06:33,590 --> 00:06:30,080
yes i figured out but i

160
00:06:34,469 --> 00:06:33,600
basically i got in sync with my energies

161
00:06:40,710 --> 00:06:34,479
and

162
00:06:44,150 --> 00:06:40,720
those unbelievably intelligent energies

163
00:06:46,629 --> 00:06:44,160

that run in our body and um and

164

00:06:49,029 --> 00:06:46,639

not too far down the road

165

00:06:50,230 --> 00:06:49,039

my legs walked and my mouth could move

166

00:06:52,870 --> 00:06:50,240

better and

167

00:06:54,629 --> 00:06:52,880

um i was i was just coming up out of it

168

00:06:56,629 --> 00:06:54,639

and once i was

169

00:06:58,790 --> 00:06:56,639

once i had felt like i'd really

170

00:07:01,189 --> 00:06:58,800

conquered multiple sclerosis oh and i

171

00:07:02,790 --> 00:07:01,199

had asthma too and so all of these

172

00:07:05,350 --> 00:07:02,800

things were getting well at the same

173

00:07:06,629 --> 00:07:05,360

time asthma and allergies to everything

174

00:07:09,270 --> 00:07:06,639

you could eat

175

00:07:10,790 --> 00:07:09,280

and um when i when i felt like i was on

176

00:07:13,029 --> 00:07:10,800

the other side of all of this i just

177

00:07:15,110 --> 00:07:13,039

wanted to share it with everybody under

178

00:07:17,270 --> 00:07:15,120

the sun i wanted people to know that

179

00:07:19,589 --> 00:07:17,280

they could empower themselves and heal

180

00:07:21,589 --> 00:07:19,599

themselves and and that they did not

181

00:07:23,670 --> 00:07:21,599

have to take uh

182

00:07:26,710 --> 00:07:23,680

you know all of the medications that

183

00:07:29,510 --> 00:07:26,720

western medic western medicine

184

00:07:31,589 --> 00:07:29,520

uh tends to give and so that was the

185

00:07:34,870 --> 00:07:31,599

beginning i just was sharing it with

186

00:07:37,350 --> 00:07:34,880

everybody i could possibly share it with

187

00:07:40,629 --> 00:07:37,360

but that's a miracle story i mean that's

188

00:07:43,430 --> 00:07:40,639

just not you know a little story i had a

189

00:07:46,790 --> 00:07:43,440

cold i like did a little reiki on myself

190

00:07:48,309 --> 00:07:46,800

and poof i'm healed i mean that's excuse

191

00:07:51,189 --> 00:07:48,319

the way i say this but that's a freaking

192

00:07:56,230 --> 00:07:52,950

well you know what i have found out is

193

00:07:59,189 --> 00:07:56,240

that the body is a miracle and it knows

194

00:08:03,270 --> 00:07:59,199

how to heal itself and so it's just it

195

00:08:05,350 --> 00:08:03,280

so behooves us all to learn these simple

196

00:08:07,270 --> 00:08:05,360

energy techniques that you can get

197

00:08:09,589 --> 00:08:07,280

better and better regardless of what's

198

00:08:12,390 --> 00:08:09,599

going on in your body and it's just

199

00:08:14,550 --> 00:08:12,400

really important and children from very

200

00:08:16,950 --> 00:08:14,560

early on ought to know how to take away

201
00:08:18,790 --> 00:08:16,960
their tummy aches or or or be able to

202
00:08:21,270 --> 00:08:18,800
learn better in school you know just

203
00:08:23,990 --> 00:08:21,280
flip the energies on in their brain

204
00:08:27,749 --> 00:08:24,000
and so i i'm i've got a

205
00:08:29,350 --> 00:08:27,759
passion for this stuff

206
00:08:30,869 --> 00:08:29,360
but that's just so great and i could

207
00:08:33,589 --> 00:08:30,879
just go you know we could sit here and

208
00:08:36,790 --> 00:08:33,599
spend hours just talking energy medicine

209
00:08:38,870 --> 00:08:36,800
but that is not our goal tonight

210
00:08:41,029 --> 00:08:38,880
we're going to be talking about the

211
00:08:42,870 --> 00:08:41,039
energy of love

212
00:08:45,350 --> 00:08:42,880
and uh

213
00:08:47,269 --> 00:08:45,360

i have to share this story so when i got

214

00:08:49,590 --> 00:08:47,279

this is so bad when i got married the

215

00:08:51,750 --> 00:08:49,600

last time a good friend of mine thomas

216

00:08:54,470 --> 00:08:51,760

nolan good friend of the show

217

00:08:55,829 --> 00:08:54,480

uh performed the ceremony and he gave

218

00:08:58,870 --> 00:08:55,839

this little

219

00:09:01,110 --> 00:08:58,880

talk to us about the energy of love and

220

00:09:03,269 --> 00:09:01,120

he said you know there's love

221

00:09:04,550 --> 00:09:03,279

and there's love

222

00:09:06,470 --> 00:09:04,560

and

223

00:09:09,750 --> 00:09:06,480

you can tell the difference of which is

224

00:09:14,470 --> 00:09:09,760

which but i can't not say live anymore

225

00:09:18,310 --> 00:09:15,509

but

226

00:09:20,949 --> 00:09:18,320

in this situation how would you describe

227

00:09:25,590 --> 00:09:20,959

love especially in the context of where

228

00:09:30,230 --> 00:09:27,829

love means a lot of things

229

00:09:32,470 --> 00:09:30,240

and it changes as a relationship

230

00:09:34,550 --> 00:09:32,480

proceeds and

231

00:09:36,630 --> 00:09:34,560

what what is

232

00:09:40,550 --> 00:09:36,640

really interesting in terms of the

233

00:09:42,870 --> 00:09:40,560

energies of love is that there is

234

00:09:47,110 --> 00:09:42,880

a connection between two people it's a

235

00:09:49,829 --> 00:09:47,120

bridge of energy and so if you think of

236

00:09:50,630 --> 00:09:49,839

each person as having an energy field

237

00:09:53,910 --> 00:09:50,640

which

238

00:09:56,389 --> 00:09:53,920

is measurable scientifically and

239

00:09:59,990 --> 00:09:56,399

that those two energies connect

240

00:10:01,829 --> 00:10:00,000

and there is a new field created that is

241

00:10:04,630 --> 00:10:01,839

different from either the individual

242

00:10:06,630 --> 00:10:04,640

fields and those two fields i mean this

243

00:10:09,190 --> 00:10:06,640

kind of sounds abstract i know but it's

244

00:10:11,430 --> 00:10:09,200

actually very palpable and

245

00:10:14,470 --> 00:10:11,440

what donna didn't say very much in

246

00:10:17,269 --> 00:10:14,480

introducing herself is that she sees

247

00:10:18,949 --> 00:10:17,279

energy that's that was she did not when

248

00:10:19,829 --> 00:10:18,959

she created

249

00:10:24,949 --> 00:10:19,839

her

250

00:10:25,990 --> 00:10:24,959

she had never before it never occurred

251
00:10:28,630 --> 00:10:26,000
to her

252
00:10:31,509 --> 00:10:28,640
that she could use her ability to see

253
00:10:34,470 --> 00:10:31,519
energy for healing but

254
00:10:36,550 --> 00:10:34,480
as she healed herself and then began to

255
00:10:40,310 --> 00:10:36,560
work with other people this became a

256
00:10:42,710 --> 00:10:40,320
very important uh quality for her so

257
00:10:43,590 --> 00:10:42,720
she can look at a couple

258
00:10:48,310 --> 00:10:43,600
and

259
00:10:51,670 --> 00:10:48,320
how

260
00:10:53,269 --> 00:10:51,680
where where the uh energies between them

261
00:10:56,949 --> 00:10:53,279
might need to be

262
00:10:59,269 --> 00:10:56,959
repaired or might need to have

263
00:11:01,350 --> 00:10:59,279

the bridge strengthened so

264

00:11:03,430 --> 00:11:01,360

it's so there's there's that

265

00:11:04,790 --> 00:11:03,440

so so when we speak of energies of love

266

00:11:08,790 --> 00:11:04,800

we really mean

267

00:11:09,590 --> 00:11:08,800

energies of love

268

00:11:11,350 --> 00:11:09,600

and

269

00:11:13,590 --> 00:11:11,360

because the energy the energy is

270

00:11:15,910 --> 00:11:13,600

palpable two people get together and

271

00:11:18,310 --> 00:11:15,920

before you touch your energies meet and

272

00:11:21,750 --> 00:11:18,320

something is happening in that invisible

273

00:11:24,670 --> 00:11:21,760

plane between two people and we know it

274

00:11:26,949 --> 00:11:24,680

in in many different ways we we know it

275

00:11:28,949 --> 00:11:26,959

instinctively we

276

00:11:31,030 --> 00:11:28,959

you know people people certainly

277

00:11:33,750 --> 00:11:31,040

understand sexual energy but it's it's

278

00:11:36,389 --> 00:11:33,760

much more than sexual energy it is an

279

00:11:39,350 --> 00:11:36,399

energetic between two

280

00:11:42,949 --> 00:11:39,360

two bodies and between two souls that

281

00:11:44,870 --> 00:11:42,959

that is connected so it's a very um it's

282

00:11:47,750 --> 00:11:44,880

a very important

283

00:11:49,590 --> 00:11:47,760

dimension of what is happening between

284

00:11:51,190 --> 00:11:49,600

two people that isn't usually talked

285

00:11:53,190 --> 00:11:51,200

about

286

00:11:55,829 --> 00:11:53,200

as a matter of fact um

287

00:11:58,790 --> 00:11:55,839

when when david and i first got together

288

00:12:01,430 --> 00:11:58,800

i mean he was this he was a psychologist

289

00:12:04,470 --> 00:12:01,440

and so he was very used to figuring out

290

00:12:06,550 --> 00:12:04,480

psychologically what's going on but that

291

00:12:08,629 --> 00:12:06,560

didn't help us at all

292

00:12:11,750 --> 00:12:08,639

because because

293

00:12:13,670 --> 00:12:11,760

the type of energy he is when

294

00:12:15,750 --> 00:12:13,680

when he's under stress

295

00:12:16,790 --> 00:12:15,760

is a type of energy that sees precisely

296

00:12:20,949 --> 00:12:16,800

what

297

00:12:23,350 --> 00:12:20,959

else is doing wrong he can't see himself

298

00:12:25,829 --> 00:12:23,360

as well when he's not stressed he's very

299

00:12:28,389 --> 00:12:25,839

good at seeing himself but that's that's

300

00:12:31,990 --> 00:12:28,399

an energy a different vibration a

301

00:12:34,389 --> 00:12:32,000

different frequency than than i have so

302

00:12:37,269 --> 00:12:34,399

i just began to fall apart in those

303

00:12:40,790 --> 00:12:37,279

early days because we were so different

304

00:12:43,190 --> 00:12:40,800

and because he could articulate so well

305

00:12:44,870 --> 00:12:43,200

even under stress what was wrong with me

306

00:12:46,710 --> 00:12:44,880

you know and so

307

00:12:48,870 --> 00:12:46,720

um so

308

00:12:51,269 --> 00:12:48,880

but what i did was

309

00:12:52,710 --> 00:12:51,279

um on a particular day when i knew that

310

00:12:54,710 --> 00:12:52,720

we weren't going to make it because

311

00:12:57,590 --> 00:12:54,720

there was such an imbalance between us

312

00:13:01,430 --> 00:12:57,600

it didn't matter how much our souls

313

00:13:02,389 --> 00:13:01,440

connected if we were so incompatible

314

00:13:04,790 --> 00:13:02,399

but

315

00:13:06,790 --> 00:13:04,800

uh when i was leaving instead i sat down

316

00:13:09,590 --> 00:13:06,800

and i did an exercise

317

00:13:12,150 --> 00:13:09,600

and it took maybe i don't know 30

318

00:13:14,949 --> 00:13:12,160

seconds 35 seconds

319

00:13:16,949 --> 00:13:14,959

and when i stood up from this chair from

320

00:13:19,110 --> 00:13:16,959

doing this exercise

321

00:13:22,310 --> 00:13:19,120

all those energies that were very

322

00:13:24,550 --> 00:13:22,320

scrambled and disorganized inside of me

323

00:13:27,910 --> 00:13:24,560

were suddenly organized and i wasn't

324

00:13:30,230 --> 00:13:27,920

crying anymore and i won the argument

325

00:13:31,430 --> 00:13:30,240

and that was the beginning of a change

326

00:13:34,470 --> 00:13:31,440

between us

327

00:13:37,269 --> 00:13:34,480

that um for david it was seeing that oh

328

00:13:39,269 --> 00:13:37,279

something else was going on beyond that

329

00:13:40,629 --> 00:13:39,279

psychological realm that he thought it

330

00:13:42,870 --> 00:13:40,639

was about

331

00:13:44,069 --> 00:13:42,880

it wasn't that she won the argument it

332

00:13:48,150 --> 00:13:44,079

was that

333

00:13:49,670 --> 00:13:48,160

she was able to come back and really

334

00:13:52,949 --> 00:13:49,680

meet me and

335

00:13:55,350 --> 00:13:52,959

so that i was not overpowering her and

336

00:13:58,310 --> 00:13:55,360

of course when when someone meets you

337

00:14:00,230 --> 00:13:58,320

that way you're suddenly more engaged

338

00:14:02,389 --> 00:14:00,240

and and more

339

00:14:05,750 --> 00:14:02,399

alert to what they're really saying

340

00:14:08,949 --> 00:14:05,760

it was like when we would be in that

341

00:14:12,310 --> 00:14:08,959

argument she would go into what we call

342

00:14:15,189 --> 00:14:12,320

her energetic stress style that's a the

343

00:14:17,350 --> 00:14:15,199

first part of the book really emphasizes

344

00:14:18,790 --> 00:14:17,360

the energetic stress styles that people

345

00:14:21,189 --> 00:14:18,800

go into and

346

00:14:24,550 --> 00:14:21,199

hers is kinesthetic which is very

347

00:14:28,310 --> 00:14:24,560

feeling and very very rich in feelings

348

00:14:29,509 --> 00:14:28,320

but it but but the intellect goes out at

349

00:14:32,550 --> 00:14:29,519

that time

350

00:14:35,030 --> 00:14:32,560

whereas for me when i go into that my

351

00:14:37,509 --> 00:14:35,040

feelings go out at that time and my

352

00:14:40,069 --> 00:14:37,519

intellect plugs in because we

353

00:14:41,590 --> 00:14:40,079

were programmed to trust one of four

354

00:14:44,710 --> 00:14:41,600

styles and

355

00:14:47,030 --> 00:14:44,720

the style that we trust is

356

00:14:49,670 --> 00:14:47,040

critical for what happens when couples

357

00:14:51,030 --> 00:14:49,680

argue and it's when couples argue

358

00:14:54,069 --> 00:14:51,040

that

359

00:14:56,470 --> 00:14:54,079

the really important parts of their

360

00:14:59,590 --> 00:14:56,480

relationship are negotiated like who

361

00:15:00,470 --> 00:14:59,600

dominates who has power who who who gets

362

00:15:01,350 --> 00:15:00,480

to

363

00:15:02,710 --> 00:15:01,360

um

364

00:15:05,430 --> 00:15:02,720

really

365

00:15:07,590 --> 00:15:05,440

call the shots and so so she was at an

366

00:15:10,230 --> 00:15:07,600

advanced disadvantage there

367

00:15:11,910 --> 00:15:10,240

in fact i mean all of us have had that

368

00:15:13,829 --> 00:15:11,920

experience the feeling we're on

369

00:15:16,550 --> 00:15:13,839

completely different wavelengths than

370

00:15:18,790 --> 00:15:16,560

our partner when things are difficult

371

00:15:20,629 --> 00:15:18,800

between us when you're when you're you

372

00:15:22,629 --> 00:15:20,639

suddenly feel like what happened to that

373

00:15:24,389 --> 00:15:22,639

bridge between us that wonderful

374

00:15:27,590 --> 00:15:24,399

closeness you can feel really

375

00:15:29,590 --> 00:15:27,600

disconnected and well the truth is

376

00:15:31,910 --> 00:15:29,600

you are on different wavelengths

377

00:15:34,550 --> 00:15:31,920

completely different wavelengths and

378

00:15:38,550 --> 00:15:34,560

it's and it's during it's during those

379

00:15:40,790 --> 00:15:38,560

times of stress that you are more apt to

380

00:15:42,790 --> 00:15:40,800

judge your relationship as not being so

381

00:15:44,550 --> 00:15:42,800

great but that is the time that if you

382

00:15:49,670 --> 00:15:44,560

have some tools

383

00:15:52,790 --> 00:15:49,680

to uh get out of that um that that that

384

00:15:54,389 --> 00:15:52,800

sensory style that um

385

00:15:56,230 --> 00:15:54,399

that you are in

386

00:15:59,110 --> 00:15:56,240

um that you can then build a bridge

387

00:16:01,189 --> 00:15:59,120

again and reach the other that you

388

00:16:03,509 --> 00:16:01,199

really have hope in the relationship you

389

00:16:06,629 --> 00:16:03,519

really believe it i mean i cannot tell

390

00:16:07,590 --> 00:16:06,639

you david and i we've been together 38

391

00:16:12,150 --> 00:16:07,600

years

392

00:16:14,790 --> 00:16:12,160

because

393

00:16:16,870 --> 00:16:14,800

our energies were just not meshed we

394

00:16:19,110 --> 00:16:16,880

were on completely different wavelengths

395

00:16:20,269 --> 00:16:19,120

but you knew that if you could make it

396

00:16:22,710 --> 00:16:20,279

it would be

397

00:16:25,269 --> 00:16:22,720

fantastic and the best

398

00:16:27,749 --> 00:16:25,279

partner you could possibly have because

399

00:16:29,590 --> 00:16:27,759

we had that soul connection but you

400

00:16:32,230 --> 00:16:29,600

finally get to a place where so many

401
00:16:34,870 --> 00:16:32,240
people they give up because you can't

402
00:16:37,829 --> 00:16:34,880
you can't fix it energetically well

403
00:16:39,910 --> 00:16:37,839
that's what our book is about it's about

404
00:16:42,550 --> 00:16:39,920
the energies between people and how

405
00:16:44,790 --> 00:16:42,560
those energies affect each other and

406
00:16:47,189 --> 00:16:44,800
throw you off and trigger you and in

407
00:16:49,350 --> 00:16:47,199
ways you don't expect of yourself

408
00:16:52,150 --> 00:16:49,360
but when you when you get that one

409
00:16:54,629 --> 00:16:52,160
handled then you can sort of evolve to

410
00:16:57,030 --> 00:16:54,639
the next step and become a

411
00:16:59,829 --> 00:16:57,040
better relationship and

412
00:17:03,670 --> 00:16:59,839
and love actually gets better it gets

413
00:17:07,590 --> 00:17:03,680

better when you can you can be very very

414

00:17:12,390 --> 00:17:10,069

so do you find yourself i mean the way

415

00:17:14,949 --> 00:17:12,400

you guys are talking it's like wow you

416

00:17:16,630 --> 00:17:14,959

lasted 38 years

417

00:17:18,470 --> 00:17:16,640

that's a long time and it's like wow

418

00:17:23,669 --> 00:17:18,480

you're just figuring it out did you do

419

00:17:28,950 --> 00:17:25,750

i think i figured it out before he did

420

00:17:30,789 --> 00:17:28,960

but he had hope because i was always i

421

00:17:34,630 --> 00:17:30,799

always uh

422

00:17:37,350 --> 00:17:34,640

i my intelligence is more in my energies

423

00:17:40,549 --> 00:17:37,360

than in my intellect it's i really

424

00:17:43,190 --> 00:17:40,559

understand energy and so um

425

00:17:45,430 --> 00:17:43,200

so because i really was starting to

426

00:17:47,990 --> 00:17:45,440

grasp it that we had to fix this

427

00:17:49,669 --> 00:17:48,000

energetically i mean it was a

428

00:17:52,950 --> 00:17:49,679

it was a

429

00:17:54,070 --> 00:17:52,960

it has been a journey but we learned it

430

00:17:57,110 --> 00:17:54,080

and now

431

00:17:59,590 --> 00:17:57,120

one of my things that comes bubbling out

432

00:18:01,510 --> 00:17:59,600

of my mouth every now and then is thank

433

00:18:03,510 --> 00:18:01,520

god i didn't leave him when i should

434

00:18:07,270 --> 00:18:03,520

have because

435

00:18:09,590 --> 00:18:07,280

because because it was so hard but

436

00:18:12,150 --> 00:18:09,600

but you knew you knew that it could be

437

00:18:13,909 --> 00:18:12,160

wonderful you knew it could you just

438

00:18:16,230 --> 00:18:13,919

didn't know how to get there and that's

439

00:18:19,190 --> 00:18:16,240

how so many couples are they don't know

440

00:18:21,430 --> 00:18:19,200

how to get there and and you know

441

00:18:23,909 --> 00:18:21,440

there's so many david can speak more of

442

00:18:26,230 --> 00:18:23,919

this about this than me i'll let him

443

00:18:29,430 --> 00:18:26,240

about uh about

444

00:18:32,070 --> 00:18:29,440

about therapy how a couple's therapy how

445

00:18:34,070 --> 00:18:32,080

it it doesn't always help

446

00:18:36,070 --> 00:18:34,080

well a lot of couples a lot of

447

00:18:37,669 --> 00:18:36,080

individuals in a relationship are in the

448

00:18:40,310 --> 00:18:37,679

position of

449

00:18:41,430 --> 00:18:40,320

of kind of making sense of it by

450

00:18:43,510 --> 00:18:41,440

thinking

451
00:18:45,590 --> 00:18:43,520
we'd have a great relationship if it

452
00:18:46,950 --> 00:18:45,600
weren't for you

453
00:18:47,830 --> 00:18:46,960
and

454
00:18:49,750 --> 00:18:47,840
there's

455
00:18:51,909 --> 00:18:49,760
that's natural in a lot of ways because

456
00:18:54,870 --> 00:18:51,919
you can see where

457
00:18:59,190 --> 00:18:54,880
your partner isn't meeting you

458
00:19:00,630 --> 00:18:59,200
but the the great relationship part is

459
00:19:02,470 --> 00:19:00,640
sensing that there's something here

460
00:19:04,390 --> 00:19:02,480
there's something here that's really

461
00:19:06,710 --> 00:19:04,400
worth fighting for there's something

462
00:19:08,870 --> 00:19:06,720
here that's worth going the distance but

463
00:19:11,110 --> 00:19:08,880

not knowing what the map is

464

00:19:13,590 --> 00:19:11,120

and so if your

465

00:19:14,710 --> 00:19:13,600

perception is that it's all your

466

00:19:16,310 --> 00:19:14,720

partner's

467

00:19:17,110 --> 00:19:16,320

fault then

468

00:19:18,630 --> 00:19:17,120

you're

469

00:19:21,430 --> 00:19:18,640

missing

470

00:19:24,789 --> 00:19:21,440

what is happening between the two of you

471

00:19:27,590 --> 00:19:24,799

and it's not always easy to point to it

472

00:19:29,029 --> 00:19:27,600

because often it is at this energetic

473

00:19:30,390 --> 00:19:29,039

level so

474

00:19:32,789 --> 00:19:30,400

to

475

00:19:34,549 --> 00:19:32,799

address it at the energetic level rather

476
00:19:37,750 --> 00:19:34,559
than

477
00:19:40,470 --> 00:19:37,760
your the problem but okay what happens

478
00:19:41,909 --> 00:19:40,480
to us when we get into difficult times

479
00:19:42,710 --> 00:19:41,919
energetically

480
00:19:48,310 --> 00:19:42,720
and

481
00:19:50,710 --> 00:19:48,320
we also both work with couples so

482
00:19:53,029 --> 00:19:50,720
we're like many like any therapist

483
00:19:54,950 --> 00:19:53,039
you're always working on your own

484
00:19:56,470 --> 00:19:54,960
evolution as you're helping other people

485
00:19:59,029 --> 00:19:56,480
with theirs and

486
00:20:01,590 --> 00:19:59,039
that certainly has been true for us so

487
00:20:05,270 --> 00:20:01,600
what what we learned for ourselves and

488
00:20:08,470 --> 00:20:05,280

now teach couples is what we call a pact

489

00:20:10,870 --> 00:20:08,480

and the path is based on the

490

00:20:12,950 --> 00:20:10,880

understanding that there is a certain

491

00:20:15,510 --> 00:20:12,960

point in an argument

492

00:20:17,270 --> 00:20:15,520

where it is headed downhill if you

493

00:20:20,710 --> 00:20:17,280

continue

494

00:20:22,789 --> 00:20:20,720

on the path you are going so

495

00:20:24,549 --> 00:20:22,799

i think most couples can relate to that

496

00:20:27,270 --> 00:20:24,559

that that

497

00:20:29,510 --> 00:20:27,280

oh my gosh this is just

498

00:20:31,350 --> 00:20:29,520

really feeling terrible

499

00:20:33,750 --> 00:20:31,360

but you are

500

00:20:35,190 --> 00:20:33,760

programmed to take it further to stay in

501
00:20:37,750 --> 00:20:35,200
the fight to

502
00:20:38,710 --> 00:20:37,760
convince your partner that he or she is

503
00:20:40,630 --> 00:20:38,720
wrong

504
00:20:42,470 --> 00:20:40,640
there there's there's something very

505
00:20:45,190 --> 00:20:42,480
deeply instinctual

506
00:20:46,950 --> 00:20:45,200
in um we go into the fight-or-flight

507
00:20:49,669 --> 00:20:46,960
response when we feel there's a threat

508
00:20:51,830 --> 00:20:49,679
to our primary relationship that our

509
00:20:53,990 --> 00:20:51,840
ancestors needed that primary

510
00:20:56,950 --> 00:20:54,000
relationship to survive so any threat to

511
00:20:59,990 --> 00:20:56,960
it is like a threat to the family and so

512
00:21:01,669 --> 00:21:00,000
you are told so it's it's it's often

513
00:21:04,070 --> 00:21:01,679

amazing as a couple therapists to watch

514

00:21:06,070 --> 00:21:04,080

how quickly people can get

515

00:21:08,070 --> 00:21:06,080

activated with another one another so

516

00:21:09,590 --> 00:21:08,080

that they are over things that might

517

00:21:11,750 --> 00:21:09,600

seem trivial

518

00:21:13,430 --> 00:21:11,760

um their their faces are red they're

519

00:21:15,590 --> 00:21:13,440

screaming and

520

00:21:18,310 --> 00:21:15,600

that's that but that's that's really a

521

00:21:20,870 --> 00:21:18,320

deprogramming what we teach people is

522

00:21:23,430 --> 00:21:20,880

that before you get to that point

523

00:21:25,350 --> 00:21:23,440

that you each be aware of when you're

524

00:21:27,029 --> 00:21:25,360

headed there and either of you the fact

525

00:21:28,310 --> 00:21:27,039

is that either of you

526
00:21:29,270 --> 00:21:28,320
can say

527
00:21:31,990 --> 00:21:29,280
let's

528
00:21:34,470 --> 00:21:32,000
invoke our pact right now and by

529
00:21:37,350 --> 00:21:34,480
pre-agreement you both do it

530
00:21:39,190 --> 00:21:37,360
and it's with the understanding that if

531
00:21:43,350 --> 00:21:39,200
you don't it's headed where you don't

532
00:21:44,470 --> 00:21:43,360
want to wind up so the path starts with

533
00:21:47,990 --> 00:21:44,480
stopping

534
00:21:49,669 --> 00:21:48,000
part of the path there's four parts to

535
00:21:52,390 --> 00:21:49,679
it but that's the hardest one because

536
00:21:54,549 --> 00:21:52,400
every instinct in you doesn't want to

537
00:21:56,310 --> 00:21:54,559
give up or stop

538
00:21:58,390 --> 00:21:56,320

every instinct in you wants to prove

539

00:21:59,350 --> 00:21:58,400

you're right and your partner's wrong

540

00:22:03,510 --> 00:21:59,360

so

541

00:22:05,990 --> 00:22:03,520

by stopping now that's that's

542

00:22:07,669 --> 00:22:06,000

useless if you don't have something to

543

00:22:11,270 --> 00:22:07,679

do after you've stopped

544

00:22:12,950 --> 00:22:11,280

and what we have to teach couples is

545

00:22:15,830 --> 00:22:12,960

that when they stop

546

00:22:17,430 --> 00:22:15,840

there is a set of energy exercises that

547

00:22:18,789 --> 00:22:17,440

they can do

548

00:22:20,630 --> 00:22:18,799

that take them out of the

549

00:22:23,350 --> 00:22:20,640

fight-or-flight response

550

00:22:26,549 --> 00:22:23,360

that shift their body chemistry

551
00:22:28,310 --> 00:22:26,559
that make it possible for them to

552
00:22:29,029 --> 00:22:28,320
consider

553
00:22:31,029 --> 00:22:29,039
the

554
00:22:32,870 --> 00:22:31,039
argument from a larger perspective

555
00:22:35,669 --> 00:22:32,880
because when you're in fight or flight

556
00:22:39,510 --> 00:22:35,679
your front brain really loses his

557
00:22:41,430 --> 00:22:39,520
ability to process information so

558
00:22:42,870 --> 00:22:41,440
you're you're in your back brain mode

559
00:22:45,190 --> 00:22:42,880
it's amygdala

560
00:22:45,990 --> 00:22:45,200
couple's work and

561
00:22:47,669 --> 00:22:46,000
so

562
00:22:48,789 --> 00:22:47,679
um donna maybe you can

563
00:22:51,029 --> 00:22:48,799

describe

564

00:22:53,590 --> 00:22:51,039

one of those techniques

565

00:22:55,909 --> 00:22:53,600

and actually i just wanted to throw in

566

00:23:00,470 --> 00:22:58,230

i love the concept of the pact you know

567

00:23:03,190 --> 00:23:00,480

i i like to call them safe words you

568

00:23:05,029 --> 00:23:03,200

know like i say this

569

00:23:07,190 --> 00:23:05,039

this is what it means and you just need

570

00:23:09,430 --> 00:23:07,200

to wrap around your mind that this is

571

00:23:10,390 --> 00:23:09,440

what it means and there's an agreement

572

00:23:12,390 --> 00:23:10,400

that

573

00:23:14,710 --> 00:23:12,400

we'll make and i'm going to share an

574

00:23:17,110 --> 00:23:14,720

example not a relationship example but

575

00:23:18,789 --> 00:23:17,120

with my husband he didn't have a good

576

00:23:20,870 --> 00:23:18,799

memory especially in the summer i don't

577

00:23:23,110 --> 00:23:20,880

know he got like this alzheimer's thing

578

00:23:25,830 --> 00:23:23,120

i don't know what was going on

579

00:23:27,830 --> 00:23:25,840

and uh and i didn't want to nag him you

580

00:23:30,070 --> 00:23:27,840

know that was not my purpose but he

581

00:23:31,909 --> 00:23:30,080

would say you know will remind me and so

582

00:23:33,830 --> 00:23:31,919

i would like call him up or i would send

583

00:23:34,870 --> 00:23:33,840

him these texts and they would say

584

00:23:37,750 --> 00:23:34,880

hello

585

00:23:40,470 --> 00:23:37,760

this is wayne's brain and wayne's brain

586

00:23:42,310 --> 00:23:40,480

says and he would know that this was me

587

00:23:44,950 --> 00:23:42,320

reminding him of what he wanted me to

588

00:23:46,630 --> 00:23:44,960

remind him of and i wasn't nagging him

589

00:23:49,750 --> 00:23:46,640

and it was just the funniest thing

590

00:23:51,990 --> 00:23:49,760

because it be took it out of the i'm you

591

00:23:53,669 --> 00:23:52,000

know i'm nagging you i'm blaming you i'm

592

00:23:55,029 --> 00:23:53,679

doing anything to you

593

00:23:57,110 --> 00:23:55,039

other than

594

00:23:59,430 --> 00:23:57,120

keeping our relationship

595

00:24:01,350 --> 00:23:59,440

and i i love that idea i've never tried

596

00:24:04,710 --> 00:24:01,360

that in the whole

597

00:24:07,350 --> 00:24:04,720

relationship dynamic arena so that's

598

00:24:08,789 --> 00:24:07,360

like a new one for me

599

00:24:11,990 --> 00:24:08,799

right

600

00:24:13,990 --> 00:24:12,000

that was really good i enjoyed that um

601
00:24:16,390 --> 00:24:14,000
um well let me just tell you

602
00:24:19,029 --> 00:24:16,400
how how physical

603
00:24:21,750 --> 00:24:19,039
this uh this thing is that happens when

604
00:24:24,470 --> 00:24:21,760
people are triggered really really fast

605
00:24:26,870 --> 00:24:24,480
um you lose blood from your forebrain so

606
00:24:29,350 --> 00:24:26,880
much that if it's a really bad stress

607
00:24:32,390 --> 00:24:29,360
you can lose up to 80 of the blood in

608
00:24:35,269 --> 00:24:32,400
your forebrain it goes into your body

609
00:24:37,750 --> 00:24:35,279
to for that fight or flight response you

610
00:24:39,909 --> 00:24:37,760
know to beat somebody up or run away and

611
00:24:41,990 --> 00:24:39,919
because we can do neither we are

612
00:24:45,029 --> 00:24:42,000
suddenly standing there and we are

613
00:24:46,549 --> 00:24:45,039

streamlined for survival so only one

614

00:24:47,510 --> 00:24:46,559

sensory system

615

00:24:49,909 --> 00:24:47,520

which is

616

00:24:51,590 --> 00:24:49,919

how you how you see it or how you think

617

00:24:52,789 --> 00:24:51,600

about it how you feel about it or how

618

00:24:57,430 --> 00:24:52,799

you hear it

619

00:24:59,430 --> 00:24:57,440

um is is is present for you only one way

620

00:25:01,510 --> 00:24:59,440

and people don't realize that they think

621

00:25:03,430 --> 00:25:01,520

they don't know that they

622

00:25:05,830 --> 00:25:03,440

they're distorting everything because

623

00:25:09,190 --> 00:25:05,840

they can't access the other systems but

624

00:25:11,669 --> 00:25:09,200

that's what happens so that when we stop

625

00:25:13,190 --> 00:25:11,679

we quickly have energy techniques for

626

00:25:16,070 --> 00:25:13,200

people to do

627

00:25:20,070 --> 00:25:16,080

like like if you just filled up a way to

628

00:25:23,190 --> 00:25:20,080

just blow the energy out or or take down

629

00:25:24,149 --> 00:25:23,200

that energy that is it of the fight or

630

00:25:25,430 --> 00:25:24,159

flight

631

00:25:29,190 --> 00:25:25,440

um

632

00:25:32,710 --> 00:25:29,200

let's see should i tell you what

633

00:25:33,669 --> 00:25:32,720

sure go ahead go ahead

634

00:25:37,190 --> 00:25:33,679

um

635

00:25:39,830 --> 00:25:37,200

one one thing you can do is is just to

636

00:25:41,510 --> 00:25:39,840

blow out some energy really fast so if

637

00:25:43,669 --> 00:25:41,520

you if you just if you're standing and

638

00:25:45,909 --> 00:25:43,679

you put your arms out in front of you

639

00:25:48,630 --> 00:25:45,919

and then swing them up back up over your

640

00:25:50,630 --> 00:25:48,640

head and then straight down your body

641

00:25:52,390 --> 00:25:50,640

blow out with your mouth just

642

00:25:54,710 --> 00:25:52,400

just go

643

00:25:58,230 --> 00:25:54,720

blow out hard and do that three or four

644

00:26:00,549 --> 00:25:58,240

times and the last time take your hands

645

00:26:02,310 --> 00:26:00,559

straight up your body and reach up as

646

00:26:04,310 --> 00:26:02,320

high as you can

647

00:26:05,830 --> 00:26:04,320

and then turn your arms out and bring

648

00:26:08,310 --> 00:26:05,840

them down to the side now i said that

649

00:26:10,789 --> 00:26:08,320

fairly fast but it's basically blowing

650

00:26:11,750 --> 00:26:10,799

energy up and then pulling in some new

651
00:26:14,230 --> 00:26:11,760
energy

652
00:26:16,549 --> 00:26:14,240
it it really suddenly

653
00:26:19,430 --> 00:26:16,559
you're not filled up with all of this

654
00:26:22,710 --> 00:26:19,440
these stress chemicals and this um

655
00:26:24,950 --> 00:26:22,720
this nuts that takes over and then after

656
00:26:27,190 --> 00:26:24,960
that they're simple little energy things

657
00:26:28,870 --> 00:26:27,200
like like tapping your cheekbones

658
00:26:31,669 --> 00:26:28,880
breathing deep and tapping your

659
00:26:34,149 --> 00:26:31,679
cheekbones will make the energy on

660
00:26:37,350 --> 00:26:34,159
stomach meridian just go down your legs

661
00:26:38,710 --> 00:26:37,360
and ground ground you it will ground you

662
00:26:45,750 --> 00:26:38,720
you can

663
00:26:47,510 --> 00:26:45,760

uh k27 the 27th point on kidney meridian

664

00:26:49,750 --> 00:26:47,520

to make sure that your energies are all

665

00:26:51,269 --> 00:26:49,760

going in the correct direction

666

00:26:53,909 --> 00:26:51,279

uh you can

667

00:26:56,230 --> 00:26:53,919

you can um

668

00:26:58,870 --> 00:26:56,240

oh i i can just scramble when i get

669

00:27:01,750 --> 00:26:58,880

stressed so so just just putting your

670

00:27:04,230 --> 00:27:01,760

arms out in front of you crossing your

671

00:27:07,110 --> 00:27:04,240

your wrists and then clasping your

672

00:27:09,990 --> 00:27:07,120

fingers and bringing them back up

673

00:27:11,750 --> 00:27:10,000

underneath on your chest and breathing

674

00:27:14,390 --> 00:27:11,760

deep you know your kids do that but if

675

00:27:16,149 --> 00:27:14,400

you can't do that just just clasping

676
00:27:18,549 --> 00:27:16,159
your fingers together

677
00:27:21,590 --> 00:27:18,559
and breathing deep is really really good

678
00:27:24,389 --> 00:27:21,600
to just unscramble your force fields so

679
00:27:27,590 --> 00:27:24,399
so these are all techniques that you can

680
00:27:28,630 --> 00:27:27,600
use when you are in the heat of battle

681
00:27:30,549 --> 00:27:28,640
and

682
00:27:31,510 --> 00:27:30,559
one of you has recognized that it's

683
00:27:32,789 --> 00:27:31,520
going

684
00:27:33,669 --> 00:27:32,799
downhill

685
00:27:36,870 --> 00:27:33,679
and

686
00:27:39,510 --> 00:27:36,880
by pre-agreement you have stopped

687
00:27:41,510 --> 00:27:39,520
and now you're both you you're not doing

688
00:27:42,870 --> 00:27:41,520

this together though you might both be

689

00:27:44,870 --> 00:27:42,880

in the same room and doing it at the

690

00:27:48,470 --> 00:27:44,880

same time but it's separate because

691

00:27:49,990 --> 00:27:48,480

you're working with your own body your

692

00:27:51,990 --> 00:27:50,000

own energy

693

00:27:55,350 --> 00:27:52,000

and that's that's the

694

00:27:57,750 --> 00:27:55,360

um that's the key here is to then

695

00:27:59,909 --> 00:27:57,760

change those energies around

696

00:28:01,669 --> 00:27:59,919

so that you are

697

00:28:05,190 --> 00:28:01,679

able then to do

698

00:28:06,789 --> 00:28:05,200

the third part of the pact and the third

699

00:28:09,190 --> 00:28:06,799

part of the pact

700

00:28:11,269 --> 00:28:09,200

is to reconnect

701
00:28:13,590 --> 00:28:11,279
now with one another energetically so

702
00:28:16,230 --> 00:28:13,600
you're still not talking yet about

703
00:28:17,110 --> 00:28:16,240
the disagreement what you're doing

704
00:28:21,110 --> 00:28:17,120
rather

705
00:28:23,669 --> 00:28:22,149
you

706
00:28:25,669 --> 00:28:23,679
don is gonna go

707
00:28:27,110 --> 00:28:25,679
go turn that off

708
00:28:29,830 --> 00:28:27,120
um

709
00:28:32,310 --> 00:28:29,840
sorry about that

710
00:28:34,149 --> 00:28:32,320
everybody on your phone but i'm just

711
00:28:37,190 --> 00:28:34,159
going to like throw this in because like

712
00:28:39,669 --> 00:28:37,200
your guys guys are making mine crack up

713
00:28:42,549 --> 00:28:39,679

and uh you know donna was talking about

714

00:28:44,389 --> 00:28:42,559

this exercise and moving here and there

715

00:28:45,830 --> 00:28:44,399

wasn't any part where you smack your

716

00:28:50,389 --> 00:28:45,840

partner in the top of the head and go

717

00:28:57,590 --> 00:28:53,590

well this is to try to avoid that oh man

718

00:29:02,070 --> 00:28:59,909

right well

719

00:29:03,269 --> 00:29:02,080

what what we're trying to do is get the

720

00:29:05,909 --> 00:29:03,279

fun part

721

00:29:07,430 --> 00:29:05,919

to kind of skip that step

722

00:29:09,990 --> 00:29:07,440

and to

723

00:29:11,750 --> 00:29:10,000

be in a place where

724

00:29:13,830 --> 00:29:11,760

after

725

00:29:15,909 --> 00:29:13,840

you've

726

00:29:17,750 --> 00:29:15,919

gotten yourself cleared

727

00:29:19,590 --> 00:29:17,760

then you're able to connect with one

728

00:29:22,230 --> 00:29:19,600

another energetically

729

00:29:24,230 --> 00:29:22,240

and so talking about the fun part

730

00:29:28,389 --> 00:29:24,240

one of our favorite ones is called the

731

00:29:30,389 --> 00:29:28,399

spinal flush and it's it's one where

732

00:29:33,510 --> 00:29:30,399

that you do to one another some of them

733

00:29:35,269 --> 00:29:33,520

you do simultaneously and and you really

734

00:29:37,750 --> 00:29:35,279

connect with one another in fact let's

735

00:29:40,389 --> 00:29:37,760

let's start off describing one of those

736

00:29:43,350 --> 00:29:40,399

donna before we get to the spinal slash

737

00:29:44,789 --> 00:29:43,360

oh okay say say you

738

00:29:46,070 --> 00:29:44,799

you're you're coming back together but

739

00:29:47,990 --> 00:29:46,080

you still

740

00:29:49,590 --> 00:29:48,000

are having a difficult time to really

741

00:29:51,430 --> 00:29:49,600

connect with one another one thing you

742

00:29:54,549 --> 00:29:51,440

can do just standing right in front of

743

00:29:55,669 --> 00:29:54,559

each other is put both hands one on top

744

00:29:58,389 --> 00:29:55,679

of the other

745

00:30:01,269 --> 00:29:58,399

right on top of your heart chakra

746

00:30:03,350 --> 00:30:01,279

and just breathe three times i don't

747

00:30:05,750 --> 00:30:03,360

look at him at that point i'm just

748

00:30:08,310 --> 00:30:05,760

looking down and i'm just

749

00:30:11,190 --> 00:30:08,320

i'm really coming home to myself and it

750

00:30:13,990 --> 00:30:11,200

feels really really good and then he's

751

00:30:16,630 --> 00:30:14,000

doing the same thing he's doing that

752

00:30:19,269 --> 00:30:16,640

with himself now some some energy begins

753

00:30:22,149 --> 00:30:19,279

to clear between you but after when you

754

00:30:23,029 --> 00:30:22,159

feel like you're ready uh we both just

755

00:30:24,149 --> 00:30:23,039

sort of

756

00:30:26,950 --> 00:30:24,159

look up

757

00:30:27,830 --> 00:30:26,960

the other person's body to their heart

758

00:30:32,149 --> 00:30:27,840

and

759

00:30:34,149 --> 00:30:32,159

looking at their heart chakra with their

760

00:30:37,269 --> 00:30:34,159

hands on the heart chakra

761

00:30:39,590 --> 00:30:37,279

and it really does change something and

762

00:30:41,990 --> 00:30:39,600

then and then finally you just look up

763

00:30:44,630 --> 00:30:42,000

to each other's eyes and you can connect

764

00:30:46,470 --> 00:30:44,640

you find each other you know what i what

765

00:30:48,470 --> 00:30:46,480

i would like to do is to talk about the

766

00:30:50,630 --> 00:30:48,480

different systems so

767

00:30:53,430 --> 00:30:50,640

yeah first time just just comment on

768

00:30:54,630 --> 00:30:53,440

that and then we can go there uh which

769

00:30:57,269 --> 00:30:54,640

is that

770

00:30:59,590 --> 00:30:57,279

well one thing i mean

771

00:31:01,029 --> 00:30:59,600

as we're talking i'm imagining some

772

00:31:03,909 --> 00:31:01,039

listeners

773

00:31:06,630 --> 00:31:03,919

saying this sounds very vague

774

00:31:07,750 --> 00:31:06,640

but here here are a few

775

00:31:09,509 --> 00:31:07,760

facts

776

00:31:11,669 --> 00:31:09,519

one is that

777

00:31:14,470 --> 00:31:11,679

when a couple

778

00:31:16,310 --> 00:31:14,480

is in that state of fight or flight with

779

00:31:19,830 --> 00:31:16,320

one another

780

00:31:22,470 --> 00:31:19,840

50 years of therapy communication

781

00:31:24,230 --> 00:31:22,480

techniques do not work they just you

782

00:31:26,789 --> 00:31:24,240

cannot use them then

783

00:31:29,750 --> 00:31:26,799

and research has worn that out that at

784

00:31:31,990 --> 00:31:29,760

that point you need something different

785

00:31:33,430 --> 00:31:32,000

than empathy techniques because you

786

00:31:34,950 --> 00:31:33,440

can't go there

787

00:31:36,950 --> 00:31:34,960

at that point

788

00:31:38,070 --> 00:31:36,960

now the other fact that's very

789

00:31:39,909 --> 00:31:38,080

interesting

790

00:31:43,269 --> 00:31:39,919

is that the

791

00:31:45,669 --> 00:31:43,279

heart has the largest electromagnetic

792

00:31:47,750 --> 00:31:45,679

field of any organ in the body much

793

00:31:50,470 --> 00:31:47,760

bigger than the brains and when two

794

00:31:52,549 --> 00:31:50,480

people are in proximity with one another

795

00:31:53,350 --> 00:31:52,559

and they don't even have to be

796

00:31:55,509 --> 00:31:53,360

uh

797

00:31:57,110 --> 00:31:55,519

to know each other well they can just be

798

00:31:59,190 --> 00:31:57,120

talking and not know each other well but

799

00:32:00,950 --> 00:31:59,200

it's even more so when they're in an

800

00:32:01,990 --> 00:32:00,960

intimate relationship

801
00:32:08,310 --> 00:32:02,000
the

802
00:32:11,830 --> 00:32:08,320
measurably impacts

803
00:32:14,149 --> 00:32:11,840
the field of the brain of the other one

804
00:32:16,950 --> 00:32:14,159
literally changing without without

805
00:32:18,549 --> 00:32:16,960
talking about what's going on just

806
00:32:20,470 --> 00:32:18,559
talking about anything or just being in

807
00:32:22,070 --> 00:32:20,480
one another's presence so that's the

808
00:32:24,389 --> 00:32:22,080
dimension that we're working with with

809
00:32:26,789 --> 00:32:24,399
these techniques so that you are

810
00:32:29,430 --> 00:32:26,799
getting your heart

811
00:32:31,190 --> 00:32:29,440
aligned and and your partner's brain

812
00:32:35,350 --> 00:32:31,200
aligned with one another so that there

813
00:32:38,950 --> 00:32:35,360

really is a chance for them for some of

814

00:32:41,669 --> 00:32:38,960

the more empathy oriented communication

815

00:32:42,470 --> 00:32:41,679

oriented exercises to have a chance to

816

00:32:46,630 --> 00:32:42,480

work

817

00:32:49,269 --> 00:32:46,640

so at that point when you have stopped

818

00:32:51,190 --> 00:32:49,279

when you have gotten your own energy

819

00:32:54,950 --> 00:32:51,200

centered when you have built an

820

00:32:58,549 --> 00:32:54,960

energetic bridge between the two of you

821

00:33:01,990 --> 00:32:58,559

at that point you can begin to use some

822

00:33:05,430 --> 00:33:02,000

of the communication techniques that are

823

00:33:08,630 --> 00:33:05,440

more well established but we also add

824

00:33:11,350 --> 00:33:08,640

another dimension to that which is that

825

00:33:13,430 --> 00:33:11,360

if you understand your style and you

826

00:33:14,710 --> 00:33:13,440

understand your partner style energetic

827

00:33:17,669 --> 00:33:14,720

stress style

828

00:33:19,509 --> 00:33:17,679

you can make the connection much more

829

00:33:22,310 --> 00:33:19,519

reliably with one another because there

830

00:33:24,549 --> 00:33:22,320

are certain things that don't work if

831

00:33:26,149 --> 00:33:24,559

you have a visual partner or if you have

832

00:33:27,750 --> 00:33:26,159

a tonal partner or if you have a

833

00:33:29,590 --> 00:33:27,760

kinesthetic partner and there are

834

00:33:31,110 --> 00:33:29,600

certain things that do work that

835

00:33:33,590 --> 00:33:31,120

wouldn't work with a different type of

836

00:33:36,310 --> 00:33:33,600

partner and interesting what are the

837

00:33:38,470 --> 00:33:36,320

different categories that we have i mean

838

00:33:40,070 --> 00:33:38,480

uh donna talked a little bit about the

839

00:33:41,830 --> 00:33:40,080

kinesthetic partner and i think i'm a

840

00:33:44,470 --> 00:33:41,840

kinesthetic

841

00:33:46,549 --> 00:33:44,480

okay let me okay i'm going to talk about

842

00:33:48,389 --> 00:33:46,559

them and you might you might be

843

00:33:51,669 --> 00:33:48,399

kinesthetic but i have the feeling you

844

00:33:54,070 --> 00:33:51,679

might be tonal because tonal has some of

845

00:33:57,029 --> 00:33:54,080

the aspects of kinesthetic they are

846

00:33:59,990 --> 00:33:57,039

feelers but their brains still work if

847

00:34:03,269 --> 00:34:00,000

you're in a in a heated argument here

848

00:34:05,269 --> 00:34:03,279

um tonals are can be very analytical

849

00:34:08,629 --> 00:34:05,279

they can um

850

00:34:09,750 --> 00:34:08,639

they they they can they hear between the

851
00:34:12,069 --> 00:34:09,760
lines

852
00:34:15,990 --> 00:34:12,079
they hear what people can't say or

853
00:34:17,909 --> 00:34:16,000
didn't say so you pick up a vibe that is

854
00:34:21,589 --> 00:34:17,919
um that is not

855
00:34:23,750 --> 00:34:21,599
just articulated you pick up the vibe of

856
00:34:26,710 --> 00:34:23,760
all sorts of things they they pick up

857
00:34:30,069 --> 00:34:26,720
nuances and and so you have feelings

858
00:34:32,950 --> 00:34:30,079
about all these different things a tonal

859
00:34:35,510 --> 00:34:32,960
uh i think they have like sonar and when

860
00:34:38,069 --> 00:34:35,520
they are when they aren't stressed you

861
00:34:41,510 --> 00:34:38,079
can trust that sonar is so

862
00:34:44,149 --> 00:34:41,520
so amazing when you are stressed

863
00:34:45,270 --> 00:34:44,159

and you can really suffer from what

864

00:34:47,990 --> 00:34:45,280

feels like

865

00:34:51,349 --> 00:34:48,000

uh put downs you know you can you can

866

00:34:52,950 --> 00:34:51,359

just pick it up that somebody is against

867

00:34:55,030 --> 00:34:52,960

you now i'm not sure i mean you might be

868

00:34:59,670 --> 00:34:55,040

kinesthetic too you're just no that's

869

00:35:05,030 --> 00:35:01,190

yeah

870

00:35:08,150 --> 00:35:05,040

well sound is very personal to a tonal

871

00:35:11,349 --> 00:35:08,160

um and tones the tones that somebody

872

00:35:13,510 --> 00:35:11,359

uses far more than the exact words i've

873

00:35:15,829 --> 00:35:13,520

always said that if i was going to ever

874

00:35:18,950 --> 00:35:15,839

get into therapy again i would have be

875

00:35:21,109 --> 00:35:18,960

in therapy with a tonal because tunnels

876

00:35:23,990 --> 00:35:21,119

because i can lose my words as a

877

00:35:26,230 --> 00:35:24,000

kinesthetic i can lose my words and what

878

00:35:28,069 --> 00:35:26,240

i was about to say and forget

879

00:35:30,950 --> 00:35:28,079

when i'm really really stressed but a

880

00:35:34,069 --> 00:35:30,960

tonal doesn't need my exact words they

881

00:35:37,990 --> 00:35:34,079

pick it up and so it's it's very very

882

00:35:39,030 --> 00:35:38,000

comforting to a kinesthetic to be with a

883

00:35:44,390 --> 00:35:39,040

tonal

884

00:35:46,950 --> 00:35:44,400

very stressed they really want their

885

00:35:49,270 --> 00:35:46,960

partner to listen to them to hear them

886

00:35:51,270 --> 00:35:49,280

to hear what they're saying and and it's

887

00:35:55,190 --> 00:35:51,280

painful if they don't

888

00:35:58,790 --> 00:35:55,200

now as a david is a digital and

889

00:36:00,069 --> 00:35:58,800

he can be very he can be calm cool and

890

00:36:03,430 --> 00:36:00,079

collected

891

00:36:06,230 --> 00:36:03,440

and uh very even computer-like

892

00:36:08,150 --> 00:36:06,240

um he he can be

893

00:36:09,109 --> 00:36:08,160

very correct and

894

00:36:11,349 --> 00:36:09,119

um

895

00:36:12,790 --> 00:36:11,359

and he and feelings can just really

896

00:36:15,030 --> 00:36:12,800

throw him off

897

00:36:17,190 --> 00:36:15,040

because he goes up into his head now at

898

00:36:19,589 --> 00:36:17,200

other times he can access all of the

899

00:36:21,109 --> 00:36:19,599

systems and be very feeling but when he

900

00:36:24,790 --> 00:36:21,119

is that stressed

901
00:36:31,030 --> 00:36:24,800
he is more logical orderly programmed

902
00:36:36,870 --> 00:36:33,750
and he can also be righteous because a

903
00:36:39,430 --> 00:36:36,880
digital is their stance is i'm right

904
00:36:41,190 --> 00:36:39,440
i am right and so they they don't really

905
00:36:42,230 --> 00:36:41,200
want to be in an argument with you they

906
00:36:43,750 --> 00:36:42,240
want to

907
00:36:45,349 --> 00:36:43,760
they they they believe you're going to

908
00:36:46,310 --> 00:36:45,359
finally come around but they're not

909
00:36:48,150 --> 00:36:46,320
going to

910
00:36:49,109 --> 00:36:48,160
leave their position

911
00:36:50,870 --> 00:36:49,119
um

912
00:36:51,670 --> 00:36:50,880
so a

913
00:37:09,270 --> 00:36:51,680

a

914

00:37:10,390 --> 00:37:09,280
criticize but to them they're not

915

00:37:14,550 --> 00:37:10,400
they don't

916

00:37:16,950 --> 00:37:14,560
they're just

917

00:37:19,109 --> 00:37:16,960
disappointed that you're not getting

918

00:37:20,950 --> 00:37:19,119
what is so obvious that would really

919

00:37:24,790 --> 00:37:20,960
happen they see what's wrong with you

920

00:37:27,349 --> 00:37:26,390
see david is

921

00:37:30,230 --> 00:37:27,359
you can

922

00:37:33,030 --> 00:37:30,240
usually people have their strongest one

923

00:37:34,870 --> 00:37:33,040
and that they go to under stress

924

00:37:36,870 --> 00:37:34,880
and then they have a secondary one that

925

00:37:39,349 --> 00:37:36,880
when it's not so stressed so david is a

926

00:37:41,990 --> 00:37:39,359

digital and a secondary visual which

927

00:37:46,069 --> 00:37:42,000

really he has that whole thing locked up

928

00:37:49,910 --> 00:37:48,230

our visuals get picky

929

00:37:52,710 --> 00:37:49,920

and they come out they come off as

930

00:37:54,069 --> 00:37:52,720

looking really powerful because

931

00:37:57,030 --> 00:37:54,079

because

932

00:37:59,510 --> 00:37:57,040

they they it's all about you the energy

933

00:38:00,470 --> 00:37:59,520

is is really thrust onto the other

934

00:38:03,030 --> 00:38:00,480

person

935

00:38:05,750 --> 00:38:03,040

and um and they project

936

00:38:06,710 --> 00:38:05,760

and and they are also righteous

937

00:38:08,310 --> 00:38:06,720

um

938

00:38:10,710 --> 00:38:08,320

let's see i'm gonna i'm gonna come back

939

00:38:13,030 --> 00:38:10,720

to a tunnel just a minute because

940

00:38:15,030 --> 00:38:13,040

because tunnels can also blame by the

941

00:38:17,829 --> 00:38:15,040

way but they are blaming for different

942

00:38:20,790 --> 00:38:17,839

reasons they are exasperated that their

943

00:38:23,349 --> 00:38:20,800

partner isn't hearing them or

944

00:38:24,950 --> 00:38:23,359

they're uh they can get frustrated

945

00:38:27,510 --> 00:38:24,960

but um

946

00:38:31,670 --> 00:38:27,520

okay so the next one is a who did we

947

00:38:33,589 --> 00:38:31,680

miss a kinesthetic aesthetic is a feeler

948

00:38:36,310 --> 00:38:33,599

and they're they're

949

00:38:39,109 --> 00:38:36,320

almost too empathic because they really

950

00:38:40,710 --> 00:38:39,119

suffer from the other person and so they

951
00:38:43,030 --> 00:38:40,720
can make the other person they could be

952
00:38:45,030 --> 00:38:43,040
enablers they can be enablers to the

953
00:38:46,950 --> 00:38:45,040
other person

954
00:38:50,710 --> 00:38:46,960
feelings really are the facts where

955
00:38:52,870 --> 00:38:50,720
kinesthetic is what feels is

956
00:38:55,349 --> 00:38:52,880
is a major thing and they are very much

957
00:38:57,270 --> 00:38:55,359
in the now whereas a tunnel can live in

958
00:38:59,510 --> 00:38:57,280
the past you know

959
00:39:00,550 --> 00:38:59,520
they their their whatever hurt them in

960
00:39:02,950 --> 00:39:00,560
the past

961
00:39:05,349 --> 00:39:02,960
they have a hard time getting rid of

962
00:39:07,589 --> 00:39:05,359
kinesthetics are all about the now

963
00:39:08,790 --> 00:39:07,599

visuals are sort of now but into the

964

00:39:11,430 --> 00:39:08,800

future

965

00:39:12,870 --> 00:39:11,440

and digitals can go all over the place

966

00:39:14,630 --> 00:39:12,880

and um

967

00:39:17,109 --> 00:39:14,640

cathedrals can be in the present the

968

00:39:18,230 --> 00:39:17,119

past or the future but not feel any of

969

00:39:20,310 --> 00:39:18,240

them

970

00:39:23,510 --> 00:39:20,320

and

971

00:39:24,790 --> 00:39:23,520

what was what was so amazing for me was

972

00:39:30,310 --> 00:39:24,800

in

973

00:39:31,190 --> 00:39:30,320

when we go under stress but also

974

00:39:34,710 --> 00:39:31,200

that

975

00:39:36,790 --> 00:39:34,720

you know part of our way of thinking is

976

00:39:39,910 --> 00:39:36,800

mine is more digital than hers hers is

977

00:39:43,109 --> 00:39:39,920

more kinesthetic than mine and she

978

00:39:45,030 --> 00:39:43,119

announced one day to me that feelings

979

00:39:47,109 --> 00:39:45,040

were facts

980

00:39:49,190 --> 00:39:47,119

this was an extraordinary

981

00:39:52,069 --> 00:39:49,200

revelation because

982

00:39:54,630 --> 00:39:52,079

i think facts are facts the facts are

983

00:39:56,150 --> 00:39:54,640

the facts right the feelings maybe they

984

00:39:58,710 --> 00:39:56,160

color the facts a little bit but the

985

00:40:01,190 --> 00:39:58,720

facts are the facts for her

986

00:40:03,430 --> 00:40:01,200

in relationship the feelings are what

987

00:40:05,829 --> 00:40:03,440

matter it's the the

988

00:40:08,630 --> 00:40:05,839

the circumstances that anything else is

989

00:40:12,230 --> 00:40:08,640

irrelevant it's the feelings that matter

990

00:40:17,750 --> 00:40:12,240

and this was extraordinary to me but

991

00:40:24,630 --> 00:40:20,309

feelings are facts come on but for her

992

00:40:27,910 --> 00:40:24,640

the facts are what your partner relies

993

00:40:31,430 --> 00:40:27,920

on when he's wrong and is trying to

994

00:40:44,150 --> 00:40:31,440

argue you out of your feelings

995

00:40:48,790 --> 00:40:45,430

this

996

00:40:50,230 --> 00:40:48,800

system is very interesting because

997

00:40:51,990 --> 00:40:50,240

all couples

998

00:40:53,349 --> 00:40:52,000

just about every couple we've ever

999

00:40:55,750 --> 00:40:53,359

worked with

1000

00:40:58,069 --> 00:40:55,760

they're never both the same type it's

1001
00:40:59,270 --> 00:40:58,079
very rare that people choose somebody

1002
00:41:00,870 --> 00:40:59,280
that is the same type because there

1003
00:41:03,589 --> 00:41:00,880
isn't as much spark

1004
00:41:06,069 --> 00:41:03,599
and it may be that this was

1005
00:41:07,190 --> 00:41:06,079
you know nature's way of expanding us

1006
00:41:09,270 --> 00:41:07,200
because

1007
00:41:11,270 --> 00:41:09,280
i would never

1008
00:41:13,910 --> 00:41:11,280
start to understand

1009
00:41:15,510 --> 00:41:13,920
a way of being in the world that is as

1010
00:41:18,790 --> 00:41:15,520
different from my way of being in the

1011
00:41:21,109 --> 00:41:18,800
world as donna's if i weren't having to

1012
00:41:23,829 --> 00:41:21,119
deal with it every day from close up

1013
00:41:26,230 --> 00:41:23,839

it's that that and that has expanded me

1014

00:41:28,309 --> 00:41:26,240

as much as it has also

1015

00:41:29,589 --> 00:41:28,319

um been been a

1016

00:41:30,870 --> 00:41:29,599

a challenge

1017

00:41:31,829 --> 00:41:30,880

i am

1018

00:41:49,589 --> 00:41:31,839

a

1019

00:41:51,430 --> 00:41:49,599

in in the long run from being some with

1020

00:41:52,710 --> 00:41:51,440

someone that's different from you and

1021

00:41:55,349 --> 00:41:52,720

the way that we

1022

00:41:57,190 --> 00:41:55,359

first understood became to understand

1023

00:41:59,829 --> 00:41:57,200

this was 38 years ago

1024

00:42:03,510 --> 00:41:59,839

very early in our relationship

1025

00:42:05,990 --> 00:42:03,520

i was 30 years old and i was teaching

1026
00:42:08,309 --> 00:42:06,000
a hypnosis class

1027
00:42:10,630 --> 00:42:08,319
and i was teaching it to

1028
00:42:12,550 --> 00:42:10,640
therapists who were mostly older than me

1029
00:42:14,870 --> 00:42:12,560
more experienced than me but they just

1030
00:42:17,030 --> 00:42:14,880
hadn't had hypnosis in their training

1031
00:42:18,790 --> 00:42:17,040
and that was something i gravitated to

1032
00:42:19,990 --> 00:42:18,800
very early in my career

1033
00:42:22,790 --> 00:42:20,000
and

1034
00:42:25,030 --> 00:42:22,800
i invited donna to come to one of the

1035
00:42:28,230 --> 00:42:25,040
classes and i was just really wanting to

1036
00:42:30,950 --> 00:42:28,240
show off that i was teaching this class

1037
00:42:33,190 --> 00:42:30,960
with his therapist and

1038
00:42:34,950 --> 00:42:33,200

that day the topic was

1039

00:42:36,309 --> 00:42:34,960

uh because we did not invent these terms

1040

00:42:38,230 --> 00:42:36,319

we just use them differently than the

1041

00:42:41,510 --> 00:42:38,240

way they're usually used but the topic

1042

00:42:44,630 --> 00:42:41,520

was this was the very topic was that

1043

00:42:47,829 --> 00:42:44,640

for people who are visual

1044

00:42:49,510 --> 00:42:47,839

a hypnotist really needs to tune into

1045

00:42:51,829 --> 00:42:49,520

that person in a way that's very

1046

00:42:54,069 --> 00:42:51,839

different from the way they tune into

1047

00:42:55,750 --> 00:42:54,079

someone that is kinesthetic or tonal or

1048

00:42:58,150 --> 00:42:55,760

digital they're

1049

00:43:00,630 --> 00:42:58,160

they're really

1050

00:43:02,470 --> 00:43:00,640

distinct different styles of being in

1051
00:43:03,430 --> 00:43:02,480
the world and making sense of the world

1052
00:43:06,470 --> 00:43:03,440
so

1053
00:43:08,550 --> 00:43:06,480
i was teaching about that and i was

1054
00:43:10,710 --> 00:43:08,560
interviewing different members of the

1055
00:43:13,190 --> 00:43:10,720
class to figure out which style they

1056
00:43:13,990 --> 00:43:13,200
were and then it was time for the break

1057
00:43:19,589 --> 00:43:14,000
and

1058
00:43:20,470 --> 00:43:19,599
you know there's a physical test that i

1059
00:43:23,030 --> 00:43:20,480
just

1060
00:43:25,990 --> 00:43:23,040
kind of devised in my mind for

1061
00:43:27,990 --> 00:43:26,000
determining whether a person is a

1062
00:43:29,109 --> 00:43:28,000
kinesthetic visual tunnel

1063
00:43:31,270 --> 00:43:29,119

or digital

1064

00:43:33,190 --> 00:43:31,280

and i said no

1065

00:43:35,230 --> 00:43:33,200

you can't there's no physical test is

1066

00:43:37,750 --> 00:43:35,240

going to do that because these are

1067

00:43:39,109 --> 00:43:37,760

psychological differences they're not

1068

00:43:41,829 --> 00:43:39,119

physical difference they're

1069

00:43:45,190 --> 00:43:41,839

psychological differences

1070

00:43:49,510 --> 00:43:45,200

i like that intonation i can feel it i

1071

00:43:55,670 --> 00:43:52,950

as trying to enlighten her about where

1072

00:43:57,589 --> 00:43:55,680

she was wrong and

1073

00:44:00,230 --> 00:43:57,599

understand and she was on daunting you

1074

00:44:01,829 --> 00:44:00,240

know so i was hoping that she would just

1075

00:44:04,230 --> 00:44:01,839

you know say something about my teaching

1076
00:44:06,710 --> 00:44:04,240
prowess or something but no she has to

1077
00:44:08,630 --> 00:44:06,720
put in this whole new idea

1078
00:44:10,630 --> 00:44:08,640
and so

1079
00:44:12,230 --> 00:44:10,640
um so when i when i

1080
00:44:14,309 --> 00:44:12,240
informed her that these are

1081
00:44:16,870 --> 00:44:14,319
psychological differences she said let

1082
00:44:18,710 --> 00:44:16,880
me show you and she pulls over somebody

1083
00:44:22,069 --> 00:44:18,720
from the water cooler and

1084
00:44:24,630 --> 00:44:22,079
she does this test that it's a it's

1085
00:44:26,550 --> 00:44:24,640
basically uh what people know of as a

1086
00:44:30,390 --> 00:44:26,560
muscle test from

1087
00:44:33,430 --> 00:44:30,400
from kinesiol from from chiropractic or

1088
00:44:36,950 --> 00:44:33,440

whatever we call it an energy test and

1089

00:44:39,270 --> 00:44:36,960

she was able to determine which style

1090

00:44:41,030 --> 00:44:39,280

which energetic stress style

1091

00:44:43,109 --> 00:44:41,040

this person was and it was exactly what

1092

00:44:44,950 --> 00:44:43,119

i come to by interviewing them

1093

00:44:46,710 --> 00:44:44,960

so then it was time for the class to

1094

00:44:48,870 --> 00:44:46,720

start again and that's all people wanted

1095

00:44:52,470 --> 00:44:48,880

to talk about they want to talk about

1096

00:44:56,150 --> 00:44:52,480

this way of energy testing for your

1097

00:44:58,150 --> 00:44:56,160

style so my entire rest of my agenda got

1098

00:45:00,550 --> 00:44:58,160

put on the shelf

1099

00:45:03,190 --> 00:45:00,560

if i could have heard my guardian angels

1100

00:45:06,069 --> 00:45:03,200

back then they would have said

1101

00:45:08,870 --> 00:45:06,079

get used to it david

1102

00:45:12,470 --> 00:45:10,069

what we

1103

00:45:13,270 --> 00:45:12,480

found was and you can see how it would

1104

00:45:14,550 --> 00:45:13,280

work

1105

00:45:15,910 --> 00:45:14,560

because

1106

00:45:21,109 --> 00:45:15,920

donna

1107

00:45:23,349 --> 00:45:21,119

and she can see the energy of a person's

1108

00:45:25,670 --> 00:45:23,359

energetic stress style

1109

00:45:27,670 --> 00:45:25,680

so when she would work

1110

00:45:29,430 --> 00:45:27,680

in she had a practice for 23 years

1111

00:45:31,589 --> 00:45:29,440

before we really went on the road a

1112

00:45:32,470 --> 00:45:31,599

full-time practice

1113

00:45:34,230 --> 00:45:32,480

and

1114

00:45:35,190 --> 00:45:34,240

when she would work with a pregnant

1115

00:45:38,150 --> 00:45:35,200

couple

1116

00:45:39,030 --> 00:45:38,160

and then be there after the birth she

1117

00:45:41,270 --> 00:45:39,040

would

1118

00:45:42,630 --> 00:45:41,280

be able to tell the couple

1119

00:45:43,990 --> 00:45:42,640

what

1120

00:45:47,190 --> 00:45:44,000

style

1121

00:45:49,829 --> 00:45:47,200

the the infant was going had and then

1122

00:45:52,309 --> 00:45:49,839

16 years later when the infant was now a

1123

00:45:55,190 --> 00:45:52,319

teenager it was very evident that she

1124

00:45:58,390 --> 00:45:55,200

was right so so these styles are

1125

00:46:01,990 --> 00:45:58,400

built in they're born in to the

1126
00:46:03,829 --> 00:46:02,000
body into the psyche into the actual

1127
00:46:06,390 --> 00:46:03,839
brain structure so they're not they're

1128
00:46:07,829 --> 00:46:06,400
not learned and and because they're not

1129
00:46:10,390 --> 00:46:07,839
learned they're they also can't be

1130
00:46:12,390 --> 00:46:10,400
unlearned so you can't hope that your

1131
00:46:14,150 --> 00:46:12,400
partner is going to change can't hope

1132
00:46:17,030 --> 00:46:14,160
that your partner is going to be the

1133
00:46:20,150 --> 00:46:17,040
style that you are what you are able

1134
00:46:22,390 --> 00:46:20,160
what you can do is learn how to really

1135
00:46:24,150 --> 00:46:22,400
dance with your different styles and

1136
00:46:27,589 --> 00:46:24,160
take advantage of the differences so

1137
00:46:30,710 --> 00:46:27,599
that they enrich both of you rather than

1138
00:46:33,349 --> 00:46:30,720

pull you down the rabbit hole

1139

00:46:34,550 --> 00:46:33,359

i guess in dealing with this

1140

00:46:37,030 --> 00:46:34,560

you know there

1141

00:46:39,030 --> 00:46:37,040

and the word that comes to me both in

1142

00:46:41,829 --> 00:46:39,040

listening to the exercise that you've

1143

00:46:45,190 --> 00:46:41,839

talked about and then in this discussion

1144

00:46:46,630 --> 00:46:45,200

thing that neutrality is really the key

1145

00:46:48,550 --> 00:46:46,640

you know

1146

00:46:51,589 --> 00:46:48,560

fit repairing your own personal

1147

00:46:54,470 --> 00:46:51,599

boundaries so that you can reconnect as

1148

00:46:57,990 --> 00:46:54,480

two whole individuals in a neutral place

1149

00:46:58,870 --> 00:46:58,000

to talk about what just happened

1150

00:47:00,150 --> 00:46:58,880

yeah

1151

00:47:02,470 --> 00:47:00,160

you know

1152

00:47:05,349 --> 00:47:02,480

that's true except that what happens

1153

00:47:08,150 --> 00:47:05,359

neutral stat stays neutral very short

1154

00:47:10,630 --> 00:47:08,160

amount of time because suddenly you know

1155

00:47:12,150 --> 00:47:10,640

you are feeling happy about the other

1156

00:47:14,150 --> 00:47:12,160

person you are

1157

00:47:17,349 --> 00:47:14,160

in a more

1158

00:47:20,710 --> 00:47:17,359

more loving exuberant place it it is fun

1159

00:47:23,270 --> 00:47:20,720

when you get to the other side and um

1160

00:47:25,030 --> 00:47:23,280

uh but but you can't talk to it that

1161

00:47:25,750 --> 00:47:25,040

that's another thing that's in our book

1162

00:47:28,870 --> 00:47:25,760

of

1163

00:47:31,990 --> 00:47:28,880

about how to communicate to another

1164

00:47:34,950 --> 00:47:32,000

style that isn't your style how to just

1165

00:47:37,910 --> 00:47:34,960

switch a little energy thing and how

1166

00:47:41,270 --> 00:47:37,920

does how to talk and how how to stay

1167

00:47:45,109 --> 00:47:43,270

and there's no sticks involved huh

1168

00:47:51,510 --> 00:47:45,119

frying pans

1169

00:47:56,069 --> 00:47:53,910

that's um one of the systems we also

1170

00:47:58,390 --> 00:47:56,079

talk in the book about the elements

1171

00:48:00,790 --> 00:47:58,400

everybody has a different element that

1172

00:48:03,510 --> 00:48:00,800

they that is or their rhythm their

1173

00:48:05,670 --> 00:48:03,520

rhythm is different just their natural

1174

00:48:09,109 --> 00:48:05,680

rhythm you know we walk different we

1175

00:48:10,950 --> 00:48:09,119

talk different we we what we um

1176

00:48:13,030 --> 00:48:10,960

gravitate to is different than our

1177

00:48:16,069 --> 00:48:13,040

partner all of those all of these things

1178

00:48:19,190 --> 00:48:16,079

make a difference but you can really

1179

00:48:22,309 --> 00:48:19,200

learn to uh not only

1180

00:48:23,670 --> 00:48:22,319

like yourself better but do a real dance

1181

00:48:26,470 --> 00:48:23,680

with your partner so that you get

1182

00:48:29,510 --> 00:48:26,480

happier and happier the older you get so

1183

00:48:31,510 --> 00:48:29,520

the pact is not just an agreement of the

1184

00:48:34,150 --> 00:48:31,520

steps that you will take when things get

1185

00:48:36,710 --> 00:48:34,160

tough it is an informed agreement where

1186

00:48:39,750 --> 00:48:36,720

which is based on understanding your

1187

00:48:41,910 --> 00:48:39,760

partner style and what the pitfalls are

1188

00:48:44,390 --> 00:48:41,920

in communicating with that style what

1189

00:48:46,829 --> 00:48:44,400

the pitfalls are in communicating from

1190

00:48:49,829 --> 00:48:46,839

your own style and getting

1191

00:48:51,910 --> 00:48:49,839

yourself calm enough so that your

1192

00:48:54,150 --> 00:48:51,920

front brain is back online so that you

1193

00:48:57,829 --> 00:48:54,160

can use those maps and use them

1194

00:48:58,549 --> 00:48:57,839

effectively and that's that basically

1195

00:49:00,549 --> 00:48:58,559

when

1196

00:49:02,309 --> 00:49:00,559

we were writing the book we knew that we

1197

00:49:03,910 --> 00:49:02,319

had our own model that we developed over

1198

00:49:06,150 --> 00:49:03,920

the years that we wanted to teach about

1199

00:49:09,270 --> 00:49:06,160

how to work with energies but we also

1200

00:49:11,430 --> 00:49:09,280

knew that there has been so much has

1201
00:49:12,230 --> 00:49:11,440
been learned in the last 20 years

1202
00:49:24,069 --> 00:49:12,240
in

1203
00:49:24,950 --> 00:49:24,079
you

1204
00:49:25,910 --> 00:49:24,960
um

1205
00:49:28,829 --> 00:49:25,920
use

1206
00:49:32,390 --> 00:49:28,839
an imaging device like an

1207
00:49:34,390 --> 00:49:32,400
fmri or a pet scan or just simple

1208
00:49:36,549 --> 00:49:34,400
electrodes on the scalp

1209
00:49:37,430 --> 00:49:36,559
that when a couple is

1210
00:49:42,710 --> 00:49:37,440
new

1211
00:49:45,670 --> 00:49:42,720
very different pattern

1212
00:49:48,390 --> 00:49:45,680
than if it's a 30-year relationship that

1213
00:49:49,910 --> 00:49:48,400

is still deeply in love they're very

1214

00:49:52,230 --> 00:49:49,920

different parts of the brain are

1215

00:49:54,150 --> 00:49:52,240

activated when a person thinks about

1216

00:49:57,750 --> 00:49:54,160

their when they love

1217

00:50:00,549 --> 00:49:57,760

if someone has been jilted what happens

1218

00:50:03,030 --> 00:50:00,559

in the brain we know a lot about all of

1219

00:50:05,109 --> 00:50:03,040

this and so we wanted to incorporate

1220

00:50:07,349 --> 00:50:05,119

that we wanted to incorporate

1221

00:50:10,470 --> 00:50:07,359

the what's been learned in couples

1222

00:50:12,470 --> 00:50:10,480

therapy 50 years ago couples therapy was

1223

00:50:14,630 --> 00:50:12,480

basically treating

1224

00:50:17,030 --> 00:50:14,640

doing individual therapy with two people

1225

00:50:19,190 --> 00:50:17,040

in the same room

1226

00:50:21,270 --> 00:50:19,200

and that didn't work very well the the

1227

00:50:23,670 --> 00:50:21,280

research was not encouraging on that but

1228

00:50:25,030 --> 00:50:23,680

what we've learned is how to create

1229

00:50:27,589 --> 00:50:25,040

experiences

1230

00:50:29,430 --> 00:50:27,599

with two people in the same room that

1231

00:50:32,870 --> 00:50:29,440

really begin to shift the neural

1232

00:50:34,549 --> 00:50:32,880

pathways in their brains so that

1233

00:50:36,309 --> 00:50:34,559

so so we want to put

1234

00:50:39,670 --> 00:50:36,319

the book into

1235

00:50:42,309 --> 00:50:39,680

that context of how much is known now

1236

00:50:44,309 --> 00:50:42,319

about working with couples and we had an

1237

00:50:46,950 --> 00:50:44,319

overwhelming amount of information and

1238

00:50:48,710 --> 00:50:46,960

what we did was we realized that there

1239

00:50:49,829 --> 00:50:48,720

are really three

1240

00:50:53,349 --> 00:50:49,839

sections

1241

00:50:57,270 --> 00:50:53,359

three categories for understanding

1242

00:51:00,150 --> 00:50:57,280

how to work with yourself as a couple

1243

00:51:03,510 --> 00:51:00,160

and those three were

1244

00:51:04,950 --> 00:51:03,520

number one the inherited aspects of love

1245

00:51:08,309 --> 00:51:04,960

and that's what we've been talking about

1246

00:51:09,829 --> 00:51:08,319

because the these sense these energetic

1247

00:51:12,630 --> 00:51:09,839

stress styles

1248

00:51:15,510 --> 00:51:12,640

are inherited you you as we

1249

00:51:18,150 --> 00:51:15,520

saw with donna looking at newborn babies

1250

00:51:20,710 --> 00:51:18,160

that is there so that part of the book

1251
00:51:22,470 --> 00:51:20,720
is teaching people to how to understand

1252
00:51:25,430 --> 00:51:22,480
their own style understand their

1253
00:51:28,230 --> 00:51:25,440
partners it gives you a lot more empathy

1254
00:51:30,069 --> 00:51:28,240
a lot more empathy for yourself as well

1255
00:51:31,910 --> 00:51:30,079
as for your partner to really understand

1256
00:51:35,750 --> 00:51:31,920
that you're kind of this is how your

1257
00:51:37,430 --> 00:51:35,760
brain works this kind of how you respond

1258
00:51:39,990 --> 00:51:37,440
under stress and

1259
00:51:43,030 --> 00:51:40,000
to have ways then to

1260
00:51:45,030 --> 00:51:43,040
not only not judge your partner but also

1261
00:51:47,109 --> 00:51:45,040
to reach your partner so that's that's

1262
00:51:49,030 --> 00:51:47,119
the first part the second part

1263
00:51:51,030 --> 00:51:49,040

it so the first part is inherited

1264

00:51:54,069 --> 00:51:51,040

aspects of love the second is

1265

00:51:56,309 --> 00:51:54,079

learned aspects of love and the learned

1266

00:51:58,390 --> 00:51:56,319

aspects of love go all the way back to

1267

00:52:01,349 --> 00:51:58,400

the first days of life where

1268

00:52:04,230 --> 00:52:01,359

your relationship with your caregivers

1269

00:52:06,870 --> 00:52:04,240

is building neural networks that will

1270

00:52:09,589 --> 00:52:06,880

last for the rest of your life if

1271

00:52:11,190 --> 00:52:09,599

nothing comes along to change them in a

1272

00:52:13,270 --> 00:52:11,200

significant way so

1273

00:52:15,589 --> 00:52:13,280

how you

1274

00:52:17,750 --> 00:52:15,599

respond when you have a need that's not

1275

00:52:19,910 --> 00:52:17,760

met some people go into panic some

1276

00:52:21,670 --> 00:52:19,920

people get very creative to find out how

1277

00:52:23,829 --> 00:52:21,680

to uh

1278

00:52:26,309 --> 00:52:23,839

be with the people around them to learn

1279

00:52:29,349 --> 00:52:26,319

how to meet that need and so

1280

00:52:31,349 --> 00:52:29,359

these these basic patterns

1281

00:52:32,470 --> 00:52:31,359

are in

1282

00:52:34,470 --> 00:52:32,480

you know

1283

00:52:36,950 --> 00:52:34,480

learned early and

1284

00:52:39,190 --> 00:52:36,960

for most of humanity

1285

00:52:41,510 --> 00:52:39,200

they set the ceiling of how good of a

1286

00:52:44,630 --> 00:52:41,520

relationship you were likely to have as

1287

00:52:48,630 --> 00:52:44,640

an adult because you tended to find a

1288

00:52:50,549 --> 00:52:48,640

partner that is going to activate

1289

00:52:52,950 --> 00:52:50,559

whatever issues were not resolved from

1290

00:52:55,270 --> 00:52:52,960

your childhood it's it's almost magic

1291

00:52:56,230 --> 00:52:55,280

how that happens but every therapist

1292

00:52:58,630 --> 00:52:56,240

that i know

1293

00:53:01,510 --> 00:52:58,640

is able to give case after case where

1294

00:53:04,230 --> 00:53:01,520

they've seen that happen so people find

1295

00:53:06,470 --> 00:53:04,240

from across a crowded room just the

1296

00:53:10,230 --> 00:53:06,480

person that's going to push their

1297

00:53:11,910 --> 00:53:10,240

buttons and it it and and so

1298

00:53:14,390 --> 00:53:11,920

so they're so if they're if they don't

1299

00:53:16,549 --> 00:53:14,400

have the tools and skills

1300

00:53:19,670 --> 00:53:16,559

to really

1301

00:53:21,430 --> 00:53:19,680

heal what is from their past this just

1302

00:53:24,069 --> 00:53:21,440

becomes a source of tension in the

1303

00:53:27,990 --> 00:53:24,079

relationship but

1304

00:53:32,309 --> 00:53:28,000

what is new in the last 20 years is that

1305

00:53:35,349 --> 00:53:32,319

we really do have tools to change those

1306

00:53:36,150 --> 00:53:35,359

early patterns those deep learnings

1307

00:53:39,510 --> 00:53:36,160

and

1308

00:53:42,549 --> 00:53:39,520

the tools that i'm most fond of are

1309

00:53:45,109 --> 00:53:42,559

related to donna's uh work but they're a

1310

00:53:47,589 --> 00:53:45,119

little different she's uh her work is

1311

00:53:50,549 --> 00:53:47,599

energy medicine these tools come from

1312

00:53:52,309 --> 00:53:50,559

energy psychology which was the topic

1313

00:53:55,030 --> 00:53:52,319

reader that you and i talked about when

1314

00:53:56,630 --> 00:53:55,040

we when i was last on the show and

1315

00:53:59,750 --> 00:53:56,640

energy psychology

1316

00:54:01,430 --> 00:53:59,760

um eft emotional freedom techniques is

1317

00:54:03,990 --> 00:54:01,440

one form of it

1318

00:54:07,030 --> 00:54:04,000

can very quickly

1319

00:54:09,990 --> 00:54:07,040

uh you know speaking as a therapist

1320

00:54:11,190 --> 00:54:10,000

who i've been a therapist for 40 years

1321

00:54:13,430 --> 00:54:11,200

and

1322

00:54:15,349 --> 00:54:13,440

i i just watched all the innovations

1323

00:54:17,670 --> 00:54:15,359

that have come in and i haven't seen one

1324

00:54:19,270 --> 00:54:17,680

coming that's more effective for quickly

1325

00:54:22,710 --> 00:54:19,280

shifting deep

1326

00:54:23,589 --> 00:54:22,720

patterns that are are learned very early

1327

00:54:31,510 --> 00:54:23,599

so

1328

00:54:33,270 --> 00:54:31,520

partner can go to places that maybe your

1329

00:54:36,630 --> 00:54:33,280

parents were not able to go with one

1330

00:54:38,549 --> 00:54:36,640

another um of course of course sometimes

1331

00:54:42,069 --> 00:54:38,559

there's a chemistry where people are

1332

00:54:45,109 --> 00:54:42,079

able to do that without outside help and

1333

00:54:46,710 --> 00:54:45,119

but but for most people to have tools

1334

00:54:49,190 --> 00:54:46,720

that let them

1335

00:54:51,910 --> 00:54:49,200

change those deep patterns in a way that

1336

00:54:54,390 --> 00:54:51,920

supports the relationship makes all the

1337

00:54:56,470 --> 00:54:54,400

difference in the world so that's the

1338

00:54:59,349 --> 00:54:56,480

second part of the book is

1339

00:55:00,470 --> 00:54:59,359

the learned aspects of love and how to

1340

00:55:02,710 --> 00:55:00,480

shift them

1341

00:55:04,309 --> 00:55:02,720

and then the third part of the book

1342

00:55:07,990 --> 00:55:04,319

is called

1343

00:55:10,150 --> 00:55:08,000

mutually created aspects of love that is

1344

00:55:11,670 --> 00:55:10,160

you come into the relationship with what

1345

00:55:14,230 --> 00:55:11,680

you've inherited and how you've learned

1346

00:55:16,789 --> 00:55:14,240

to work with it you come in with what

1347

00:55:18,789 --> 00:55:16,799

you have learned and how much you have

1348

00:55:20,390 --> 00:55:18,799

or haven't transformed it and you're

1349

00:55:23,510 --> 00:55:20,400

facing your partner

1350

00:55:25,829 --> 00:55:23,520

and you are about to go on an adventure

1351
00:55:28,309 --> 00:55:25,839
that no one in history has ever gone on

1352
00:55:31,270 --> 00:55:28,319
you're about to create a relationship

1353
00:55:33,349 --> 00:55:31,280
that is new on the planet and

1354
00:55:34,390 --> 00:55:33,359
there are a variety of things that you

1355
00:55:37,109 --> 00:55:34,400
can do

1356
00:55:40,150 --> 00:55:37,119
to make that a more exciting and

1357
00:55:41,829 --> 00:55:40,160
fulfilling journey and certainly the

1358
00:55:44,230 --> 00:55:41,839
material in the first two parts of the

1359
00:55:46,630 --> 00:55:44,240
book are basics that you can do but you

1360
00:55:47,670 --> 00:55:46,640
all the three sections in that book are

1361
00:55:50,470 --> 00:55:47,680
called

1362
00:55:51,589 --> 00:55:50,480
sex is nature's energy medicine for

1363
00:55:53,990 --> 00:55:51,599

couples

1364

00:55:57,589 --> 00:55:54,000

and that is recognizing how important

1365

00:55:59,829 --> 00:55:57,599

physical contact is many couples after

1366

00:56:01,349 --> 00:55:59,839

a decade or two decades or three decades

1367

00:56:04,630 --> 00:56:01,359

don't touch as much

1368

00:56:06,069 --> 00:56:04,640

and yet a seven second hug

1369

00:56:09,990 --> 00:56:06,079

actually gets

1370

00:56:12,150 --> 00:56:10,000

serotonin and oxytocin going enough that

1371

00:56:14,870 --> 00:56:12,160

it starts to build more of a bond

1372

00:56:16,390 --> 00:56:14,880

between you so just simply hugging

1373

00:56:18,390 --> 00:56:16,400

on a regular basis

1374

00:56:22,069 --> 00:56:18,400

is energetically feeding the

1375

00:56:25,510 --> 00:56:22,079

relationship and we go into the ways

1376

00:56:26,390 --> 00:56:25,520

that the sexual relationship can be kept

1377

00:56:28,710 --> 00:56:26,400

hot

1378

00:56:31,109 --> 00:56:28,720

over the years how how can be kept

1379

00:56:32,630 --> 00:56:31,119

exciting and it's very different

1380

00:56:34,549 --> 00:56:32,640

principles than early in the

1381

00:56:35,670 --> 00:56:34,559

relationship as the relationship has

1382

00:56:38,789 --> 00:56:35,680

matured

1383

00:56:40,230 --> 00:56:38,799

the second chapter in that section is

1384

00:56:42,549 --> 00:56:40,240

understanding

1385

00:56:46,150 --> 00:56:44,549

love can be more conscious or less

1386

00:56:49,670 --> 00:56:46,160

conscious it's called

1387

00:56:52,069 --> 00:56:49,680

love as a conscious partnership and

1388

00:56:54,150 --> 00:56:52,079

conscious as opposed to what

1389

00:56:55,270 --> 00:56:54,160

as opposed to unconscious partnership

1390

00:57:00,789 --> 00:56:55,280

yes

1391

00:57:02,549 --> 00:57:00,799

see you guys need to come on for two

1392

00:57:03,750 --> 00:57:02,559

hours the next time because we have

1393

00:57:04,549 --> 00:57:03,760

three minutes

1394

00:57:06,950 --> 00:57:04,559

three

1395

00:57:09,349 --> 00:57:06,960

little stinky minutes we can finish up

1396

00:57:11,430 --> 00:57:09,359

really fast so that okay so so bringing

1397

00:57:14,150 --> 00:57:11,440

making the relationship conscious and

1398

00:57:16,470 --> 00:57:14,160

then the last chapter is the spiritual

1399

00:57:18,470 --> 00:57:16,480

dimensions of a relationship

1400

00:57:21,910 --> 00:57:18,480

all of that can be

1401

00:57:23,670 --> 00:57:21,920

really cultivated and that's that's and

1402

00:57:25,349 --> 00:57:23,680

can be cultivated with energy techniques

1403

00:57:27,430 --> 00:57:25,359

and with also being aware that you want

1404

00:57:30,470 --> 00:57:27,440

to cultivate it so those those are the

1405

00:57:32,710 --> 00:57:30,480

three parts of the book and um the the

1406

00:57:34,789 --> 00:57:32,720

learned as the inherited aspects the

1407

00:57:37,109 --> 00:57:34,799

learned aspects and the mutually created

1408

00:57:38,870 --> 00:57:37,119

aspects of love and there's a lot that

1409

00:57:42,870 --> 00:57:38,880

you can do with each of them

1410

00:57:42,880 --> 00:57:49,190

okay

1411

00:57:51,910 --> 00:57:50,309

so

1412

00:57:54,309 --> 00:57:51,920

in these last minutes maybe we'll just

1413

00:57:56,390 --> 00:57:54,319

tell people a little bit about um how to

1414

00:57:57,750 --> 00:57:56,400

learn more if they want to we have that

1415

00:58:00,069 --> 00:57:57,760

would be great are you teaching any

1416

00:58:03,030 --> 00:58:00,079

classes on this topic

1417

00:58:05,829 --> 00:58:03,040

we are but um that you can see what

1418

00:58:09,589 --> 00:58:05,839

we're doing on our website the next one

1419

00:58:12,069 --> 00:58:09,599

um isn't for um several is until next

1420

00:58:16,069 --> 00:58:12,079

october that we're doing a really longer

1421

00:58:19,510 --> 00:58:16,079

one on the topic um but our website

1422

00:58:21,990 --> 00:58:19,520

keeps shows what we're up to and

1423

00:58:24,549 --> 00:58:22,000

um also there's there are classes that

1424

00:58:28,190 --> 00:58:24,559

are on videotape that people can get so

1425

00:58:32,230 --> 00:58:28,200

um if they will go to

1426

00:58:34,549 --> 00:58:32,240

www.theenergiesoflove.com

1427

00:58:37,270 --> 00:58:34,559

theenergiesoflove.com

1428

00:58:40,150 --> 00:58:37,280

there's a lot of information about the

1429

00:58:42,309 --> 00:58:40,160

book there's information about

1430

00:58:45,270 --> 00:58:42,319

the different video classes and then

1431

00:58:47,230 --> 00:58:45,280

from there you can also get to our main

1432

00:58:48,789 --> 00:58:47,240

website which is learn

1433

00:58:51,829 --> 00:58:48,799

energymedicine.com

1434

00:58:55,430 --> 00:58:51,839

and um so that's those are the places

1435

00:58:57,270 --> 00:58:55,440

that people can really find out a lot of

1436

00:58:59,190 --> 00:58:57,280

information about the resources that we

1437

00:59:02,069 --> 00:58:59,200

have to offer and what i want to say

1438

00:59:04,069 --> 00:59:02,079

real quick is that it may have sounded

1439

00:59:07,430 --> 00:59:04,079

like well there's an awful lot of work

1440

00:59:10,230 --> 00:59:07,440

to do the truth is it it

1441

00:59:12,870 --> 00:59:10,240

it gets easier and easier and easier so

1442

00:59:14,870 --> 00:59:12,880

that life is easier you know you you

1443

00:59:17,030 --> 00:59:14,880

find that you can be true to your own

1444

00:59:19,829 --> 00:59:17,040

rhythm and that rhythm is true to your

1445

00:59:22,710 --> 00:59:19,839

partner's rhythm too and you just get

1446

00:59:25,349 --> 00:59:22,720

healthier you get more vital it gets

1447

00:59:27,829 --> 00:59:25,359

easier it gets so much easier the other

1448

00:59:30,150 --> 00:59:27,839

side of that is that there's a lot of

1449

00:59:32,950 --> 00:59:30,160

work to do if you don't use

1450

00:59:34,470 --> 00:59:32,960

wise techniques with each other

1451

00:59:36,870 --> 00:59:34,480

because that's hard work that's hard

1452

00:59:39,510 --> 00:59:36,880

work and that's not any fun but life is

1453

00:59:42,309 --> 00:59:39,520

a lot better when you

1454

00:59:45,190 --> 00:59:42,319

engage the energy systems in your body

1455

00:59:47,829 --> 00:59:45,200

to make your life better

1456

00:59:48,950 --> 00:59:47,839

well okay we are going to end on that

1457

00:59:50,870 --> 00:59:48,960

note

1458

00:59:51,670 --> 00:59:50,880

thank you so much for coming on to the

1459

00:59:54,069 --> 00:59:51,680

show

1460

00:59:56,630 --> 00:59:54,079

and i look forward to having you back on

1461

01:00:00,470 --> 00:59:56,640

okay thank you it's great to be on your

1462

01:00:02,630 --> 01:00:00,480

show again yeah all right bye guys bye

1463

01:00:05,510 --> 01:00:02,640

that's donna eden and david feinstein

1464

01:00:08,230 --> 01:00:05,520

their book is the energy of love uh

1465

01:00:09,910 --> 01:00:08,240

their web page is uh the

1466

01:00:13,430 --> 01:00:09,920

energyoflove.com

1467

01:00:14,789 --> 01:00:13,440

as well as innersource.net

1468

01:00:17,750 --> 01:00:14,799

and we'll be back

1469

01:00:20,789 --> 01:00:17,760

the energies of love the energies the

1470

01:00:22,950 --> 01:00:20,799

energies of love.com

1471

01:00:34,230 --> 01:00:22,960

and we'll be back after these words from

1472

01:00:40,710 --> 01:00:36,789

you're listening to irn

1473

01:00:49,030 --> 01:00:40,720

the inception radio network chicago

1474

01:00:53,349 --> 01:00:50,710

are you looking for a cure for boredom

1475

01:00:55,510 --> 01:00:53,359

never worry irn's new interactive

1476
01:00:57,030 --> 01:00:55,520
website introduces a number of ways to

1477
01:00:58,470 --> 01:00:57,040
pass time while you listen to your

1478
01:01:01,190 --> 01:00:58,480
favorite show

1479
01:01:03,910 --> 01:01:01,200
choose anything from the irn chat lounge

1480
01:01:06,470 --> 01:01:03,920
the game lounge video lounge or the mood

1481
01:01:08,069 --> 01:01:06,480
lounge these fun exciting features let

1482
01:01:10,549 --> 01:01:08,079
you chat in real time with fellow

1483
01:01:13,190 --> 01:01:10,559
listeners view live sky watches play

1484
01:01:15,430 --> 01:01:13,200
daily posted online games or pick a show

1485
01:01:17,190 --> 01:01:15,440
based on topic the choices are endless

1486
01:01:19,270 --> 01:01:17,200
use your time wisely

1487
01:01:21,270 --> 01:01:19,280
keeping it all on irn

1488
01:01:23,510 --> 01:01:21,280

who are the gods of antiquity they've

1489

01:01:25,829 --> 01:01:23,520

been described as the forces of nature

1490

01:01:26,950 --> 01:01:25,839

levels of consciousness and aspects of

1491

01:01:28,710 --> 01:01:26,960

our psyche

1492

01:01:30,870 --> 01:01:28,720

stories that depict their incredible

1493

01:01:33,109 --> 01:01:30,880

weapons their flying machines and their

1494

01:01:34,950 --> 01:01:33,119

amazing adventures are characterized as

1495

01:01:37,030 --> 01:01:34,960

being the product of our ancestors

1496

01:01:39,829 --> 01:01:37,040

fanciful imaginations

1497

01:01:41,910 --> 01:01:39,839

but what if the tales of gods are true

1498

01:01:44,390 --> 01:01:41,920

did the writers chroniclers and scribes

1499

01:01:46,630 --> 01:01:44,400

of our distant past actually document a

1500

01:01:48,630 --> 01:01:46,640

realistic view of our origin

1501
01:01:50,710 --> 01:01:48,640
my latest book man-made the chronicles

1502
01:01:52,549 --> 01:01:50,720
of our extraterrestrial gods looks at

1503
01:01:54,630 --> 01:01:52,559
our most ancient legends

1504
01:01:57,109 --> 01:01:54,640
learn of the torrid romance's elaborate

1505
01:01:59,109 --> 01:01:57,119
plots violent scandals and conspiracies

1506
01:02:01,190 --> 01:01:59,119
that played out in antiquity

1507
01:02:03,589 --> 01:02:01,200
find out the role the gods played in the

1508
01:02:05,349 --> 01:02:03,599
life and culture we have today

1509
01:02:07,829 --> 01:02:05,359
if you want to find out the truth of who

1510
01:02:10,150 --> 01:02:07,839
we are and where we come from order your

1511
01:02:11,430 --> 01:02:10,160
copy of man-made today for more

1512
01:02:15,510 --> 01:02:11,440
information go to

1513
01:02:18,950 --> 01:02:18,950

that's

1514

01:02:18,960 --> 01:02:21,270

dot www.manmadethechronicles.com

1515

01:02:26,150 --> 01:02:23,750

hello inception radio network listeners

1516

01:02:28,630 --> 01:02:26,160

this is amanda remember you can take

1517

01:02:30,230 --> 01:02:28,640

your inception radio shows on the go

1518

01:02:33,270 --> 01:02:30,240

just download the inception radio

1519

01:02:35,430 --> 01:02:33,280

network app for your iphone ipad or

1520

01:02:37,829 --> 01:02:35,440

android smartphones and access

1521

01:02:40,390 --> 01:02:37,839

live shows past shows guest lineups and

1522

01:02:42,230 --> 01:02:40,400

much more just visit the itunes store or

1523

01:02:49,190 --> 01:02:42,240

the google play marketplace and download

1524

01:02:53,190 --> 01:02:51,190

move past the crossroads in your life

1525

01:02:55,990 --> 01:02:53,200

and discover alternative solutions to

1526

01:02:57,910 --> 01:02:56,000

your deepest concerns at soulhealer.com

1527

01:03:00,069 --> 01:02:57,920

so whether it's a physical problem an

1528

01:03:01,910 --> 01:03:00,079

emotional issue a question about work or

1529

01:03:04,630 --> 01:03:01,920

troubles in your relationships

1530

01:03:07,430 --> 01:03:04,640

naturopath and medical intuitive dr rita

1531

01:03:10,069 --> 01:03:07,440

louise can help you bring peace harmony

1532

01:03:12,870 --> 01:03:10,079

and health back into your life schedule

1533

01:03:14,549 --> 01:03:12,880

a session today visit soulhealer.com

1534

01:03:16,230 --> 01:03:14,559

right away and live the life you've been

1535

01:03:17,430 --> 01:03:16,240

dreaming

1536

01:03:19,430 --> 01:03:17,440

you didn't forget what's coming up

1537

01:03:21,589 --> 01:03:19,440

tonight did you hi inception radio

1538

01:03:23,029 --> 01:03:21,599

network listeners this is amanda never

1539

01:03:24,630 --> 01:03:23,039

miss that interview you were looking

1540

01:03:28,390 --> 01:03:24,640

forward to or the show on your favorite

1541

01:03:30,789 --> 01:03:28,400

topic follow irn on twitter i underscore

1542

01:03:32,870 --> 01:03:30,799

our underscore n and get reminders about

1543

01:03:34,390 --> 01:03:32,880

the evening's live shows as well as fun

1544

01:03:37,430 --> 01:03:34,400

and important updates throughout the

1545

01:03:46,950 --> 01:03:37,440

week that's i underscore our underscore

1546

01:03:50,470 --> 01:03:48,710

we only have a couple of seconds before

1547

01:03:52,470 --> 01:03:50,480

we have to get back to the show and i

1548

01:03:55,349 --> 01:03:52,480

want to tell you how you can jump start

1549

01:03:57,990 --> 01:03:55,359

your intuition today using my free

1550

01:03:59,829 --> 01:03:58,000

50-page introductory guide filled with

1551

01:04:02,309 --> 01:03:59,839

simple revolutionary and proven

1552

01:04:04,710 --> 01:04:02,319

techniques you can ignite your intuition

1553

01:04:07,510 --> 01:04:04,720

and tap into your inner wisdom all from

1554

01:04:09,750 --> 01:04:07,520

the comfort of your own home

1555

01:04:11,750 --> 01:04:09,760

the institute of applied energetics is

1556

01:04:13,589 --> 01:04:11,760

the leader in online home study

1557

01:04:16,309 --> 01:04:13,599

instruction for those interested in

1558

01:04:18,789 --> 01:04:16,319

becoming a certified medical intuitive

1559

01:04:20,390 --> 01:04:18,799

intuitive counselor or energy medicine

1560

01:04:22,549 --> 01:04:20,400

practitioner

1561

01:04:25,349 --> 01:04:22,559

now is the time to transform your life

1562

01:04:28,150 --> 01:04:25,359

and take it to a completely new level

1563

01:04:30,390 --> 01:04:28,160

discover who you are and how you work

1564

01:04:32,390 --> 01:04:30,400

open the door to the world of intuition

1565

01:04:34,390 --> 01:04:32,400

health and healing

1566

01:04:39,270 --> 01:04:34,400

you can jump start your intuition right

1567

01:04:42,630 --> 01:04:39,990

dot www.appliedenergeticsinstitute.com

1568

01:04:44,710 --> 01:04:42,640

and downloading our free guide

1569

01:04:47,270 --> 01:04:44,720

get the opportunity of a lifetime and

1570

01:04:49,029 --> 01:04:47,280

live the life you deserve

1571

01:04:52,549 --> 01:04:49,039

download your free jumpstart your

1572

01:04:55,589 --> 01:04:52,559

intuition guide today at [www dot appliedenergeticsinstitute.com](http://www.appliedenergeticsinstitute.com)

1573

01:04:57,990 --> 01:04:55,599

energetics institute dot com and begin

1574

01:05:05,670 --> 01:04:58,000

living a life filled with passion and

1575

01:05:09,430 --> 01:05:07,589

don't have a computer is your internet

1576

01:05:11,109 --> 01:05:09,440

connection down don't worry use your

1577

01:05:13,630 --> 01:05:11,119

trusty cell phone or landline and call

1578

01:05:15,750 --> 01:05:13,640

into our listing line at 401

1579

01:05:18,390 --> 01:05:15,760

283-6700 to listen to the inception

1580

01:05:22,390 --> 01:05:18,400

radio network 24 7. again that call-in

1581

01:05:22,400 --> 01:05:28,309

for the inception radio network i am mj

1582

01:05:32,870 --> 01:05:30,870

go deep inside yourself and venture into

1583

01:05:35,430 --> 01:05:32,880

the realm of the unconscious mind with

1584

01:05:38,150 --> 01:05:35,440

my meditating on the kabbalah guided

1585

01:05:40,150 --> 01:05:38,160

imagery audio cds

1586

01:05:41,430 --> 01:05:40,160

discover who you are and what you want

1587

01:05:43,349 --> 01:05:41,440

in life

1588

01:05:46,150 --> 01:05:43,359

meditating on the kabbalah can help you

1589

01:05:49,349 --> 01:05:46,160

to open clear and revitalize the

1590

01:05:51,190 --> 01:05:49,359

energetic pathways of your subtle being

1591

01:05:53,270 --> 01:05:51,200

they will support you in your spiritual

1592

01:05:55,829 --> 01:05:53,280

quest by helping you to access the

1593

01:05:58,390 --> 01:05:55,839

profound insights and inner guidance you

1594

01:06:00,069 --> 01:05:58,400

need as you work in alignment with your

1595

01:06:01,990 --> 01:06:00,079

highest good

1596

01:06:04,710 --> 01:06:02,000

let them help you to release negative

1597

01:06:06,870 --> 01:06:04,720

thoughts and emotions and clear away any

1598

01:06:10,069 --> 01:06:06,880

limitations that may be keeping you from

1599

01:06:12,710 --> 01:06:10,079

experiencing your full potential

1600

01:06:15,109 --> 01:06:12,720

walk down the path to health healing

1601
01:06:17,190 --> 01:06:15,119
understanding and enlightenment with

1602
01:06:19,029 --> 01:06:17,200
meditating on the kabbalah

1603
01:06:22,150 --> 01:06:19,039
order your copy today at

1604
01:06:22,160 --> 01:06:34,789
that's right that's www.soulhealer.com

1605
01:06:39,109 --> 01:06:37,349
hello inception radio network would you

1606
01:06:41,430 --> 01:06:39,119
like your favorite show to be played

1607
01:06:43,990 --> 01:06:41,440
again live on air well now the choice is

1608
01:06:45,990 --> 01:06:44,000
in your hands with irn's live request

1609
01:06:49,029 --> 01:06:46,000
portal an easy way to request your

1610
01:06:50,710 --> 01:06:49,039
favorite show with a simple click irn's

1611
01:06:53,510 --> 01:06:50,720
live request portal now gives you

1612
01:06:56,069 --> 01:06:53,520
exclusive access to all the shows how

1613
01:06:58,549 --> 01:06:56,079

easy is it simply type a show name or a

1614

01:07:01,190 --> 01:06:58,559

guest name click request even write a

1615

01:07:02,069 --> 01:07:01,200

dedication message and that's it try it

1616

01:07:04,069 --> 01:07:02,079

now simply visit

1617

01:07:06,309 --> 01:07:04,079

inceptionradionetwork.com

1618

01:07:07,670 --> 01:07:06,319

click on the live request tab under the

1619

01:07:09,430 --> 01:07:07,680

show menu

1620

01:07:18,789 --> 01:07:09,440

now playing your favorite show is just a

1621

01:07:30,150 --> 01:07:21,510

and now back to just energy radio with

1622

01:07:33,910 --> 01:07:32,069

hello and welcome back to just energy

1623

01:07:35,589 --> 01:07:33,920

radio i'm your host dr rita louise and

1624

01:07:36,950 --> 01:07:35,599

thank you all for staying tuned to this

1625

01:07:38,789 --> 01:07:36,960

hour of the show

1626

01:07:40,630 --> 01:07:38,799

just energy radio is brought to you by

1627

01:07:44,390 --> 01:07:40,640

the institute of applied energetics

1628

01:07:48,230 --> 01:07:46,789

as well as soulhealer.com where you can

1629

01:07:50,549 --> 01:07:48,240

find out about all the products and

1630

01:07:54,150 --> 01:07:50,559

services i offer including medical

1631

01:07:56,230 --> 01:07:54,160

intuition evaluations energy healings or

1632

01:07:58,230 --> 01:07:56,240

psychic reading so please do go check

1633

01:08:00,789 --> 01:07:58,240

out the website sign up for our

1634

01:08:02,710 --> 01:08:00,799

newsletter or if you listen to the show

1635

01:08:03,670 --> 01:08:02,720

on youtube please do

1636

01:08:06,309 --> 01:08:03,680

uh

1637

01:08:08,470 --> 01:08:06,319

subscribe to our youtube channel and

1638

01:08:09,990 --> 01:08:08,480

show your support

1639

01:08:12,069 --> 01:08:10,000

in this hour we're going to be speaking

1640

01:08:15,029 --> 01:08:12,079

with jim morris about his book our

1641

01:08:18,390 --> 01:08:15,039

occulted history do the global elite

1642

01:08:19,990 --> 01:08:18,400

conceal ancient aliens

1643

01:08:21,829 --> 01:08:20,000

let me tell you a little bit about jim

1644

01:08:24,870 --> 01:08:21,839

and get him on the air

1645

01:08:25,990 --> 01:08:24,880

jim mars is an award-winning journalist

1646

01:08:28,149 --> 01:08:26,000

and author

1647

01:08:30,789 --> 01:08:28,159

after graduating from the university of

1648

01:08:33,510 --> 01:08:30,799

north texas with a degree in journalism

1649

01:08:35,590 --> 01:08:33,520

mars worked for and owned several texas

1650

01:08:38,709 --> 01:08:35,600

newspapers before becoming an

1651
01:08:40,229 --> 01:08:38,719
independent journalist author mars is

1652
01:08:43,110 --> 01:08:40,239
the author of the new york times

1653
01:08:44,709 --> 01:08:43,120
bestseller crossfire the plot that

1654
01:08:47,910 --> 01:08:44,719
killed kennedy

1655
01:08:50,709 --> 01:08:47,920
the basis for the oliver stone film jfk

1656
01:08:52,709 --> 01:08:50,719
and rules ruled by secrecy

1657
01:08:54,789 --> 01:08:52,719
his in-depth interview of the ufo

1658
01:08:57,510 --> 01:08:54,799
phenomena alien agenda is the

1659
01:08:59,590 --> 01:08:57,520
best-selling non-fiction book on ufos in

1660
01:09:01,590 --> 01:08:59,600
the world having been translated into

1661
01:09:03,910 --> 01:09:01,600
several foreign languages he is a

1662
01:09:05,590 --> 01:09:03,920
frequent guest on several nationwide

1663
01:09:07,829 --> 01:09:05,600

radio shows

1664

01:09:11,189 --> 01:09:07,839

talk show programs and television

1665

01:09:12,870 --> 01:09:11,199

programs a person everyone knows

1666

01:09:15,110 --> 01:09:12,880

jim marsh so

1667

01:09:17,349 --> 01:09:15,120

please welcome to just energy radio jim

1668

01:09:19,590 --> 01:09:17,359

mars hey jim how are you doing

1669

01:09:21,669 --> 01:09:19,600

well i'm doing pretty tolerable there dr

1670

01:09:24,630 --> 01:09:21,679

rita thanks a lot dude

1671

01:09:26,390 --> 01:09:24,640

tolerable just tolerable

1672

01:09:28,709 --> 01:09:26,400

oh okay

1673

01:09:30,630 --> 01:09:28,719

it's not great but it's better than the

1674

01:09:32,149 --> 01:09:30,640

alternative

1675

01:09:33,030 --> 01:09:32,159

okay i hear that

1676

01:09:34,709 --> 01:09:33,040

um

1677

01:09:37,910 --> 01:09:34,719

so we're going to talk about your book

1678

01:09:39,990 --> 01:09:37,920

but i have a follow-up question for you

1679

01:09:41,269 --> 01:09:40,000

from when you were on the last time and

1680

01:09:44,309 --> 01:09:41,279

i think we were talking about your

1681

01:09:47,510 --> 01:09:44,319

trillion dollar conspiracy book because

1682

01:09:49,990 --> 01:09:47,520

this has not left my mind and i haven't

1683

01:09:51,829 --> 01:09:50,000

had an opportunity to chit chat with you

1684

01:09:53,669 --> 01:09:51,839

and i'm like well i got you on air and i

1685

01:09:57,669 --> 01:09:53,679

think it would be interesting for the

1686

01:10:00,830 --> 01:09:57,679

listeners well as we as we say in the uh

1687

01:10:02,790 --> 01:10:00,840

jfk assassination research community

1688

01:10:05,750 --> 01:10:02,800

shoot

1689

01:10:07,030 --> 01:10:05,760

oh you're on a roll tonight i can tell i

1690

01:10:09,110 --> 01:10:07,040

can tell

1691

01:10:11,510 --> 01:10:09,120

um but one of the things that you and

1692

01:10:13,990 --> 01:10:11,520

i'm gonna say stated but i'm totally

1693

01:10:16,390 --> 01:10:14,000

paraphrasing this and i don't exactly

1694

01:10:18,070 --> 01:10:16,400

remember the context

1695

01:10:20,070 --> 01:10:18,080

and i don't know what i'm talking about

1696

01:10:21,030 --> 01:10:20,080

but i'm throwing it out there anyway

1697

01:10:23,350 --> 01:10:21,040

um

1698

01:10:26,229 --> 01:10:23,360

but you said it's good my answer seemed

1699

01:10:28,470 --> 01:10:26,239

very very urinating okay but you said

1700

01:10:30,870 --> 01:10:28,480

something to the effect that inflation

1701

01:10:33,430 --> 01:10:30,880

wasn't going to occur in our future

1702

01:10:36,149 --> 01:10:33,440

because of the value of the dollar

1703

01:10:38,070 --> 01:10:36,159

but because of scarcity

1704

01:10:40,229 --> 01:10:38,080

and with all the issues going on on the

1705

01:10:42,630 --> 01:10:40,239

planet right now for example the drought

1706

01:10:45,830 --> 01:10:42,640

conditions in california and around the

1707

01:10:47,990 --> 01:10:45,840

world do you see this still happening

1708

01:10:51,030 --> 01:10:48,000

and at what scale

1709

01:10:53,030 --> 01:10:51,040

oh yes in fact i'll tell you one of the

1710

01:10:55,189 --> 01:10:53,040

points that's pointing to that that's

1711

01:10:57,590 --> 01:10:55,199

they're trying to slip through on us

1712

01:10:59,830 --> 01:10:57,600

without any uh everybody really noticing

1713

01:11:02,470 --> 01:10:59,840

what's happening is this uh

1714

01:11:04,470 --> 01:11:02,480

trans-pacific partnership

1715

01:11:06,790 --> 01:11:04,480

that's being fast-tracked through

1716

01:11:08,709 --> 01:11:06,800

congress which uh and pushed along by

1717

01:11:10,709 --> 01:11:08,719

president obama

1718

01:11:12,950 --> 01:11:10,719

that nobody really accepts some of the

1719

01:11:15,830 --> 01:11:12,960

major multinational corporations have

1720

01:11:18,070 --> 01:11:15,840

really had a chance to study or vote on

1721

01:11:19,910 --> 01:11:18,080

or figure out what's in it

1722

01:11:21,510 --> 01:11:19,920

and it's going to bring even more and

1723

01:11:24,149 --> 01:11:21,520

tighter control

1724

01:11:25,910 --> 01:11:24,159

over all kinds of things including

1725

01:11:27,669 --> 01:11:25,920

food supplies

1726

01:11:30,709 --> 01:11:27,679

under these giant multinational

1727

01:11:33,669 --> 01:11:30,719

corporations it's kind of NAFTA on

1728

01:11:35,110 --> 01:11:33,679

steroids and but nobody much seems to be

1729

01:11:38,950 --> 01:11:35,120

talking about it particularly the

1730

01:11:43,669 --> 01:11:40,550

and

1731

01:11:45,270 --> 01:11:43,679

can you explain what the impact would be

1732

01:11:47,110 --> 01:11:45,280

i would i would assume that there would

1733

01:11:49,350 --> 01:11:47,120

be free trade

1734

01:11:51,430 --> 01:11:49,360

going around except of course we would

1735

01:11:53,189 --> 01:11:51,440

let everybody have our stuff for free

1736

01:11:55,189 --> 01:11:53,199

and then we would have to pay taxes on

1737

01:11:57,750 --> 01:11:55,199

everything that they have right right

1738

01:12:00,149 --> 01:11:57,760

there's that plus it's it's gonna it's a

1739

01:12:02,310 --> 01:12:00,159

it's going to give the multinational

1740

01:12:04,790 --> 01:12:02,320

corporations the big guys more and more

1741

01:12:07,030 --> 01:12:04,800

clout as if they need more i mean

1742

01:12:09,350 --> 01:12:07,040

spreading courts already said that they

1743

01:12:11,750 --> 01:12:09,360

can be counted like individuals and can

1744

01:12:13,910 --> 01:12:11,760

give all the campaign money that they

1745

01:12:16,070 --> 01:12:13,920

want to with no particular record of

1746

01:12:18,709 --> 01:12:16,080

who's getting it and how much

1747

01:12:20,870 --> 01:12:18,719

so uh you know this oligarchy that we're

1748

01:12:24,550 --> 01:12:20,880

putting into place is just getting more

1749

01:12:26,870 --> 01:12:24,560

and more uh solidified

1750

01:12:28,470 --> 01:12:26,880

would that mean that these corporations

1751

01:12:30,870 --> 01:12:28,480

would be able to and i'm going to say

1752

01:12:33,590 --> 01:12:30,880

divert their

1753

01:12:36,070 --> 01:12:33,600

goods to places that they want them to

1754

01:12:38,310 --> 01:12:36,080

go and so if they're not liking the

1755

01:12:40,550 --> 01:12:38,320

united states for some reason they would

1756

01:12:43,110 --> 01:12:40,560

just send their stuff to china or send

1757

01:12:44,550 --> 01:12:43,120

it to russia or wherever they felt like

1758

01:12:46,149 --> 01:12:44,560

it kind of well

1759

01:12:48,229 --> 01:12:46,159

they're already

1760

01:12:50,229 --> 01:12:48,239

tilting the balance to where

1761

01:12:51,110 --> 01:12:50,239

you know the united states is no longer

1762

01:13:13,350 --> 01:12:51,120

a

1763

01:13:16,149 --> 01:13:13,360

uh here in this country uh it's not

1764

01:13:19,270 --> 01:13:16,159

doing uh the american public

1765

01:13:21,270 --> 01:13:19,280

any particular good uh and when they get

1766

01:13:24,310 --> 01:13:21,280

this thing all tied up it'll probably

1767

01:13:25,669 --> 01:13:24,320

mean increases in the cost of

1768

01:13:28,950 --> 01:13:25,679

goods and

1769

01:13:33,830 --> 01:13:31,510

okay so there's that part and the reason

1770

01:13:36,470 --> 01:13:33,840

i'm asking was asking there's all this

1771

01:13:39,030 --> 01:13:36,480

drought stuff that happened then they

1772

01:13:41,830 --> 01:13:39,040

were killing cows and pigs and the

1773

01:13:43,110 --> 01:13:41,840

almond orchards weren't producing and

1774

01:13:44,870 --> 01:13:43,120

there wasn't

1775

01:13:46,709 --> 01:13:44,880

i mean it just seemed like just the

1776

01:13:47,830 --> 01:13:46,719

drought just taking that one little

1777

01:13:49,830 --> 01:13:47,840

piece

1778

01:13:51,750 --> 01:13:49,840

means that next year

1779

01:13:52,790 --> 01:13:51,760

you know the food supply in the united

1780

01:13:54,229 --> 01:13:52,800

states

1781

01:13:57,270 --> 01:13:54,239

is going to be

1782

01:13:59,350 --> 01:13:57,280

really limited or much more limited than

1783

01:14:01,430 --> 01:13:59,360

it has been in the past as well

1784

01:14:03,030 --> 01:14:01,440

well there's a lot of problems going on

1785

01:14:05,350 --> 01:14:03,040

that are not being talked about in the

1786

01:14:06,709 --> 01:14:05,360

media they'd rather talk about ferguson

1787

01:14:09,910 --> 01:14:06,719

or or

1788

01:14:12,550 --> 01:14:09,920

the latest celebrity news uh fukushima

1789

01:14:16,630 --> 01:14:12,560

is still gushing on radiation

1790

01:14:19,270 --> 01:14:16,640

the pacific is uh becoming a dead sea uh

1791

01:14:22,870 --> 01:14:19,280

they actually the the oil spill in the

1792

01:14:25,110 --> 01:14:22,880

gulf has never completely been uh

1793

01:14:27,030 --> 01:14:25,120

cleaned up or even stopped they just

1794

01:14:28,870 --> 01:14:27,040

keep they're still spraying corrects it

1795

01:14:31,189 --> 01:14:28,880

down there and dumping all that oil down

1796

01:14:33,430 --> 01:14:31,199

towards the bottom of the caribbean and

1797

01:14:36,310 --> 01:14:33,440

it's becoming the gulf of mexico and

1798

01:14:38,550 --> 01:14:36,320

it's becoming a dead body of water too

1799

01:14:40,790 --> 01:14:38,560

pretty much like the mediterranean and

1800

01:14:42,950 --> 01:14:40,800

so and then water of course is getting

1801
01:14:45,189 --> 01:14:42,960
more and more scarce anyway california

1802
01:14:46,870 --> 01:14:45,199
as you say is experiencing drought

1803
01:14:49,350 --> 01:14:46,880
conditions and what a lot of people are

1804
01:14:51,669 --> 01:14:49,360
not being told is that they're already

1805
01:14:54,950 --> 01:14:51,679
in critical situation because they're

1806
01:14:57,030 --> 01:14:54,960
already using some of their uh reserve

1807
01:14:59,350 --> 01:14:57,040
aquifers and which are going down and

1808
01:15:01,270 --> 01:14:59,360
when they're gone it's gone

1809
01:15:04,790 --> 01:15:01,280
you know so i mean we got a lot of

1810
01:15:06,709 --> 01:15:04,800
things going on and unfortunately uh it

1811
01:15:08,830 --> 01:15:06,719
is not really being discussed in the

1812
01:15:11,510 --> 01:15:08,840
corporate mainstream

1813
01:15:13,350 --> 01:15:11,520

media well i just fear you know housing

1814

01:15:15,590 --> 01:15:13,360

prices will go up in texas because all

1815

01:15:17,590 --> 01:15:15,600

those california people will move here

1816

01:15:19,750 --> 01:15:17,600

that's right they got to go somewhere

1817

01:15:21,669 --> 01:15:19,760

you know and

1818

01:15:23,430 --> 01:15:21,679

i guess we could hold a bunch in texas

1819

01:15:26,149 --> 01:15:23,440

for a while but

1820

01:15:28,229 --> 01:15:26,159

it's what i've noticed over my lifetime

1821

01:15:30,310 --> 01:15:28,239

is that when a lot of people are clumped

1822

01:15:32,630 --> 01:15:30,320

together in a huge big city

1823

01:15:35,510 --> 01:15:32,640

and uh and they have problems with

1824

01:15:37,350 --> 01:15:35,520

traffic and crime and pollution and they

1825

01:15:39,430 --> 01:15:37,360

say we've got to get out so they all

1826

01:15:42,310 --> 01:15:39,440

move out to some clean pretty little

1827

01:15:44,229 --> 01:15:42,320

suburb and and all they do is bring all

1828

01:15:47,189 --> 01:15:44,239

that with them and before long those

1829

01:15:49,510 --> 01:15:47,199

little suburbs are are overbuilt and and

1830

01:15:52,950 --> 01:15:49,520

they're suffering from crime and traffic

1831

01:15:55,990 --> 01:15:52,960

congestion and pollution

1832

01:15:57,430 --> 01:15:56,000

taken as a whole this trans-pacific

1833

01:15:59,590 --> 01:15:57,440

partnership

1834

01:16:01,669 --> 01:15:59,600

and what's going on with fukushima and

1835

01:16:04,790 --> 01:16:01,679

what's going on in the gulf and the

1836

01:16:07,350 --> 01:16:04,800

drought issue and all these issues

1837

01:16:09,910 --> 01:16:07,360

when do when would you guess your best

1838

01:16:12,070 --> 01:16:09,920

guess estimate that this might come to a

1839

01:16:14,470 --> 01:16:12,080

head i mean we're already seeing food

1840

01:16:16,550 --> 01:16:14,480

prices rise i i do think it's

1841

01:16:18,149 --> 01:16:16,560

interesting that gas prices are going

1842

01:16:20,870 --> 01:16:18,159

down but i think that's more of a

1843

01:16:21,669 --> 01:16:20,880

placation to the american people but

1844

01:16:23,030 --> 01:16:21,679

yeah

1845

01:16:24,630 --> 01:16:23,040

they'll wait till the heights of the

1846

01:16:26,149 --> 01:16:24,640

holiday season when everybody's trying

1847

01:16:28,310 --> 01:16:26,159

to get out on the road and trying to go

1848

01:16:29,669 --> 01:16:28,320

visit relatives and do last minute

1849

01:16:32,790 --> 01:16:29,679

shopping and they'll probably run the

1850

01:16:34,870 --> 01:16:32,800

price up again uh you know a long time

1851

01:16:36,310 --> 01:16:34,880
ago gave up trying to figure out

1852

01:16:39,030 --> 01:16:36,320
why they uh

1853

01:16:40,870 --> 01:16:39,040
how they figured the gasoline

1854

01:16:41,669 --> 01:16:40,880
price at the pump

1855

01:16:43,189 --> 01:16:41,679
but

1856

01:16:46,070 --> 01:16:43,199
let me give you some good news though

1857

01:16:47,750 --> 01:16:46,080
see okay we like good news the

1858

01:16:50,630 --> 01:16:47,760
there's a lot of interesting and good

1859

01:16:52,390 --> 01:16:50,640
things happening um i'm in touch with

1860

01:16:53,350 --> 01:16:52,400
people that are working hard on free

1861

01:16:56,310 --> 01:16:53,360
energy

1862

01:16:59,189 --> 01:16:56,320
and they think if they had the proper

1863

01:17:01,830 --> 01:16:59,199

government support and or

1864

01:17:04,070 --> 01:17:01,840

funding that they could come up with all

1865

01:17:06,630 --> 01:17:04,080

kinds of alternative energy it's

1866

01:17:08,229 --> 01:17:06,640

non-polluting

1867

01:17:11,030 --> 01:17:08,239

there's a whole

1868

01:17:13,750 --> 01:17:11,040

revolution fixing to happen

1869

01:17:16,390 --> 01:17:13,760

because of this 3d printing which most

1870

01:17:18,790 --> 01:17:16,400

people don't really understand

1871

01:17:20,390 --> 01:17:18,800

including me i'm not very technical but

1872

01:17:22,149 --> 01:17:20,400

i do understand that they now have the

1873

01:17:24,470 --> 01:17:22,159

capability

1874

01:17:26,390 --> 01:17:24,480

of scanning any object

1875

01:17:29,270 --> 01:17:26,400

and then

1876

01:17:30,709 --> 01:17:29,280

duplicating it through 3d printing

1877

01:17:33,430 --> 01:17:30,719

using uh

1878

01:17:34,950 --> 01:17:33,440

plasticized materials that they can be

1879

01:17:37,350 --> 01:17:34,960

really hard i know the government is

1880

01:17:39,270 --> 01:17:37,360

already working to try to pass laws

1881

01:17:41,669 --> 01:17:39,280

against making a gun

1882

01:17:43,590 --> 01:17:41,679

with 3d printing now you know 3d

1883

01:17:45,510 --> 01:17:43,600

printers are now down really really good

1884

01:17:47,990 --> 01:17:45,520

ones for maybe a thousand two thousand

1885

01:17:49,350 --> 01:17:48,000

dollars and it's estimated within a few

1886

01:17:50,950 --> 01:17:49,360

years they're going to be down around

1887

01:17:53,669 --> 01:17:50,960

five hundred dollars to two hundred

1888

01:17:55,590 --> 01:17:53,679

dollars and you can have a 3d printer in

1889

01:17:58,630 --> 01:17:55,600

your own home and you can make your own

1890

01:18:00,709 --> 01:17:58,640

gun you can make your own uh controls

1891

01:18:02,950 --> 01:18:00,719

and you can make your your own machinery

1892

01:18:05,350 --> 01:18:02,960

and you can do all kinds of things

1893

01:18:08,229 --> 01:18:05,360

that's going to revolutionize everything

1894

01:18:10,790 --> 01:18:08,239

and because we can decentralize and we

1895

01:18:13,830 --> 01:18:10,800

can take the monopolies away from some

1896

01:18:16,229 --> 01:18:13,840

of these multi-national corporations and

1897

01:18:19,590 --> 01:18:16,239

we could start working as

1898

01:18:21,590 --> 01:18:19,600

fully aware and awake individuals

1899

01:18:23,430 --> 01:18:21,600

working mutually

1900

01:18:25,430 --> 01:18:23,440

and cooperatively

1901

01:18:27,189 --> 01:18:25,440

to have better communities

1902

01:18:28,950 --> 01:18:27,199

and that's that's on the horizon but

1903

01:18:31,030 --> 01:18:28,960

you're never going to hear about that

1904

01:18:33,990 --> 01:18:31,040

in the corporate control mass media

1905

01:18:37,189 --> 01:18:34,000

because their job is to promote fear and

1906

01:18:39,430 --> 01:18:37,199

anxiety and dissension and keep

1907

01:18:42,470 --> 01:18:39,440

everybody in each other's throats so

1908

01:18:44,790 --> 01:18:42,480

that we don't understand the one percent

1909

01:18:47,270 --> 01:18:44,800

that's trying to run the world over our

1910

01:18:51,350 --> 01:18:49,270

you know that 3d printer is making me

1911

01:18:52,550 --> 01:18:51,360

think of like a replicator from star

1912

01:18:53,430 --> 01:18:52,560

trek

1913

01:18:54,870 --> 01:18:53,440

yeah

1914

01:18:56,550 --> 01:18:54,880

exactly

1915

01:18:58,790 --> 01:18:56,560

and that's how it works and of course if

1916

01:19:01,270 --> 01:18:58,800

we can kind of do that now using

1917

01:19:03,590 --> 01:19:01,280

expensive printers well then you know a

1918

01:19:05,750 --> 01:19:03,600

few years think about how think about

1919

01:19:07,669 --> 01:19:05,760

how cell phones how much they cost when

1920

01:19:10,950 --> 01:19:07,679

you had to buy the big unit with the

1921

01:19:12,790 --> 01:19:10,960

antenna and a hand and a a

1922

01:19:14,630 --> 01:19:12,800

hand speaker and everything that you

1923

01:19:17,030 --> 01:19:14,640

carried in your car and now everybody's

1924

01:19:19,270 --> 01:19:17,040

got one in their pocket i mean you know

1925

01:19:21,030 --> 01:19:19,280

as this as they perfect it and as it

1926

01:19:23,430 --> 01:19:21,040

gets more and more

1927

01:19:24,950 --> 01:19:23,440

sophisticated

1928

01:19:27,510 --> 01:19:24,960

there's going to be more and more power

1929

01:19:29,750 --> 01:19:27,520

to the individuals okay

1930

01:19:31,270 --> 01:19:29,760

and that's really a good thing but again

1931

01:19:32,390 --> 01:19:31,280

you're not going to hear much about that

1932

01:19:34,229 --> 01:19:32,400

out of the

1933

01:19:36,950 --> 01:19:34,239

mass media because they are geared

1934

01:19:38,950 --> 01:19:36,960

towards the masses and they

1935

01:19:40,630 --> 01:19:38,960

are run by people who

1936

01:19:43,030 --> 01:19:40,640

really don't want people to know that

1937

01:19:45,270 --> 01:19:43,040

there is a possible good future coming

1938

01:19:47,270 --> 01:19:45,280

up they want to keep people scared

1939

01:19:49,189 --> 01:19:47,280

and agitated and fighting with each

1940

01:19:52,310 --> 01:19:49,199

other so they can maintain their power

1941

01:19:56,550 --> 01:19:54,149

what a world all right jim we're going

1942

01:19:58,149 --> 01:19:56,560

to stop on that line we're going to stop

1943

01:20:00,550 --> 01:19:58,159

on that line and we're going to shift

1944

01:20:02,630 --> 01:20:00,560

gears because we can keep talking for

1945

01:20:04,470 --> 01:20:02,640

our little hour on that

1946

01:20:06,310 --> 01:20:04,480

well it comes back it comes back to our

1947

01:20:08,870 --> 01:20:06,320

cultured history actually

1948

01:20:11,189 --> 01:20:08,880

because let me quickly point out that in

1949

01:20:13,910 --> 01:20:11,199

my in my latest book our occulted

1950

01:20:15,750 --> 01:20:13,920

history i use the term occulted let me

1951

01:20:18,470 --> 01:20:15,760

assure you this is not a book about

1952

01:20:20,470 --> 01:20:18,480

witches or vampires or zombies or

1953

01:20:23,110 --> 01:20:20,480

anything we normally that's what all my

1954

01:20:25,270 --> 01:20:23,120

questions were about

1955

01:20:28,709 --> 01:20:25,280

that's about that people normally

1956

01:20:30,229 --> 01:20:28,719

associate that with the word occult no

1957

01:20:33,750 --> 01:20:30,239

in a cult did i use it in the

1958

01:20:36,070 --> 01:20:33,760

astronomical sense okay when the moon

1959

01:20:37,590 --> 01:20:36,080

eclipses the sun it's called an

1960

01:20:39,750 --> 01:20:37,600

occultation

1961

01:20:41,669 --> 01:20:39,760

and it simply means that it hides or

1962

01:20:43,910 --> 01:20:41,679

masks the sun

1963

01:20:45,910 --> 01:20:43,920

so when i say our occult history i'm

1964

01:20:49,189 --> 01:20:45,920

basically saying this is about our

1965

01:20:52,229 --> 01:20:49,199

history that has been hidden from us and

1966

01:20:53,990 --> 01:20:52,239

it's really pretty it's a fascinating

1967

01:20:56,390 --> 01:20:54,000

subject when you get into it in fact i'm

1968

01:20:59,110 --> 01:20:56,400

always trying to remind people always

1969

01:21:01,030 --> 01:20:59,120

question human origins

1970

01:21:02,950 --> 01:21:01,040

uh you know there's we've got various

1971

01:21:03,910 --> 01:21:02,960

religions that give you various stories

1972

01:21:06,229 --> 01:21:03,920

you've got

1973

01:21:07,669 --> 01:21:06,239

various cults that tell you that it's

1974

01:21:09,910 --> 01:21:07,679

something moving on the shell of a

1975

01:21:12,470 --> 01:21:09,920

turtle and you know you got you got all

1976

01:21:15,270 --> 01:21:12,480

kinds of weird things going on but the

1977

01:21:17,510 --> 01:21:15,280

ball faced fact is we really don't know

1978

01:21:20,229 --> 01:21:17,520

where we came from why we're here where

1979

01:21:22,629 --> 01:21:20,239

we are now or where we're going

1980

01:21:24,229 --> 01:21:22,639

and uh that is some of the most

1981

01:21:26,950 --> 01:21:24,239

fundamental questions that we should

1982

01:21:29,590 --> 01:21:26,960

even have and yet we have records from

1983

01:21:31,189 --> 01:21:29,600

all around the world that tell us and

1984

01:21:33,030 --> 01:21:31,199

lead us to

1985

01:21:35,750 --> 01:21:33,040

answers to those questions

1986

01:21:39,030 --> 01:21:35,760

for example one of the common

1987

01:21:41,189 --> 01:21:39,040

threads in all of these ancient stories

1988

01:21:42,790 --> 01:21:41,199

from these primitive cultures and

1989

01:21:45,189 --> 01:21:42,800

ancient cultures

1990

01:21:48,149 --> 01:21:45,199

is that at one point and and this is

1991

01:21:51,030 --> 01:21:48,159

from the aborigines in australia to the

1992

01:21:53,669 --> 01:21:51,040

native americans in the uh america in

1993

01:21:56,629 --> 01:21:53,679

the middle united what is now the united

1994

01:21:59,830 --> 01:21:56,639

states to the middle east to dogon tribe

1995

01:22:01,910 --> 01:21:59,840

in africa to the mayans and the incas

1996

01:22:04,390 --> 01:22:01,920

and they all tell the same thing that

1997

01:22:06,950 --> 01:22:04,400

that these

1998

01:22:09,910 --> 01:22:06,960

beings came from the sky

1999

01:22:12,149 --> 01:22:09,920

were able to fly around came down landed

2000

01:22:14,950 --> 01:22:12,159

and taught them how to grow crops and

2001

01:22:17,669 --> 01:22:14,960

how to set up a legal system and how to

2002

01:22:19,910 --> 01:22:17,679

devise a language and of course a lot of

2003

01:22:23,030 --> 01:22:19,920

this was miraculous to these primitive

2004

01:22:25,189 --> 01:22:23,040

people so both in the storytelling and

2005

01:22:28,790 --> 01:22:25,199

in the interpretation

2006

01:22:30,229 --> 01:22:28,800

in later centuries uh these beings were

2007

01:22:33,350 --> 01:22:30,239

called gods

2008

01:22:34,470 --> 01:22:33,360

and that's where we get our mythologies

2009

01:22:37,110 --> 01:22:34,480

from

2010

01:22:40,070 --> 01:22:37,120

and yet if you really check

2011

01:22:43,270 --> 01:22:40,080

you find that almost all those uh

2012

01:22:46,310 --> 01:22:43,280

mythologies uh come back to some really

2013

01:22:50,550 --> 01:22:48,550

basic personality traits and

2014

01:22:52,390 --> 01:22:50,560

characterizations that actually show

2015

01:22:55,189 --> 01:22:52,400

they're probably all talking about the

2016

01:22:56,870 --> 01:22:55,199

same personalities the same people for

2017

01:22:58,310 --> 01:22:56,880

example

2018

01:23:02,070 --> 01:22:58,320

in uh

2019

01:23:03,350 --> 01:23:02,080

in the ancient sumerian mythology uh the

2020

01:23:06,470 --> 01:23:03,360

god who

2021

01:23:09,430 --> 01:23:06,480

was in charge of the earth was enlil in

2022

01:23:12,149 --> 01:23:09,440

the egyptian mythology his same

2023

01:23:14,950 --> 01:23:12,159

characteristics but his name was seth

2024

01:23:18,310 --> 01:23:14,960

in the greeks greek mythologies it was

2025

01:23:20,550 --> 01:23:18,320

zeus and in the roman it was jupiter but

2026

01:23:21,990 --> 01:23:20,560

it appears like they're all referring to

2027

01:23:24,310 --> 01:23:22,000

the same entity

2028

01:23:26,470 --> 01:23:24,320

it's just that the name changed due to

2029

01:23:27,830 --> 01:23:26,480

the language changes isn't that

2030

01:23:30,390 --> 01:23:27,840

interesting

2031

01:23:32,709 --> 01:23:30,400

well i'm just going to say amen because

2032

01:23:35,189 --> 01:23:32,719

i have been on that bandwagon for two

2033

01:23:39,030 --> 01:23:35,199

years and people look at me like no

2034

01:23:41,270 --> 01:23:39,040

they're not it's like yes they are

2035

01:23:42,709 --> 01:23:41,280

do you want my list of stuff

2036

01:23:45,030 --> 01:23:42,719

just because you're taught something

2037

01:23:48,550 --> 01:23:45,040

doesn't necessarily mean it's correct

2038

01:23:51,350 --> 01:23:48,560

but like the the warrior god and the

2039

01:23:54,229 --> 01:23:51,360

sumerian is marduk and the egyptian is

2040

01:23:57,350 --> 01:23:54,239

horus and the greek he's ares and then

2041

01:23:58,790 --> 01:23:57,360

the roman he's mars but nevertheless

2042

01:24:01,110 --> 01:23:58,800

basically we're talking about the same

2043

01:24:03,669 --> 01:24:01,120

characteristics so is it possible that

2044

01:24:08,790 --> 01:24:03,679

they're talking about the same entity

2045

01:24:14,070 --> 01:24:10,870

cuneiform tablets of the ancient

2046

01:24:15,830 --> 01:24:14,080

sumerians the anunnaki which translates

2047

01:24:18,790 --> 01:24:15,840

those who came from the heavens and

2048

01:24:21,189 --> 01:24:18,800

landed on the earth

2049

01:24:23,990 --> 01:24:21,199

do you think now i have my personal

2050

01:24:26,229 --> 01:24:24,000

opinion i'd like to hear yours that the

2051

01:24:27,990 --> 01:24:26,239

anunnaki was

2052

01:24:30,950 --> 01:24:28,000

the only group

2053

01:24:32,709 --> 01:24:30,960

or do you think that there were multiple

2054

01:24:36,149 --> 01:24:32,719

groups and it just so happens that the

2055

01:24:39,669 --> 01:24:36,159

sumerians refer to either the sky people

2056

01:24:41,910 --> 01:24:39,679

as the anunnaki or just a segment of

2057

01:24:43,030 --> 01:24:41,920

the extraterrestrials that have come to

2058

01:24:45,189 --> 01:24:43,040

the earth

2059

01:24:47,430 --> 01:24:45,199

and interacted with humanity

2060

01:24:49,270 --> 01:24:47,440

that's a really good question and i

2061

01:24:53,110 --> 01:24:49,280

personally think that

2062

01:24:55,510 --> 01:24:53,120

i think there were several uh species

2063

01:24:57,350 --> 01:24:55,520

and it depends on who

2064

01:25:01,030 --> 01:24:57,360

they interacted with this is the

2065

01:25:02,550 --> 01:25:01,040

sumerians the the people there in the uh

2066

01:25:04,629 --> 01:25:02,560

the uh

2067

01:25:07,110 --> 01:25:04,639

triangle the the

2068

01:25:08,629 --> 01:25:07,120

tigris euphrates valley

2069

01:25:11,750 --> 01:25:08,639

they they thought of them as the

2070

01:25:15,590 --> 01:25:11,760

anunnaki the dogon tribe you know said

2071

01:25:17,990 --> 01:25:15,600

they were somebody else and ever the uh

2072

01:25:21,430 --> 01:25:18,000

uh the uh i believe it was the mayans

2073

01:25:23,830 --> 01:25:21,440

who had the kukla

2074

01:25:28,229 --> 01:25:23,840

yeah causal coral yeah i can never say

2075

01:25:32,550 --> 01:25:30,149

the concepts are the same the names

2076

01:25:34,790 --> 01:25:32,560

change because of the various languages

2077

01:25:37,270 --> 01:25:34,800

my personal opinion is there's several

2078

01:25:39,830 --> 01:25:37,280

species that have interacted on the

2079

01:25:42,070 --> 01:25:39,840

earth and it just kind of depends on who

2080

01:25:43,990 --> 01:25:42,080

they were interacting with

2081

01:25:46,870 --> 01:25:44,000

that described them in sometimes in

2082

01:25:49,430 --> 01:25:46,880

slightly different ways

2083

01:25:53,030 --> 01:25:49,440

although it is also entirely possible

2084

01:25:56,310 --> 01:25:53,040

that at one time the annunaki was one

2085

01:25:58,310 --> 01:25:56,320

race that was interacting with the earth

2086

01:26:00,149 --> 01:25:58,320

but according their own records they

2087

01:26:03,189 --> 01:26:00,159

were of course uh

2088

01:26:04,629 --> 01:26:03,199

tinkering with the genetics of

2089

01:26:07,110 --> 01:26:04,639

earth primitives

2090

01:26:09,350 --> 01:26:07,120

and this is how they

2091

01:26:11,189 --> 01:26:09,360

according to their own writings uh in

2092

01:26:13,350 --> 01:26:11,199

the sumerian tablets they said this is

2093

01:26:15,270 --> 01:26:13,360

how they were able to come up with

2094

01:26:18,709 --> 01:26:15,280

a hybrid

2095

01:26:20,870 --> 01:26:18,719

that was a worker race forum and this

2096

01:26:23,350 --> 01:26:20,880

might also answer the age-old question

2097

01:26:27,430 --> 01:26:23,360

of where is the missing link between

2098

01:26:29,990 --> 01:26:27,440

neanderthal and cro-magnon or modern man

2099

01:26:31,830 --> 01:26:30,000

which scientists now tell us were two

2100

01:26:33,030 --> 01:26:31,840

separate species and could not

2101

01:26:35,189 --> 01:26:33,040

interbreed

2102

01:26:37,669 --> 01:26:35,199

so wait a minute if there's no link

2103

01:26:39,590 --> 01:26:37,679

there then how did we jump from

2104

01:26:41,990 --> 01:26:39,600

from neanderthal to cro-magnon and the

2105

01:26:45,910 --> 01:26:42,000

answer may be because the

2106

01:26:47,830 --> 01:26:45,920

our dna was tweaked by these anunnaki

2107

01:26:50,149 --> 01:26:47,840

and for those who are saying oh mars

2108

01:26:52,629 --> 01:26:50,159

trying to say that we're that god's

2109

01:26:54,229 --> 01:26:52,639

really an alien well no because

2110

01:26:57,430 --> 01:26:54,239

interestingly enough in their ancient

2111

01:27:00,629 --> 01:26:57,440

tablets the anunnaki themselves had

2112

01:27:02,950 --> 01:27:00,639

theological arguments and and saying

2113

01:27:05,350 --> 01:27:02,960

this it's not right for us to create

2114

01:27:08,390 --> 01:27:05,360

anything you know only the creative

2115

01:27:09,910 --> 01:27:08,400

energy of god can do that so they number

2116

01:27:13,350 --> 01:27:09,920

one that's interesting to think that

2117

01:27:14,629 --> 01:27:13,360

they themselves thought in terms of a

2118

01:27:19,110 --> 01:27:14,639

creative

2119

01:27:21,830 --> 01:27:19,120

force that they saw as a as a god

2120

01:27:24,629 --> 01:27:21,840

and their science officers simply argued

2121

01:27:27,430 --> 01:27:24,639

that by tinkering with the dna of the

2122

01:27:29,910 --> 01:27:27,440

earth primitives and changing them from

2123

01:27:32,310 --> 01:27:29,920

neanderthal to cro-magnon that they

2124

01:27:34,790 --> 01:27:32,320

weren't creating anything only god can

2125

01:27:37,750 --> 01:27:34,800

create but they were simply improving

2126
01:27:39,750 --> 01:27:37,760
the breed which is exactly what humans

2127
01:27:42,629 --> 01:27:39,760
have done all through history with

2128
01:27:44,470 --> 01:27:42,639
animals and sheep and you know cows dogs

2129
01:27:46,870 --> 01:27:44,480
cats you know we interbreed them and we

2130
01:27:49,590 --> 01:27:46,880
breed them biologically

2131
01:27:51,910 --> 01:27:49,600
for our mutations and to alter and to

2132
01:27:54,310 --> 01:27:51,920
improve the breed well that's what they

2133
01:27:57,030 --> 01:27:54,320
did with us but they did it by

2134
01:27:59,189 --> 01:27:57,040
tampering with the

2135
01:28:04,390 --> 01:27:59,199
dna

2136
01:28:08,870 --> 01:28:06,070
were anything but

2137
01:28:10,950 --> 01:28:08,880
kind and omnipotent

2138
01:28:12,310 --> 01:28:10,960

and well some learned some weren't they

2139

01:28:16,629 --> 01:28:12,320

were just like

2140

01:28:18,790 --> 01:28:16,639

group of people you know some of them

2141

01:28:20,550 --> 01:28:18,800

were good some of them were kind of evil

2142

01:28:22,790 --> 01:28:20,560

some of them felt kindly towards

2143

01:28:24,390 --> 01:28:22,800

humanity and others felt you know

2144

01:28:25,750 --> 01:28:24,400

antagonistic

2145

01:28:27,510 --> 01:28:25,760

towards us and

2146

01:28:29,430 --> 01:28:27,520

and you know it's just pretty much the

2147

01:28:31,510 --> 01:28:29,440

same thing you know you can even go to

2148

01:28:33,910 --> 01:28:31,520

the animal kingdom and you could have a

2149

01:28:35,669 --> 01:28:33,920

litter of puppies and one's friendly and

2150

01:28:38,629 --> 01:28:35,679

nice and then the other one is

2151
01:28:40,470 --> 01:28:38,639
skitterish and aggressive you know it's

2152
01:28:43,830 --> 01:28:40,480
just it's the difference in the

2153
01:28:50,629 --> 01:28:45,430
um

2154
01:28:54,830 --> 01:28:52,470
that's why that's why the old testament

2155
01:28:56,790 --> 01:28:54,840
gets very confusing

2156
01:28:59,110 --> 01:28:56,800
because hand well because on the one

2157
01:29:01,590 --> 01:28:59,120
hand we're told that he that

2158
01:29:03,750 --> 01:29:01,600
the the israelites bible

2159
01:29:07,189 --> 01:29:03,760
that i mean because the myth line that

2160
01:29:09,189 --> 01:29:07,199
is in the bible parallels everybody else

2161
01:29:10,550 --> 01:29:09,199
i mean it's undeniable the same

2162
01:29:13,189 --> 01:29:10,560
storyline

2163
01:29:15,030 --> 01:29:13,199

with one exception in the bible you can

2164

01:29:16,550 --> 01:29:15,040

only have one god

2165

01:29:18,709 --> 01:29:16,560

right you know you can't have multiple

2166

01:29:21,110 --> 01:29:18,719

gods and so there was someone

2167

01:29:22,830 --> 01:29:21,120

with a five gallon bucket of white out

2168

01:29:25,990 --> 01:29:22,840

and they were just like

2169

01:29:27,270 --> 01:29:26,000

quick take his name out all right now

2170

01:29:28,709 --> 01:29:27,280

it's yahweh

2171

01:29:30,870 --> 01:29:28,719

and they had to take out half the

2172

01:29:32,390 --> 01:29:30,880

stories because you can't have gods

2173

01:29:35,030 --> 01:29:32,400

fighting with each other if there's only

2174

01:29:37,830 --> 01:29:35,040

one that's right and yet they slipped up

2175

01:29:39,430 --> 01:29:37,840

occasionally like back in

2176
01:29:42,470 --> 01:29:39,440
when they're talking about the tower of

2177
01:29:45,270 --> 01:29:42,480
babel you know they quote the monolithic

2178
01:29:47,990 --> 01:29:45,280
monotheistic god is saying let us go

2179
01:29:51,830 --> 01:29:48,000
down and let us do this you know wait a

2180
01:29:54,629 --> 01:29:51,840
minute is that like the royal queen's we

2181
01:29:57,430 --> 01:29:54,639
you know we are not amused or were they

2182
01:30:01,270 --> 01:29:57,440
talking about a council of uh these

2183
01:30:03,430 --> 01:30:01,280
annunaki who the humans mistakenly were

2184
01:30:06,310 --> 01:30:03,440
interpreting as gods

2185
01:30:08,310 --> 01:30:06,320
so it's it's a very interesting it's an

2186
01:30:11,750 --> 01:30:08,320
interesting topic and really fascinating

2187
01:30:12,870 --> 01:30:11,760
i was just schizophrenic that's it

2188
01:30:14,950 --> 01:30:12,880

yeah

2189

01:30:17,030 --> 01:30:14,960

well you know he's one day he's in good

2190

01:30:18,229 --> 01:30:17,040

mood and the next day he's in the foul

2191

01:30:19,830 --> 01:30:18,239

mood so

2192

01:30:22,950 --> 01:30:19,840

but that's what happens with the

2193

01:30:24,950 --> 01:30:22,960

monotheistic god uh but i think

2194

01:30:26,229 --> 01:30:24,960

basically that you're talking about two

2195

01:30:28,390 --> 01:30:26,239

separate things here i think you're

2196

01:30:30,870 --> 01:30:28,400

talking about ancient astronauts these

2197

01:30:33,990 --> 01:30:30,880

anunnaki who came here who colonized

2198

01:30:37,669 --> 01:30:34,000

here who tampered with earth primitives

2199

01:30:40,390 --> 01:30:37,679

this was a materialistic reality that

2200

01:30:43,510 --> 01:30:40,400

was taking place on the physical plane

2201
01:30:44,390 --> 01:30:43,520
okay and yet over superimposed over all

2202
01:30:47,590 --> 01:30:44,400
of that

2203
01:30:50,470 --> 01:30:47,600
was and the energy that energizes the

2204
01:30:52,950 --> 01:30:50,480
entire universe and at some point uh

2205
01:30:54,790 --> 01:30:52,960
even many scientists are now coming to

2206
01:30:57,590 --> 01:30:54,800
understand that there

2207
01:31:00,470 --> 01:30:57,600
was a creative energy force to begin

2208
01:31:03,510 --> 01:31:00,480
with that gave order and rhyme and

2209
01:31:06,629 --> 01:31:03,520
reason to the universe that uh was a

2210
01:31:08,470 --> 01:31:06,639
creative energy force that pretty well

2211
01:31:10,149 --> 01:31:08,480
fits the definition of what we would

2212
01:31:13,110 --> 01:31:10,159
think of as a god

2213
01:31:15,510 --> 01:31:13,120

uh you know that but but if that's the

2214

01:31:17,510 --> 01:31:15,520

case then that would get into the new

2215

01:31:18,550 --> 01:31:17,520

age type thinking which is that we're

2216

01:31:23,510 --> 01:31:18,560

all

2217

01:31:27,510 --> 01:31:23,520

you would support that i would

2218

01:31:28,830 --> 01:31:27,520

yeah and so uh we're all just facets of

2219

01:31:31,750 --> 01:31:28,840

this

2220

01:31:34,790 --> 01:31:31,760

energy sentient energy package that

2221

01:31:37,430 --> 01:31:34,800

collectively could be called god uh in

2222

01:31:40,550 --> 01:31:37,440

fact we see this reflected in our own

2223

01:31:43,350 --> 01:31:40,560

technology uh in your computer you have

2224

01:31:46,709 --> 01:31:43,360

what they call bites and bits just

2225

01:31:48,229 --> 01:31:46,719

little bits of electrical and uh

2226

01:31:49,510 --> 01:31:48,239

magnetic

2227

01:31:51,830 --> 01:31:49,520

energy

2228

01:31:53,669 --> 01:31:51,840

and and individually they don't count

2229

01:31:55,990 --> 01:31:53,679

for much but when you put them all

2230

01:31:57,270 --> 01:31:56,000

together and you have billions of them

2231

01:31:59,830 --> 01:31:57,280

then you get

2232

01:32:01,590 --> 01:31:59,840

artificial intelligence and you get a

2233

01:32:04,950 --> 01:32:01,600

machine that's capable of doing

2234

01:32:07,189 --> 01:32:04,960

mathematics and of solving problems and

2235

01:32:08,310 --> 01:32:07,199

like that so you just you know so i

2236

01:32:09,910 --> 01:32:08,320

think that

2237

01:32:12,390 --> 01:32:09,920

we can see that

2238

01:32:14,950 --> 01:32:12,400

it's the combination of all these little

2239

01:32:17,350 --> 01:32:14,960

bits of energy that create the

2240

01:32:19,910 --> 01:32:17,360

artificial intelligence in our computer

2241

01:32:22,310 --> 01:32:19,920

well then we as individual sparks of

2242

01:32:23,669 --> 01:32:22,320

energy collectively

2243

01:32:27,430 --> 01:32:23,679

form a

2244

01:32:28,310 --> 01:32:27,440

sentient uh energetic mind that's pretty

2245

01:32:30,070 --> 01:32:28,320

much

2246

01:32:36,149 --> 01:32:30,080

knows everything and is part of

2247

01:32:42,390 --> 01:32:39,430

well if it's the definition of god

2248

01:32:44,070 --> 01:32:42,400

well and i like that example and i might

2249

01:32:46,149 --> 01:32:44,080

steal it i don't know i'll have to think

2250

01:32:48,149 --> 01:32:46,159

about it go ahead go ahead

2251

01:32:51,350 --> 01:32:48,159

but that is a really cool stolen from

2252

01:32:55,430 --> 01:32:53,750

but it's that's true in it you know

2253

01:32:56,950 --> 01:32:55,440

but i think people can but i think

2254

01:32:59,110 --> 01:32:56,960

people can wrap their mind around it

2255

01:33:01,270 --> 01:32:59,120

because you know i've always heard it

2256

01:33:05,030 --> 01:33:01,280

referred to as like

2257

01:33:06,310 --> 01:33:05,040

the rays of the sun or the

2258

01:33:08,709 --> 01:33:06,320

stone

2259

01:33:10,390 --> 01:33:08,719

drops of water that collectively form

2260

01:33:12,629 --> 01:33:10,400

the ocean you know

2261

01:33:15,110 --> 01:33:12,639

but i i've always had a hard time

2262

01:33:16,149 --> 01:33:15,120

correlating the ocean with with a

2263

01:33:19,750 --> 01:33:16,159

sentient

2264

01:33:21,270 --> 01:33:19,760

you know mine but with the computer it

2265

01:33:24,149 --> 01:33:21,280

really it does kind of put in

2266

01:33:26,550 --> 01:33:24,159

perspective because we are all the bits

2267

01:33:29,110 --> 01:33:26,560

we are all individual bits

2268

01:33:33,990 --> 01:33:29,120

that collectively form the

2269

01:33:39,430 --> 01:33:36,870

well

2270

01:33:41,750 --> 01:33:39,440

i'm sorry they keep talking to me about

2271

01:33:44,790 --> 01:33:41,760

network issues and it's just like stop

2272

01:33:47,030 --> 01:33:44,800

bugging me guys deal with it

2273

01:33:49,430 --> 01:33:47,040

trying to deal with god here i'm dealing

2274

01:33:51,669 --> 01:33:49,440

with god oh wait jim morris that's

2275

01:33:55,189 --> 01:33:51,679

godlike

2276

01:33:57,030 --> 01:33:55,199

but let's let's shift gears here um

2277

01:33:59,430 --> 01:33:57,040

what are your thoughts on the

2278

01:34:02,149 --> 01:33:59,440

possibility that the moon is hollow or

2279

01:34:03,270 --> 01:34:02,159

that other planets or celestial body

2280

01:34:07,189 --> 01:34:03,280

bodies

2281

01:34:09,990 --> 01:34:07,199

are hollow and housing et's

2282

01:34:13,030 --> 01:34:10,000

well for one thing if you look at

2283

01:34:15,270 --> 01:34:13,040

the moon and call uh iopetus

2284

01:34:18,470 --> 01:34:15,280

i-a-p-e-t-u-s

2285

01:34:20,310 --> 01:34:18,480

it's uh it's a moon of saturn and uh

2286

01:34:21,270 --> 01:34:20,320

it's really incredible because number

2287

01:34:26,870 --> 01:34:21,280

one

2288

01:34:29,110 --> 01:34:26,880

coloration a very distinct dark side and

2289

01:34:31,910 --> 01:34:29,120

a light side that that kind of swirls

2290

01:34:34,870 --> 01:34:31,920

and an s and uh looks for all the world

2291

01:34:35,990 --> 01:34:34,880

like the uh famous yin yang

2292

01:34:38,390 --> 01:34:36,000

uh

2293

01:34:40,229 --> 01:34:38,400

chinese symbol in fact it's been called

2294

01:34:40,950 --> 01:34:40,239

the yin yang moon

2295

01:34:43,669 --> 01:34:40,960

uh

2296

01:34:46,629 --> 01:34:43,679

and even better than that

2297

01:34:48,709 --> 01:34:46,639

there appears to be a ridge a mountain

2298

01:34:50,790 --> 01:34:48,719

ridge right around the equator of

2299

01:34:53,270 --> 01:34:50,800

viopitis

2300

01:34:56,070 --> 01:34:53,280

that like sections the thing off from

2301
01:34:58,709 --> 01:34:56,080
one side to another and then this huge

2302
01:35:01,189 --> 01:34:58,719
crater up on one side

2303
01:35:04,229 --> 01:35:01,199
and it looks for all the world like the

2304
01:35:06,390 --> 01:35:04,239
death star in star wars

2305
01:35:11,109 --> 01:35:06,400
and this is we're just one of the the

2306
01:35:17,510 --> 01:35:13,430
some people have uh

2307
01:35:19,189 --> 01:35:17,520
may be a an unnatural object but then

2308
01:35:21,910 --> 01:35:19,199
when you get to the moon our own moon

2309
01:35:26,629 --> 01:35:21,920
the idea that it's hollow

2310
01:35:30,229 --> 01:35:26,639
on november the 20th 1969 apollo 12 sent

2311
01:35:32,629 --> 01:35:30,239
their lunar module a cent stage and

2312
01:35:34,709 --> 01:35:32,639
dropped it off and it went crashing back

2313
01:35:38,070 --> 01:35:34,719

onto the surface of the moon

2314

01:35:40,470 --> 01:35:38,080

and it created an artificial moonquake

2315

01:35:44,149 --> 01:35:42,310

the

2316

01:35:45,950 --> 01:35:44,159

officials at nasa

2317

01:35:48,149 --> 01:35:45,960

said that uh

2318

01:35:50,390 --> 01:35:48,159

ultra-sensitive seismic equipment that

2319

01:35:53,189 --> 01:35:50,400

had been left on the moon showed that

2320

01:35:53,990 --> 01:35:53,199

when this thing crashed into the moon it

2321

01:35:57,350 --> 01:35:54,000

uh

2322

01:35:59,109 --> 01:35:57,360

the moon reverberated like a bell

2323

01:36:01,669 --> 01:35:59,119

for hours

2324

01:36:03,430 --> 01:36:01,679

which could only be possible if it was

2325

01:36:05,990 --> 01:36:03,440

like hollow

2326

01:36:08,229 --> 01:36:06,000

uh we also know that the center of

2327

01:36:11,830 --> 01:36:08,239

gravity thanks to a

2328

01:36:13,990 --> 01:36:11,840

ground penetrating radar is off center

2329

01:36:16,870 --> 01:36:14,000

on the moon it's about two miles off

2330

01:36:19,189 --> 01:36:16,880

true center which means that if any ball

2331

01:36:20,950 --> 01:36:19,199

if you have a center in the ball it's

2332

01:36:22,629 --> 01:36:20,960

off center and then ball it's not going

2333

01:36:24,709 --> 01:36:22,639

to roll straight across the floor it's

2334

01:36:26,709 --> 01:36:24,719

going to wobble all around so the moon

2335

01:36:29,030 --> 01:36:26,719

should be wobbling around in its orbit

2336

01:36:31,109 --> 01:36:29,040

around the earth and yet it's in a near

2337

01:36:34,070 --> 01:36:31,119

perfect circular orbit right around the

2338

01:36:36,149 --> 01:36:34,080

equator and stationary with one side

2339

01:36:39,510 --> 01:36:36,159

always facing the earth

2340

01:36:41,109 --> 01:36:39,520

which is pretty much impossible for a

2341

01:36:43,990 --> 01:36:41,119

natural object

2342

01:36:46,550 --> 01:36:44,000

and the only way that you could actually

2343

01:36:48,229 --> 01:36:46,560

explain how that could be and by the way

2344

01:36:50,070 --> 01:36:48,239

it just happens to be the correct

2345

01:36:53,750 --> 01:36:50,080

distance from the earth

2346

01:36:56,229 --> 01:36:53,760

that when there is a solar eclipse uh it

2347

01:36:57,270 --> 01:36:56,239

complete it completely covers the corona

2348

01:36:59,430 --> 01:36:57,280

of the sun

2349

01:37:02,070 --> 01:36:59,440

perfectly and so it's at a perfect

2350

01:37:04,229 --> 01:37:02,080

distance there uh to cover the sun

2351
01:37:06,550 --> 01:37:04,239
during the eclipse now the the only way

2352
01:37:09,030 --> 01:37:06,560
you can explain it being in such an

2353
01:37:11,750 --> 01:37:09,040
orbit is that some intelligent force

2354
01:37:13,270 --> 01:37:11,760
parked it there you know

2355
01:37:15,430 --> 01:37:13,280
but then of course this shows our

2356
01:37:17,669 --> 01:37:15,440
circular thinking because we all know

2357
01:37:19,510 --> 01:37:17,679
there's no such thing as aliens

2358
01:37:21,990 --> 01:37:19,520
but we know the moon's been there as far

2359
01:37:24,149 --> 01:37:22,000
back as we know and we know we didn't

2360
01:37:26,629 --> 01:37:24,159
put it up there so

2361
01:37:27,910 --> 01:37:26,639
we just won't talk about that

2362
01:37:29,430 --> 01:37:27,920
and they don't

2363
01:37:32,870 --> 01:37:29,440

well and that was something that i was

2364

01:37:35,430 --> 01:37:32,880

thinking about if these uh celestial

2365

01:37:37,910 --> 01:37:35,440

bodies were put into place by

2366

01:37:42,390 --> 01:37:37,920

extraterrestrials

2367

01:37:43,590 --> 01:37:42,400

it was long long before our current

2368

01:37:47,030 --> 01:37:43,600

history

2369

01:37:49,350 --> 01:37:47,040

um we know that from mythology and even

2370

01:37:51,990 --> 01:37:49,360

from the bible you know it says god put

2371

01:37:54,070 --> 01:37:52,000

the sun the moon and the stars in place

2372

01:37:55,990 --> 01:37:54,080

and so is it possible that that is

2373

01:37:57,750 --> 01:37:56,000

referring to them putting these

2374

01:37:59,510 --> 01:37:57,760

planetoids

2375

01:38:02,070 --> 01:37:59,520

in their proper location or in the

2376

01:38:05,510 --> 01:38:02,080

location we see them today well there

2377

01:38:07,430 --> 01:38:05,520

are certain ancient records that tell of

2378

01:38:09,270 --> 01:38:07,440

the time when there was no moon in the

2379

01:38:11,669 --> 01:38:09,280

sky

2380

01:38:12,709 --> 01:38:11,679

okay i haven't found that one

2381

01:38:15,030 --> 01:38:12,719

yeah

2382

01:38:16,709 --> 01:38:15,040

it tells that they put them in the sky

2383

01:38:17,510 --> 01:38:16,719

but i don't know that i found any that

2384

01:38:20,149 --> 01:38:17,520

said

2385

01:38:22,550 --> 01:38:20,159

that there wasn't one

2386

01:38:28,950 --> 01:38:25,510

think i wrote about that in uh

2387

01:38:31,189 --> 01:38:28,960

in our cultured history i'd have to take

2388

01:38:33,669 --> 01:38:31,199

me some time here to go dig that up but

2389

01:38:36,470 --> 01:38:33,679

meanwhile go ahead go ahead go ahead

2390

01:38:38,790 --> 01:38:36,480

well i'll give you my own personal story

2391

01:38:41,430 --> 01:38:38,800

i once had the opportunity to sit down

2392

01:38:43,669 --> 01:38:41,440

and talk with uh dr edgar mitchell the

2393

01:38:45,830 --> 01:38:43,679

sixth man to walk on the moon

2394

01:38:47,990 --> 01:38:45,840

and i just asked him point blank i said

2395

01:38:51,030 --> 01:38:48,000

you know dr mitchell what do you feel

2396

01:38:53,510 --> 01:38:51,040

about the idea that the moon is hollow

2397

01:38:55,990 --> 01:38:53,520

well he starts kind of laughing oh he

2398

01:38:57,990 --> 01:38:56,000

says all the moon's not hollow but then

2399

01:39:00,390 --> 01:38:58,000

he continued and he said of course we do

2400

01:39:01,830 --> 01:39:00,400

know that the heavier materials are on

2401
01:39:03,669 --> 01:39:01,840
the outside

2402
01:39:06,229 --> 01:39:03,679
and the softer materials on the inside

2403
01:39:07,990 --> 01:39:06,239
which is kind of strange and he said

2404
01:39:10,470 --> 01:39:08,000
actually he said what

2405
01:39:13,750 --> 01:39:10,480
we scientists think is that there may be

2406
01:39:15,350 --> 01:39:13,760
giant caverns inside the moon well you

2407
01:39:17,510 --> 01:39:15,360
know here's an

2408
01:39:18,950 --> 01:39:17,520
astronaut hero who's been the moon i

2409
01:39:20,149 --> 01:39:18,960
didn't want to get in his face but i'm

2410
01:39:22,709 --> 01:39:20,159
sitting here thinking well now wait a

2411
01:39:26,629 --> 01:39:22,719
minute holla moon giant caverns in the

2412
01:39:31,189 --> 01:39:28,790
uh

2413
01:39:33,109 --> 01:39:31,199

you can walk around through the caverns

2414

01:39:35,590 --> 01:39:33,119

and if it was hollow

2415

01:39:37,510 --> 01:39:35,600

i don't know you could just follow all

2416

01:39:40,709 --> 01:39:37,520

the way to china yeah you can walk

2417

01:39:43,189 --> 01:39:40,719

around the inside you know sure i don't

2418

01:39:45,430 --> 01:39:43,199

know it's uh but all i know is that

2419

01:39:47,590 --> 01:39:45,440

there's a lot of strange things that

2420

01:39:49,990 --> 01:39:47,600

have to do with the moon in fact as far

2421

01:39:52,709 --> 01:39:50,000

back as the earliest invention of the

2422

01:39:56,870 --> 01:39:54,790

men have reported seeing lights moving

2423

01:39:59,430 --> 01:39:56,880

around on the moon and structures that

2424

01:40:01,430 --> 01:39:59,440

kind of come and go uh in the early 50s

2425

01:40:03,109 --> 01:40:01,440

as i recall there was a story that

2426

01:40:05,590 --> 01:40:03,119

actually began running in the new york

2427

01:40:07,830 --> 01:40:05,600

times about the fact that they saw what

2428

01:40:10,470 --> 01:40:07,840

appeared to be like a bridge between

2429

01:40:13,350 --> 01:40:10,480

these two craters uh on the moon and

2430

01:40:15,109 --> 01:40:13,360

they would uh get other astronomers take

2431

01:40:17,109 --> 01:40:15,119

a look they saw it too and it was there

2432

01:40:18,870 --> 01:40:17,119

for several weeks and then all of a

2433

01:40:21,350 --> 01:40:18,880

sudden it wasn't there anymore

2434

01:40:22,550 --> 01:40:21,360

so there's just a lot of strange things

2435

01:40:25,189 --> 01:40:22,560

are

2436

01:40:28,470 --> 01:40:25,199

they photoshopped

2437

01:40:29,270 --> 01:40:28,480

they didn't have photoshop in the 50s

2438

01:40:32,149 --> 01:40:29,280

but

2439

01:40:34,950 --> 01:40:32,159

this is a lot of anomalies

2440

01:40:38,950 --> 01:40:34,960

about the moon like the shard this is

2441

01:40:41,270 --> 01:40:38,960

some kind of object that that is builds

2442

01:40:43,830 --> 01:40:41,280

upwards to almost a mile

2443

01:40:45,510 --> 01:40:43,840

off the moon's surface and

2444

01:40:47,350 --> 01:40:45,520

they photograph it there are nasa

2445

01:40:48,390 --> 01:40:47,360

photographs of it but nobody knows what

2446

01:40:51,189 --> 01:40:48,400

it is

2447

01:40:55,590 --> 01:40:51,199

uh even the uh uh

2448

01:40:58,950 --> 01:40:55,600

apollo 11 uh astronauts uh armstrong and

2449

01:41:00,149 --> 01:40:58,960

aldrin before a day before they landed

2450

01:41:03,669 --> 01:41:00,159

on the famous

2451

01:41:05,910 --> 01:41:03,679

moon landing in august of 1969.

2452

01:41:07,189 --> 01:41:05,920

uh newspapers were reporting that they

2453

01:41:08,310 --> 01:41:07,199

were

2454

01:41:10,709 --> 01:41:08,320

telling

2455

01:41:14,070 --> 01:41:10,719

nasa control about a bright light that

2456

01:41:15,350 --> 01:41:14,080

they could see emanating from inside a

2457

01:41:17,189 --> 01:41:15,360

crater

2458

01:41:20,310 --> 01:41:17,199

near aristarcus

2459

01:41:22,550 --> 01:41:20,320

and uh you know they they hypothesized

2460

01:41:25,030 --> 01:41:22,560

that that must have been due to volcanic

2461

01:41:28,229 --> 01:41:25,040

activity and yet after we got to the

2462

01:41:30,950 --> 01:41:28,239

moon studied it all out now the idea is

2463

01:41:33,270 --> 01:41:30,960

is that there is no volcanic activity on

2464

01:41:35,910 --> 01:41:33,280

the moon so what produces light that

2465

01:41:38,629 --> 01:41:35,920

these astronauts saw there's just a lot

2466

01:41:40,550 --> 01:41:38,639

of these such anomalies and i i love the

2467

01:41:45,990 --> 01:41:40,560

word anomaly that's a kind of a

2468

01:41:48,709 --> 01:41:46,000

scientific jargon for wtf you know

2469

01:41:51,430 --> 01:41:48,719

we don't know what it is

2470

01:41:52,629 --> 01:41:51,440

and we don't want to so we don't really

2471

01:41:56,470 --> 01:41:52,639

want to know

2472

01:41:58,950 --> 01:41:56,480

it may throw our whole cosmology into uh

2473

01:42:00,709 --> 01:41:58,960

disrepute you know

2474

01:42:03,350 --> 01:42:00,719

what do you think about the people that

2475

01:42:05,910 --> 01:42:03,360

claim that there are bases on the moon

2476

01:42:09,189 --> 01:42:05,920

and that you know we are making active

2477

01:42:11,910 --> 01:42:09,199

trips up there and obama has been to

2478

01:42:14,790 --> 01:42:11,920

mars and i mean some of the stuff i find

2479

01:42:16,629 --> 01:42:14,800

a little fantastic where do you weigh in

2480

01:42:19,590 --> 01:42:16,639

on some of that stuff

2481

01:42:23,350 --> 01:42:19,600

well uh i'd have to say that that's in

2482

01:42:24,950 --> 01:42:23,360

my file okay my file is when i get

2483

01:42:26,709 --> 01:42:24,960

information

2484

01:42:28,550 --> 01:42:26,719

and i go huh

2485

01:42:30,629 --> 01:42:28,560

you know i don't know if it's true i

2486

01:42:34,149 --> 01:42:30,639

don't know if it's false so i put in my

2487

01:42:36,390 --> 01:42:34,159

file and followed away uh to see if uh

2488

01:42:40,310 --> 01:42:36,400

if i get further information that either

2489

01:42:42,470 --> 01:42:40,320

confirms or denies this thing as far as

2490

01:42:45,430 --> 01:42:42,480

we have bases and we have a secret space

2491

01:42:47,189 --> 01:42:45,440

fleet out there yada yada uh i myself

2492

01:42:49,590 --> 01:42:47,199

have talked to a navy commander who

2493

01:42:53,030 --> 01:42:49,600

claims that he's made a trip to venus

2494

01:42:56,470 --> 01:42:53,040

okay and uh happen to know and of course

2495

01:42:58,950 --> 01:42:56,480

you've got the uh experience of of that

2496

01:43:01,669 --> 01:42:58,960

guy who hacked into the pentagon

2497

01:43:03,270 --> 01:43:01,679

computers uh mckinnon who was still

2498

01:43:04,870 --> 01:43:03,280

hiding out over in england you know

2499

01:43:05,590 --> 01:43:04,880

because they want to bring him back over

2500

01:43:08,229 --> 01:43:05,600

here

2501
01:43:10,950 --> 01:43:08,239
and put him in prison for life because

2502
01:43:13,270 --> 01:43:10,960
he hacked into the pentagon computers

2503
01:43:15,109 --> 01:43:13,280
gary mckinnon and uh

2504
01:43:17,990 --> 01:43:15,119
and yet the pentagon admits that he

2505
01:43:20,070 --> 01:43:18,000
didn't do any damage and mckinnon said

2506
01:43:22,790 --> 01:43:20,080
he was simply looking for

2507
01:43:25,990 --> 01:43:22,800
proof of the existence of ufos and what

2508
01:43:28,149 --> 01:43:26,000
he found was uh our secret space fleet

2509
01:43:30,709 --> 01:43:28,159
the names of ships the names of officers

2510
01:43:31,350 --> 01:43:30,719
and personnel that are up there manning

2511
01:43:33,669 --> 01:43:31,360
them

2512
01:43:35,669 --> 01:43:33,679
now where there's any reality that i i

2513
01:43:37,910 --> 01:43:35,679

don't know but it's interesting that

2514

01:43:39,990 --> 01:43:37,920

they're trying to extradite mckinnon and

2515

01:43:41,590 --> 01:43:40,000

put him away in prison even though by

2516

01:43:43,750 --> 01:43:41,600

their own admission he didn't do any

2517

01:43:46,390 --> 01:43:43,760

harm to anybody and if all that's just

2518

01:43:48,870 --> 01:43:46,400

hogwash and there's no such thing as our

2519

01:43:50,790 --> 01:43:48,880

secret space fleet then why are they so

2520

01:43:52,470 --> 01:43:50,800

hot to extradite him and put him in

2521

01:43:54,709 --> 01:43:52,480

prison

2522

01:43:57,189 --> 01:43:54,719

okay we have neutron in the chat room

2523

01:43:59,590 --> 01:43:57,199

that wants to know if china's

2524

01:44:02,390 --> 01:43:59,600

recent moon rover has found anything on

2525

01:44:05,189 --> 01:44:02,400

the moon that nasa has hidden from us

2526

01:44:07,030 --> 01:44:05,199

uh not to my knowledge

2527

01:44:09,270 --> 01:44:07,040

i was kind of keeping my eye on that

2528

01:44:10,790 --> 01:44:09,280

myself to see if they would come back

2529

01:44:12,629 --> 01:44:10,800

and go hey

2530

01:44:14,390 --> 01:44:12,639

what what i often wondered was what if

2531

01:44:16,310 --> 01:44:14,400

they go to the

2532

01:44:20,149 --> 01:44:16,320

apollo 11 landing site and there's

2533

01:44:24,070 --> 01:44:22,229

but frankly i haven't heard well i

2534

01:44:25,350 --> 01:44:24,080

haven't heard anything so i don't know

2535

01:44:26,870 --> 01:44:25,360

that doesn't mean they haven't found

2536

01:44:29,430 --> 01:44:26,880

anything it may mean that we're not

2537

01:44:31,430 --> 01:44:29,440

being told about that too but

2538

01:44:33,430 --> 01:44:31,440

as at this point i'm not sure that they

2539

01:44:35,510 --> 01:44:33,440

found anything

2540

01:44:37,910 --> 01:44:35,520

but you know that's um

2541

01:44:39,590 --> 01:44:37,920

kind of an interesting little

2542

01:44:41,990 --> 01:44:39,600

point you brought up

2543

01:44:44,629 --> 01:44:42,000

has anybody looked at the photos to see

2544

01:44:47,590 --> 01:44:44,639

if our space debris and our garbage that

2545

01:44:49,910 --> 01:44:47,600

we left on the moon is there

2546

01:44:51,669 --> 01:44:49,920

good good question

2547

01:44:53,750 --> 01:44:51,679

you know there's the whole controversy

2548

01:44:56,950 --> 01:44:53,760

did we go there in the first place

2549

01:44:57,910 --> 01:44:56,960

exactly um well i know that they have

2550

01:45:00,709 --> 01:44:57,920

uh

2551
01:45:02,870 --> 01:45:00,719
bounced signals off of a repeater on the

2552
01:45:03,750 --> 01:45:02,880
moon and gotten it back

2553
01:45:05,990 --> 01:45:03,760
and

2554
01:45:09,270 --> 01:45:06,000
they say this is proof that the signals

2555
01:45:11,510 --> 01:45:09,280
on apollo 11 and those and the other

2556
01:45:13,669 --> 01:45:11,520
apollo missions actually came from the

2557
01:45:15,750 --> 01:45:13,679
moon but then

2558
01:45:17,430 --> 01:45:15,760
when i talked to scientific people they

2559
01:45:20,629 --> 01:45:17,440
remind me that

2560
01:45:23,510 --> 01:45:20,639
all you had to do was put a repeater or

2561
01:45:25,910 --> 01:45:23,520
broadcast transmitter on the moon and it

2562
01:45:28,390 --> 01:45:25,920
would bounce back whatever you send it

2563
01:45:30,229 --> 01:45:28,400

and so you could always send messages

2564

01:45:31,270 --> 01:45:30,239

back to there saying here we are we've

2565

01:45:33,510 --> 01:45:31,280

landed

2566

01:45:35,590 --> 01:45:33,520

and it would indeed be coming from the

2567

01:45:36,950 --> 01:45:35,600

moon but it would have originated on

2568

01:45:38,629 --> 01:45:36,960

earth

2569

01:45:41,189 --> 01:45:38,639

i don't know there's just some questions

2570

01:45:43,350 --> 01:45:41,199

there i am i personally feel like at

2571

01:45:45,669 --> 01:45:43,360

some point we did go to the moon

2572

01:45:46,550 --> 01:45:45,679

although there is an increasing debate

2573

01:45:50,229 --> 01:45:46,560

over

2574

01:45:52,149 --> 01:45:50,239

how we were able to go and gambigate

2575

01:45:54,070 --> 01:45:52,159

through hundreds of miles of the van

2576

01:45:57,270 --> 01:45:54,080

allen radiation belt

2577

01:45:59,910 --> 01:45:57,280

without any serious consequences

2578

01:46:02,310 --> 01:45:59,920

and one of the theories is is that we

2579

01:46:03,910 --> 01:46:02,320

never left low earth orbit

2580

01:46:06,149 --> 01:46:03,920

uh and

2581

01:46:08,390 --> 01:46:06,159

one of the arguments for that position

2582

01:46:11,590 --> 01:46:08,400

is the fact that we claimed we met the

2583

01:46:12,790 --> 01:46:11,600

moon six times but we've never gone back

2584

01:46:14,229 --> 01:46:12,800

you know

2585

01:46:16,310 --> 01:46:14,239

why not

2586

01:46:18,709 --> 01:46:16,320

i know i'm old enough to remember that

2587

01:46:20,070 --> 01:46:18,719

before we put people on the moon or

2588

01:46:21,830 --> 01:46:20,080

plane we did

2589

01:46:23,030 --> 01:46:21,840

the the argument was is that we're going

2590

01:46:24,790 --> 01:46:23,040

to build a

2591

01:46:26,310 --> 01:46:24,800

colony

2592

01:46:28,550 --> 01:46:26,320

put a base on the moon and we're going

2593

01:46:30,229 --> 01:46:28,560

to mine it for minerals that we can't

2594

01:46:31,750 --> 01:46:30,239

get on earth and

2595

01:46:34,470 --> 01:46:31,760

it's going to be profitable and it's

2596

01:46:37,270 --> 01:46:34,480

going to pay for the space missions

2597

01:46:40,149 --> 01:46:37,280

instead we said well we went there okay

2598

01:46:42,149 --> 01:46:40,159

dead world we didn't find much and and

2599

01:46:44,149 --> 01:46:42,159

uh it costs more and it makes you wonder

2600

01:46:46,229 --> 01:46:44,159

why we went through all that effort

2601

01:46:48,149 --> 01:46:46,239

exactly and the thing is what a lot of

2602

01:46:51,430 --> 01:46:48,159

people don't realize is it's not like

2603

01:46:54,470 --> 01:46:51,440

that we had a a whole lot of technical

2604

01:46:57,109 --> 01:46:54,480

work to do to try to go back they had 22

2605

01:46:58,950 --> 01:46:57,119

atlas rockets that had put the original

2606

01:47:01,109 --> 01:46:58,960

nasa uh

2607

01:47:04,390 --> 01:47:01,119

moon landers up

2608

01:47:06,310 --> 01:47:04,400

up into this space and uh all of a

2609

01:47:09,109 --> 01:47:06,320

sudden they said yeah but it was it

2610

01:47:11,109 --> 01:47:09,119

would be costly to try to go back

2611

01:47:12,870 --> 01:47:11,119

and you know what

2612

01:47:14,790 --> 01:47:12,880

i mean that's like building a rolls

2613

01:47:18,790 --> 01:47:14,800

royce and then say well we can't afford

2614

01:47:24,229 --> 01:47:21,590

well i actually went to houston and went

2615

01:47:26,310 --> 01:47:24,239

on the little you know nasa thing there

2616

01:47:28,550 --> 01:47:26,320

and they had a saturn v and i'm walking

2617

01:47:32,790 --> 01:47:28,560

around and i mean other than that thing

2618

01:47:36,390 --> 01:47:32,800

is huge but you can look inside parts of

2619

01:47:37,270 --> 01:47:36,400

it and you see these pc boards that

2620

01:47:38,950 --> 01:47:37,280

are

2621

01:47:41,270 --> 01:47:38,960

you know they're they're not covered

2622

01:47:43,310 --> 01:47:41,280

over so there's no vibration control on

2623

01:47:46,310 --> 01:47:43,320

them they got these big old

2624

01:47:48,950 --> 01:47:46,320

resistors and capacitors on and i'm

2625

01:47:50,950 --> 01:47:48,960

looking in there going

2626

01:47:52,790 --> 01:47:50,960

this actually is supposed to go to the

2627

01:47:56,390 --> 01:47:52,800

moon i mean we probably have more

2628

01:47:58,790 --> 01:47:56,400

technology in our watches now

2629

01:48:01,590 --> 01:47:58,800

that was in this whole

2630

01:48:04,709 --> 01:48:01,600

giant thing that went to the moon and

2631

01:48:07,669 --> 01:48:04,719

back it's amazing but uh

2632

01:48:09,350 --> 01:48:07,679

you're uh i probably have an iphone and

2633

01:48:11,590 --> 01:48:09,360

there's more computing power in that

2634

01:48:14,550 --> 01:48:11,600

iphone than they had in all of nasa to

2635

01:48:16,070 --> 01:48:14,560

put the moon missions uh

2636

01:48:18,550 --> 01:48:16,080

on the moon

2637

01:48:20,950 --> 01:48:18,560

it's just incredible and yet we haven't

2638

01:48:22,870 --> 01:48:20,960

gone back we haven't gone anywhere

2639

01:48:24,870 --> 01:48:22,880

in fact they've scrubbed

2640

01:48:26,870 --> 01:48:24,880

the uh

2641

01:48:28,709 --> 01:48:26,880

space shuttle

2642

01:48:31,669 --> 01:48:28,719

well you know but from what i understand

2643

01:48:32,870 --> 01:48:31,679

they're pr privatizing everything with

2644

01:48:34,629 --> 01:48:32,880

that now

2645

01:48:37,750 --> 01:48:34,639

well yeah except if you know this the

2646

01:48:40,470 --> 01:48:37,760

last couple of uh liftoffs uh ended

2647

01:48:42,229 --> 01:48:40,480

badly for the private space probes and

2648

01:48:44,470 --> 01:48:42,239

that's something else dr louise have you

2649

01:48:48,149 --> 01:48:44,480

ever considered this you do have a lot

2650

01:48:51,270 --> 01:48:48,159

of people you got china you got other uh

2651
01:48:53,669 --> 01:48:51,280
competitive countries and along with uh

2652
01:48:55,510 --> 01:48:53,679
private companies who are trying to get

2653
01:48:56,870 --> 01:48:55,520
in the space business and they're trying

2654
01:49:00,310 --> 01:48:56,880
and there are there's one company

2655
01:49:02,149 --> 01:49:00,320
already offering uh rides into space and

2656
01:49:05,030 --> 01:49:02,159
i don't like that and now you would

2657
01:49:07,590 --> 01:49:05,040
think that nasa who says well we really

2658
01:49:09,350 --> 01:49:07,600
want to push space exploration but we

2659
01:49:11,270 --> 01:49:09,360
just don't have the money that seems to

2660
01:49:13,589 --> 01:49:11,280
be their argument you would think that

2661
01:49:15,510 --> 01:49:13,599
they would be very supportive of these

2662
01:49:18,149 --> 01:49:15,520
private initiatives to try to get into

2663
01:49:19,830 --> 01:49:18,159

space and instead the reality is is that

2664

01:49:21,830 --> 01:49:19,840

they've dragged their feet and tried to

2665

01:49:24,070 --> 01:49:21,840

throw roadblocks in their way the whole

2666

01:49:26,390 --> 01:49:24,080

time there's something about us getting

2667

01:49:28,790 --> 01:49:26,400

in space that somebody somewhere doesn't

2668

01:49:32,950 --> 01:49:31,189

interesting well that kind of leads me

2669

01:49:34,870 --> 01:49:32,960

to the next question you know because

2670

01:49:38,390 --> 01:49:34,880

we're talking about this

2671

01:49:41,189 --> 01:49:38,400

alien thing ancient aliens um

2672

01:49:45,030 --> 01:49:41,199

do you think the et's control the world

2673

01:49:49,189 --> 01:49:47,510

i think they're trying to

2674

01:49:51,750 --> 01:49:49,199

i have reason to believe

2675

01:49:55,189 --> 01:49:51,760

and i couldn't prove this

2676

01:49:57,109 --> 01:49:55,199

but i have reason to believe that

2677

01:49:59,830 --> 01:49:57,119

that some of the

2678

01:50:01,750 --> 01:49:59,840

ruling elite types

2679

01:50:04,870 --> 01:50:01,760

are in some way

2680

01:50:08,149 --> 01:50:04,880

in contact with et's

2681

01:50:10,550 --> 01:50:08,159

i was at a scientific gathering one time

2682

01:50:12,550 --> 01:50:10,560

and asked someone who was very familiar

2683

01:50:15,109 --> 01:50:12,560

with the rockefellers

2684

01:50:16,149 --> 01:50:15,119

uh you know why they weren't getting

2685

01:50:18,470 --> 01:50:16,159

behind

2686

01:50:20,470 --> 01:50:18,480

uh the uh

2687

01:50:22,470 --> 01:50:20,480

issue of free energy

2688

01:50:24,870 --> 01:50:22,480

and i was told well they've been told

2689

01:50:29,270 --> 01:50:24,880

that we're not ready for that yet

2690

01:50:34,070 --> 01:50:31,510

i guess they weren't going to like

2691

01:50:37,990 --> 01:50:34,080

go into that a little bit more

2692

01:50:40,229 --> 01:50:38,000

no well no no no no

2693

01:50:42,790 --> 01:50:40,239

but uh uh

2694

01:50:45,589 --> 01:50:42,800

let me uh i'll and i can tell you

2695

01:50:50,709 --> 01:50:45,599

another things that i know uh

2696

01:50:55,910 --> 01:50:53,189

um

2697

01:50:58,070 --> 01:50:55,920

they uh

2698

01:51:01,270 --> 01:50:58,080

there was a former

2699

01:51:02,390 --> 01:51:01,280

canadian minister of defense paul

2700

01:51:04,550 --> 01:51:02,400

hellyer

2701
01:51:08,149 --> 01:51:04,560
who has stated uh that there have been

2702
01:51:09,589 --> 01:51:08,159
definite uh different alien species uh

2703
01:51:12,070 --> 01:51:09,599
visiting the earth for thousands of

2704
01:51:14,950 --> 01:51:12,080
years and that some can even pass for

2705
01:51:17,430 --> 01:51:14,960
human he also said that alien technology

2706
01:51:20,310 --> 01:51:17,440
has been provided and has produced such

2707
01:51:23,030 --> 01:51:20,320
things as led lights microchips kevlar

2708
01:51:25,510 --> 01:51:23,040
vest night vision things like that again

2709
01:51:26,470 --> 01:51:25,520
dr edgar mitchell a sixth man to walk on

2710
01:51:28,790 --> 01:51:26,480
the moon

2711
01:51:32,830 --> 01:51:28,800
has publicly stated that non-humans had

2712
01:51:39,270 --> 01:51:35,669
technologies but uh

2713
01:51:42,390 --> 01:51:39,280

also here recently we've got karen huge

2714

01:51:43,990 --> 01:51:42,400

that's a former senior counsel for the

2715

01:51:46,390 --> 01:51:44,000

world bank

2716

01:51:48,550 --> 01:51:46,400

and uh she said

2717

01:51:51,189 --> 01:51:48,560

that there are forces fighting the

2718

01:51:53,430 --> 01:51:51,199

corruption in the world today and that

2719

01:51:56,310 --> 01:51:53,440

uh there are forces that have been

2720

01:51:58,550 --> 01:51:56,320

totally been co-opted and the way that

2721

01:52:01,030 --> 01:51:58,560

they act as treasonous to the people in

2722

01:52:02,229 --> 01:52:01,040

certain countries and she said the group

2723

01:52:05,270 --> 01:52:02,239

that's

2724

01:52:07,510 --> 01:52:05,280

one of the groups of these is hominoids

2725

01:52:09,189 --> 01:52:07,520

but they're not human beings she said

2726
01:52:11,669 --> 01:52:09,199
they're very smart but they're not very

2727
01:52:13,830 --> 01:52:11,679
creative they're mathematical and she

2728
01:52:16,550 --> 01:52:13,840
said they had a much stronger force in

2729
01:52:18,790 --> 01:52:16,560
the earlier ice age they have elongated

2730
01:52:20,790 --> 01:52:18,800
skulls they may produce offspring by

2731
01:52:22,070 --> 01:52:20,800
mating with human

2732
01:52:24,470 --> 01:52:22,080
females

2733
01:52:26,790 --> 01:52:24,480
but that offspring is not fertile and

2734
01:52:29,109 --> 01:52:26,800
she says we live in a world of secret

2735
01:52:30,470 --> 01:52:29,119
societies and secrets and information

2736
01:52:31,589 --> 01:52:30,480
that ought to be

2737
01:52:35,430 --> 01:52:31,599
public

2738
01:52:37,270 --> 01:52:35,440

is a former senior council senior

2739

01:52:40,390 --> 01:52:37,280

attorney for the world bank

2740

01:52:43,189 --> 01:52:40,400

now if that's not enough to get you

2741

01:52:45,990 --> 01:52:43,199

pondering these things uh i would point

2742

01:52:48,790 --> 01:52:46,000

you to um

2743

01:52:51,830 --> 01:52:48,800

christine fitzgerald who was a personal

2744

01:52:53,830 --> 01:52:51,840

confidant of the late princess diana for

2745

01:52:54,870 --> 01:52:53,840

about nine years

2746

01:52:57,750 --> 01:52:54,880

um

2747

01:53:00,310 --> 01:52:57,760

and in the taped interview

2748

01:53:01,990 --> 01:53:00,320

this christine fitzgerald claims that

2749

01:53:03,750 --> 01:53:02,000

diana told her

2750

01:53:06,229 --> 01:53:03,760

that the royal family of england is

2751
01:53:07,830 --> 01:53:06,239
actually extraterrestrials who

2752
01:53:10,550 --> 01:53:07,840
are reptilian

2753
01:53:11,350 --> 01:53:10,560
they're not human she said diana told

2754
01:53:12,629 --> 01:53:11,360
her

2755
01:53:14,470 --> 01:53:12,639
now

2756
01:53:16,310 --> 01:53:14,480
whether all that's true or not it's

2757
01:53:17,830 --> 01:53:16,320
fascinating that people in these

2758
01:53:20,390 --> 01:53:17,840
positions of

2759
01:53:22,470 --> 01:53:20,400
knowledge and information

2760
01:53:25,430 --> 01:53:22,480
are saying these things and apparently

2761
01:53:29,510 --> 01:53:25,440
believe it is true

2762
01:53:31,830 --> 01:53:29,520
that's kind of weird that's pretty weird

2763
01:53:33,589 --> 01:53:31,840

what what is their agenda any thoughts

2764

01:53:35,669 --> 01:53:33,599

on what that would be

2765

01:53:37,189 --> 01:53:35,679

well let's put it this way

2766

01:53:39,109 --> 01:53:37,199

let's say you and i

2767

01:53:41,990 --> 01:53:39,119

were a

2768

01:53:43,109 --> 01:53:42,000

space travelers and we crash landed on a

2769

01:53:45,669 --> 01:53:43,119

planet

2770

01:53:47,990 --> 01:53:45,679

and there was about six billion apes

2771

01:53:50,709 --> 01:53:48,000

there see so all of a sudden we we're

2772

01:53:53,189 --> 01:53:50,719

charlton heston and

2773

01:53:55,189 --> 01:53:53,199

on the planet of the apes

2774

01:53:58,629 --> 01:53:55,199

you don't want it we know where we came

2775

01:54:01,189 --> 01:53:58,639

from and we know that we are a a little

2776

01:54:03,109 --> 01:54:01,199

cut above the apes and so we're not

2777

01:54:05,910 --> 01:54:03,119

going to be content just to be one of

2778

01:54:08,390 --> 01:54:05,920

the apes and yet we also know that even

2779

01:54:10,629 --> 01:54:08,400

though we have advanced technology

2780

01:54:13,669 --> 01:54:10,639

we cannot physically control eight

2781

01:54:15,270 --> 01:54:13,679

billion apes so how do you

2782

01:54:17,510 --> 01:54:15,280

so but you don't want to be just another

2783

01:54:20,149 --> 01:54:17,520

ape you want to run the planet of the

2784

01:54:21,990 --> 01:54:20,159

apes and how you gonna do that you can't

2785

01:54:23,750 --> 01:54:22,000

if you can't physically control them

2786

01:54:26,070 --> 01:54:23,760

well you're gonna have to do it through

2787

01:54:28,070 --> 01:54:26,080

secrecy deceit

2788

01:54:29,669 --> 01:54:28,080

okay and you keep the eggs fighting with

2789

01:54:30,629 --> 01:54:29,679

each other and then they can't turn on

2790

01:54:32,470 --> 01:54:30,639

you

2791

01:54:35,669 --> 01:54:32,480

and i think that's what we see happening

2792

01:54:40,390 --> 01:54:37,510

it sounds like what you're saying is

2793

01:54:42,229 --> 01:54:40,400

that there's really a numbers game

2794

01:54:45,109 --> 01:54:42,239

there's too many of us

2795

01:54:48,950 --> 01:54:45,119

not enough of them and so instead of

2796

01:54:51,270 --> 01:54:48,960

coming in and taking control

2797

01:54:53,270 --> 01:54:51,280

over what's going on they're having to

2798

01:54:54,870 --> 01:54:53,280

do it through the back channels because

2799

01:54:56,870 --> 01:54:54,880

they just don't have

2800

01:54:59,669 --> 01:54:56,880

enough people to deal with everybody

2801
01:55:02,149 --> 01:54:59,679
that's here that's true and how do they

2802
01:55:04,229 --> 01:55:02,159
do that they keep they're fear-mongering

2803
01:55:07,109 --> 01:55:04,239
they keep us off balance and fighting

2804
01:55:09,350 --> 01:55:07,119
with each other uh man against woman

2805
01:55:11,750 --> 01:55:09,360
homosexual against heterosexual black

2806
01:55:15,589 --> 01:55:11,760
against white red against yellow you

2807
01:55:17,109 --> 01:55:15,599
know christian versus muslim jew versus

2808
01:55:19,350 --> 01:55:17,119
buddhist you know whatever it is

2809
01:55:21,750 --> 01:55:19,360
anything just to keep us fighting with

2810
01:55:23,910 --> 01:55:21,760
each other so that we can't see

2811
01:55:25,270 --> 01:55:23,920
this one percent that's trying to rule

2812
01:55:27,750 --> 01:55:25,280
over us

2813
01:55:29,109 --> 01:55:27,760

and that's why i in my book our cultured

2814

01:55:30,950 --> 01:55:29,119

history with

2815

01:55:32,470 --> 01:55:30,960

i think a very pertinent question for

2816

01:55:35,109 --> 01:55:32,480

today which is

2817

01:55:37,030 --> 01:55:35,119

you know we all know they are trying to

2818

01:55:39,430 --> 01:55:37,040

do things to us and run the show and

2819

01:55:41,109 --> 01:55:39,440

rule over us and it's time we start

2820

01:55:44,950 --> 01:55:41,119

asking are they

2821

01:55:49,589 --> 01:55:46,629

well i guess not

2822

01:55:51,030 --> 01:55:49,599

i mean because they're they and we're us

2823

01:55:55,910 --> 01:55:51,040

that's right

2824

01:55:58,550 --> 01:55:55,920

gonna take to have them drop the curtain

2825

01:56:00,390 --> 01:55:58,560

you know and for the truth to come out

2826

01:56:02,790 --> 01:56:00,400

uh well that's why it's so important to

2827

01:56:04,870 --> 01:56:02,800

keep the uh freedom and integrity of the

2828

01:56:08,070 --> 01:56:04,880

internet open they've already gotten

2829

01:56:11,030 --> 01:56:08,080

control over the mass media uh about

2830

01:56:13,669 --> 01:56:11,040

about uh five corporations multinational

2831

01:56:14,870 --> 01:56:13,679

corporations now control everything we

2832

01:56:16,870 --> 01:56:14,880

see in here

2833

01:56:20,470 --> 01:56:16,880

and that's not just news that's uh

2834

01:56:23,589 --> 01:56:20,480

movies and uh satellite and cable and

2835

01:56:26,470 --> 01:56:23,599

music and billboards and magazines and

2836

01:56:29,589 --> 01:56:26,480

newspapers all controlled by one of six

2837

01:56:32,709 --> 01:56:29,599

corporations who have interlocking

2838

01:56:35,109 --> 01:56:32,719

directorships and ownership so just a

2839

01:56:36,470 --> 01:56:35,119

handful of people control everything we

2840

01:56:37,270 --> 01:56:36,480

see in here

2841

01:56:39,750 --> 01:56:37,280

and

2842

01:56:41,830 --> 01:56:39,760

the only only way that we know anything

2843

01:56:44,870 --> 01:56:41,840

is because of the internet and yet

2844

01:56:46,950 --> 01:56:44,880

they're trying very hard right now to

2845

01:56:48,470 --> 01:56:46,960

curtail the power of the internet and we

2846

01:56:51,109 --> 01:56:48,480

have to make sure that that doesn't

2847

01:56:54,709 --> 01:56:51,119

happen or we're just going right on into

2848

01:56:56,149 --> 01:56:54,719

a 1984 orwellian society

2849

01:56:58,470 --> 01:56:56,159

well i mean they're already doing that

2850

01:56:59,990 --> 01:56:58,480

in some countries right

2851
01:57:02,950 --> 01:57:00,000
and they're fighting hard to do it in

2852
01:57:08,870 --> 01:57:05,109
yet another topic to not get me started

2853
01:57:11,510 --> 01:57:08,880
but our time's up um and so we need to

2854
01:57:12,950 --> 01:57:11,520
wrap up i wish i had you know i had two

2855
01:57:16,310 --> 01:57:12,960
great guests i had donna eden in the

2856
01:57:19,510 --> 01:57:16,320
first hour i have you now and

2857
01:57:22,470 --> 01:57:19,520
just not enough time never is not enough

2858
01:57:23,910 --> 01:57:22,480
time but jimmy people want oh go ahead

2859
01:57:24,790 --> 01:57:23,920
go ahead well we've touched on some

2860
01:57:26,470 --> 01:57:24,800
really

2861
01:57:28,550 --> 01:57:26,480
deep and important subjects and maybe

2862
01:57:31,430 --> 01:57:28,560
that'll get some of your listeners

2863
01:57:32,390 --> 01:57:31,440

thinking on like that and if just to put

2864

01:57:34,229 --> 01:57:32,400

in a

2865

01:57:36,550 --> 01:57:34,239

self-serving plug if they go to my

2866

01:57:39,830 --> 01:57:36,560

website gymmarks.com

2867

01:57:41,589 --> 01:57:39,840

they can order my books uh they can read

2868

01:57:43,910 --> 01:57:41,599

uh articles that they're probably not

2869

01:57:46,390 --> 01:57:43,920

gonna read in the mainstream mass media

2870

01:57:48,629 --> 01:57:46,400

and they can order dvds

2871

01:57:50,629 --> 01:57:48,639

sweet and it's getting close to

2872

01:57:53,750 --> 01:57:50,639

christmas they make great stocking

2873

01:57:54,790 --> 01:57:53,760

stuffers everybody that's right that's

2874

01:58:01,430 --> 01:57:54,800

right

2875

01:58:04,790 --> 01:58:01,440

have a great evening and i will talk to

2876
01:58:06,390 --> 01:58:04,800
you again soon all right have a very uh

2877
01:58:08,149 --> 01:58:06,400
politically incorrect

2878
01:58:11,589 --> 01:58:08,159
merry christmas and a happy new year

2879
01:58:12,790 --> 01:58:11,599
always always always all right bye bye

2880
01:58:22,870 --> 01:58:12,800
jim

2881
01:58:26,950 --> 01:58:22,880
um next week we're going to be speaking

2882
01:58:29,189 --> 01:58:26,960
to brian forrester about

2883
01:58:30,550 --> 01:58:29,199
drum roll please the lost technology of

2884
01:58:32,870 --> 01:58:30,560
ancient egypt

2885
01:58:35,830 --> 01:58:32,880
and so until next week i'm dr rita

2886
01:59:01,109 --> 01:58:35,840
louise this is just energy radio

2887
01:59:06,629 --> 01:59:03,589
join host dr rita louise each week at

2888
01:59:09,870 --> 01:59:06,639

this time for just energy radio point

2889

01:59:14,950 --> 01:59:11,830

www.justenergyradio.com for more show

2890

01:59:16,550 --> 01:59:14,960

information and to contact dr rita

2891

01:59:17,910 --> 01:59:16,560

until next time